Lymm Life Magazine

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Editor's Opinion



Lymm Dickensian Day deserves our support – let's make it a day to remember

There is something rather special about Lymm Dickensian Day. It is more than just a festive event; it is a celebration of our village, its community spirit and everything that makes Lymm such a wonderful place to live.

As Christmas approaches, the annual Dickensian Day provides a fantastic opportunity to bring people together, support local businesses, enjoy some festive entertainment and create memories for families and visitors alike.

But events like this don't just happen. Behind the scenes there are countless hours of hard work, planning and dedication by a team of volunteers who give up their own time to make it all possible. They deserve an enormous thank you.

It is very easy to turn up on the day, enjoy the atmosphere, browse the stalls, meet friends and soak up the festive spirit without necessarily appreciating the amount of effort that has gone into organising everything.

From the initial planning and co-ordination to the practical jobs, setting up, helping stallholders and ensuring everything runs smoothly, it takes a tremendous team effort. And that is why I would urge everyone in Lymm and the surrounding villages to get behind this year's event.

We often talk about supporting our local high street, independent traders and community organisations. Dickensian Day is a perfect opportunity to put those words into action. Every purchase made from a local trader, every visit to a village business and every bit of support given to the event helps reinforce the community that we should all be proud of.

In an age when so much of our shopping and entertainment takes place online, occasions like this remind us of the importance of having a thriving village centre where people can meet, socialise and enjoy being part of something. Lymm has a wonderful community spirit, and Dickensian Day is one of those occasions when it really comes into its own. So, let's make a real effort to support it, encourage friends and family to come along and, most importantly, show our appreciation to the army of volunteers who work so hard behind the scenes.

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"World famous" Lymm Panto returns for its 40th year - and it promises to be a cracker!

The "world famous" Lymm Panto is back for its 40th year, with Snow White and the Magnificent Seven set to bring plenty of outrageous comedy, mischief and mayhem to audiences across Lymm.



And this year's production promises to be something special, with Primrose Hill Nursery's Adam Halford taking on the role of an Australian Prince Charming.

The annual adult pantomime, staged by Lymm Rugby Club, has become something of a local institution and a must-see event in the village, attracting enthusiastic audiences year after year.

The 2026 production will feature panto writer and compere Simon Plumb, alongside his alter ego as the world's worst ventriloquist, with his sidekick Charlie also making an appearance.

In celebration of the production's 40th year, organisers have announced an unprecedented 10 performances spread across three weekends at the end of November and beginning of December.

Tickets are now on sale to the general public, with audiences being urged to book early as previous productions have proved hugely popular.

Panto impresario and show producer Simon Plumb said he was excited by the stir the latest production was already causing.

"I'm looking forward to another outrageous and hilarious run of performances," he said.

"Snow White was the first Panto we performed, back in 1987. But I'm happy to report we've updated the script for our growing and enthusiastic audiences. It should be an absolute cracker!"

With a 40-year history behind it, the Lymm Panto has established a reputation for pushing the boundaries of traditional pantomime, with plenty of adult humour, local references and familiar faces.

This year's Snow White and the Magnificent Seven looks set to continue that tradition, with an Australian Prince Charming, a questionable ventriloquist act and plenty of surprises along the way.

Tickets are selling out fast but some are available online.

For full details of show dates, performance times and ticket prices, visit www.lymmrugby.co.uk



Homes plan for Green Belt land

PLANS have been submitted to Warrington Borough Council for a development of up to nine dwellings on a small Green Belt site at Lymm.

The proposal is at the far end of Pepper Street where it meets Sutch Lane, an attractive bridleway and where an application for a larger housing development was rejected by planners some time ago following opposition from local people concerned about additional traffic on Pepper Street – particularly at its "business end" where it meets the Cross.

This Is widely regarded as one of the busiest junctions in Lymm and particularly hazardous for pedestrians.

The new proposal seeks permission in principle and detailed matters, such as design, siting, size, highways, design and ecology would require a subsequent application in the event of approval.

Concerns remain about the existing weight of traffic on Pepper Street, particularly at "school run" times.

The site, part of which is already used as a dog exercising area, adjoins the Bridgewater Canal and includes a popular canal-side walk leading to Oughtrington Lane and beyond.

Applicant Mr Mohammad Waheed believes the small size of the scheme means it would not damage the openness of the Green Belt.

Planning chiefs are currently studying the proposals.





What's On

LYMM PARISH COUNCIL
Next meeting Tuesday December 8th, 7:30pm
Lymm Parish Hall
Check www.lymmparishcouncil.gov.uk for details.

LYMM THURSDAY EVENING BRIDGE CLUB
Lymm Village Hall every Thursday 6.45pm
Details: 07393 944677

MAPLE LODGE ART GROUP
Meet each Wednesday 9.30am - 11.30pm
Oughtrington Community Centre, Lymm
Details: 01925 755926

ROTARY CLUB OF LYMM
Meets at Warburtons Parish Rooms on the 2nd and 4th Wednesday each month at 8pm
Contact 01925 919053

LOVING HEARTS & HANDS
Knitting for charity at Lymm Methodist Church, 2nd and 4th Thursday each month.
1.30pm - 3pm. Details: 01925 753298

LUNCH AT THE BROW
Eagle Brow Methodist Church
2nd Friday in the month
Light lunches 12 noon till 1.30pm.
All proceeds to The Y Project Room at The Inn

GARDENING CLUB
Meet Third Wednesday of the month
Lymm Baptist Church, Higher Lane. 7.30pm
Visitors welcome. £2 includes tea and cake

LYMM FLORAL ART GROUP
Lymm Village Hall
Third Monday of the month (except August and December) at 7.30pm). Visitors most welcome. Contact: 07876 176501
lymmfloralart.org.uk

LYMM PHOTOGRAPHIC SOCIETY
Every 2nd and 4th Wednesday
(ex Aug), 7.30pm
Spread Eagle pub, Eagle Brow.
See our rolling display in Lymm Library
Details: www.lymmphotosoc.org.uk

LYMM HISTORY SOCIETY
Second Monday each month
September to May
Lymm Village Hall - 8pm-9pm
Variety of history talks
Visitors most welcome
www.lymmhistory.club

LYMM WINE AND BEER CIRCLE
3rd Wednesday of the month, 8pm
The Spread Eagle Hotel
Details: 01925 756444

LYMM CONCERT BAND
Rehearsals every Thursday evening
United Reformed Church, 8pm.
Details: 01925 752934

LYMM WI
Every second Wednesday, 2-4pm at Lymm Youth and Community Centre. Visitors welcome.

LYMM AND DISTRICT MIXED VOICE CHOIR
Every Wednesday 7.30 Lymm Methodist Church. Contact 01925 601664.
cath@cstones.co.uk

PROBUS CLUB OF LYMM
A small, friendly social club for retired men and women.
Meets on second and fourth Tuesdays at 2:15pm.
Details: www.LymmProbus.club

LYMM DINGLE PROBUS CLUB
A friendly busy social club for retired men.
Meets on alternate Thursday afternoons at Lymm Baptist Church.
Details: www.lymmdingleprobus.club
Club secretary 01925 759995

FRIENDS OF LYMM LIBRARY CRAFT GROUP
Lymm Sanctuary Hub
Fridays 1.30-3.00pm
Details: 01925 754016

HEATLEY WI
Meets the second Thursday of each month at St Peters Church Hall, Sandy Ln, Lymm, 7pm
Visitors welcome. Details: 01925 752014

LYMM & THELWALL U3A
Speaker meeting 3rd Thursday of the month (excluding August & December) at Thelwall Parish Hall 10.00am. Prospective members welcome.
www.u3asites.org.uk/lymm-thelwall/home
Contact: enquiries@lymmthelwallu3a.org.uk

Disability champion delighted to be able to visit Lymm Heritage Centre



FRIENDS and supporters of Lymm Heritage Centre recently gathered with disability champion Dave Thompson for the official opening of a new disabled access.

Heritage Centre Chair, Alan Williams reflected on the near ten years that the Centre has now been open and the difference that the disabled access would make as the Centre moves forward into its second decade. He thanked all of those involved, firstly in championing the cause as well as the design and build team. Most of all gratitude went to the Centre's owner and landlord, Howard Platt whose generous financial support had made the project possible.

Dave Thompson of WDP spoke of his pleasure at being able to visit the Centre for the first time and reminded the assembled group of just how many more people would now be able to take advantage of this exceptional village resource.

Vice Lord Lieutenant of Cheshire, Susan Sellers spoke of the fantastic volunteer effort that had enabled the Centre to be such a success already but how much more successful it could now be given the new access.

The Centre is currently hosting a highly successful temporary exhibition celebrating the life and career of Lymm's speedway legend Peter Collins who was crowned world champion exactly 50 years ago, The Centre is open throughout the year from 12-4 Thursday to Sunday.

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Supplements and the myths around them

By Dr Naveed Ijaz, Chief Clinical Officer and Consultant in Family Medicine, MyGP Clinic

Walk into any health shop and you will find a shelf promising energy, better sleep, sharper memory and a longer life. Some of those claims have decent evidence behind them. Many do not. Here is my honest take on the supplements patients ask me about most.

Creatine

Creatine is one of the best studied supplements we have and probably the most misunderstood. At around 3 to 5 grams a day, it improves strength and power and helps muscles recover, which makes it especially useful for older adults who want to hold on to muscle. The myths that it damages healthy kidneys or causes hair loss are not supported by good evidence. Some people get bloating or stomach upset and if you have kidney disease, speak to your doctor first.

Vitamin D3 and K2

Vitamin D is the one I would nearly always recommend. From October to March, the sun is too weak over the UK for most of us to make enough. The NHS advises 10 micrograms daily, but I think that is far too little. Most adults in the UK are deficient and I typically recommend between 1,000 and 3,000 IU daily.

K2 is where the hype runs ahead of the science. It helps direct calcium into bones rather than arteries, but human trials are small and mixed. I still recommend it for some deficient patients, but it is not needed for everyone.

NMN

NMN is marketed as a way to boost cellular energy and slow ageing, but most of the enthusiasm comes from animal studies. Human evidence is thin and the UK regulatory position has been unclear, so be cautious about products bought online. It is an area I am watching closely, but I would not recommend it routinely.

Growth hormone

Growth hormone matters for growth in childhood and for muscle and bone in adults. Replacement is well established for people with a diagnosed deficiency. For healthy adults hoping to look younger or live longer, trials show modest changes in body composition but no convincing improvement in strength, function or survival. Side effects include fluid retention, joint pain and raised blood sugar. I would not recommend it for anti ageing in healthy people.

Testosterone

Testosterone follows the same logic. Replacement is well established for men with confirmed low levels and symptoms, checked properly with morning bloods. For healthy men hoping to reverse ageing, the evidence for benefit is limited. The risks include a raised red blood cell count, reduced sperm production, worsening sleep apnoea and possibly blood clots. Once started, it is usually lifelong, so think carefully. In women the evidence for testosterone replacement is weak but some do find some benefit. Its often used on an unlicensed basis.

Ashwagandha

Used traditionally for stress and poor sleep and a handful of trials show modest reductions in stress scores. The effect is small. There are rare reports of liver injury, so stop and see a doctor if you develop itching, dark urine or yellowing skin. It is not suitable in pregnancy and can interact with thyroid medication.

Magnesium for sleep

This is one of the most common requests I get. Correcting a deficiency helps, but in people eating a reasonable diet, the evidence that extra magnesium improves sleep is weak. High doses often cause diarrhoea. The bigger wins usually come from regular timings, less alcohol and a screen free wind down.

Metformin and longevity

Metformin is a brilliant drug for type 2 diabetes and pre diabetes and it is cheap and safe for most people. There is a lot of excitement about it as an anti ageing drug, but a large trial in healthy older adults is still being developed. Until that evidence arrives, I would not prescribe it for longevity alone.



Probiotics

Specific strains have good evidence for particular problems, such as preventing antibiotic associated diarrhoea. For general gut health in healthy people, the evidence is much weaker. The label matters. "Probiotic" on its own tells you almost nothing about what is inside.

So what do I actually recommend?

Vitamin D through the winter, creatine if you are training or want to protect muscle as you age and a proper blood test before you spend money on anything else. Most people do not need a cabinet full of tablets. They need a clear picture of what is going on in their body.

That is where a structured health check helps. At myGP Clinic we look at your bloods, blood pressure, sleep and lifestyle together and tell you plainly which supplements are worth your money. Bring any bottles you already take, and check with your GP or pharmacist before starting anything new, especially if you take regular medication.

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Lymm Dickensian returns with a packed day of Christmas festivities

LYMM village will be transformed into a festive wonderland on Saturday, December 12, as the popular Lymm Dickensian Festival returns with a full day of Christmas shopping, family entertainment and seasonal celebrations.

The annual village event promises to be bigger and better than ever, with craft and food stalls, live music, street entertainment and a packed programme of activities for visitors of all ages.

One of the highlights will be the ever-popular Lymm Runners Santa Dash, when hundreds of Santas will run through the village at 1.30pm, immediately followed by the Dickensian Grand Parade.

Bands and singers will perform at various locations throughout the day, while organisers are introducing even more street entertainment following the positive feedback received after last year's event.

Father Christmas will also be back by popular demand in his grotto at Lymm Village Hall, giving youngsters the chance to pay him a festive visit.

Craft and food stalls will begin opening around the village centre from approximately 10am, offering everything from handmade gifts and Christmas decorations to festive food and drink.

Additional stalls will be located inside Lymm Village Hall, while Henry Street Car Park will host stalls for the first time, expanding the shopping opportunities available to visitors.

Organisers are encouraging people to explore the village and enjoy the variety of independent traders, craftspeople and food outlets taking part.

The celebrations will continue into the evening, weather permitting, when Lymm Cruising Club will stage its illuminated boat flotilla along the Bridgewater Canal.

The event will be followed at around 6pm by the inaugural High Legh Park Christmas Charity Tractor Run, providing another festive attraction to round off the day's celebrations.

With activities taking place at different locations and times, visitors are advised to check the official event programme before travelling to ensure they do not miss their favourite attractions.

Full details are available at www.lymm-dickensian.org with further updates available through the event's Facebook and Instagram pages.

A park-and-ride service will operate from Lymm High School to help visitors reach the village and ease pressure on local parking.

Visitors are reminded that the last bus will leave the village at 4.30pm, and the school car park will close at 5 pm. Anyone using the service should plan their visit accordingly, particularly if they intend to stay for the evening's festivities.

Organisers are also appealing for volunteers to help make this year's Lymm Dickensian a success.

Extra help on the day would be particularly welcome, whether assisting with setting up, supporting the parade or lending a hand for an hour or two.

The committee is also keen to hear from people interested in becoming more involved in organising future events and helping ensure the long-running village tradition continues.

Anyone interested in volunteering or joining the committee can contact the organisers by emailing lymmdickensian@gmail.com

With Christmas shopping, live entertainment, the Santa Dash, parade, illuminated boats and the new tractor run all on the programme, Lymm Dickensian promises a festive day for residents and visitors alike.







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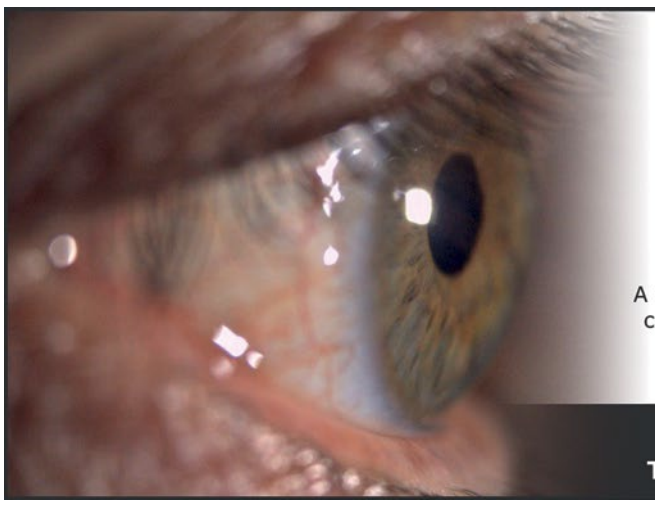

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Lymm Dickensian

CHRISTMAS FESTIVAL



Park and Ride at Lymm High School







Food and Craft Stalls throughout the village

Best Dressed Dickensian Person & Shop / Window Competitions

GRAND PARADE STARTS 1:30pm

Saturday 12th December 2026

Lymm Village Centre from 10am

Visit us at www.lymm-dickensian.org

visit our Facebook and Instagram pages

Lymm Loop secured for a further three years to help keep residents on the move

A popular community transport service helping Lymm residents get out and about around the village has been secured for a further three years.

The Lymm Loop, formerly known as the Lymm Shopper, is operated by Direct Taxis and provides an important transport link for residents who want to visit local shops, GP surgeries, community centres, friends and relatives.

The service, which has been operating for the past four years, has now been awarded a new three-year contract, ensuring it can continue supporting people across the village.

Those to benefit include the Statham Manor residential care home, where residents are collected and taken to yoga classes.

Councillor Ian Marks said the service was a valuable asset to the community but more residents needed to be aware of what it offers.

He said: "The 'Lymm Shopper' has now been renamed the 'Lymm Loop'. This is a great service run by Direct Taxis but more people need to be aware of what it offers to local residents who need to get around the village.

"The company is running a promotional campaign with Lymm Life and I am delighted that the Parish Council has agreed to support the campaign with a £600 grant.

"The minibus travels around Lymm in a figure of eight loop and enables residents to visit shops, surgeries, community centres and friends or relatives.

"This is most welcome for people with mobility problems or who lack the ability to walk very far.

"Even if people have a car, it saves them worrying about parking and is a more environmentally friendly way to get around the village.

"The drivers are very friendly and flexible and I know they would listen to feedback from users about variations to routes or timetables."

Dave Hatton, from Direct Taxis, said the company was delighted to have secured the contract for another three years.

He said: "Direct Taxis are delighted to have been awarded the Lymm Loop contract for a further three years.

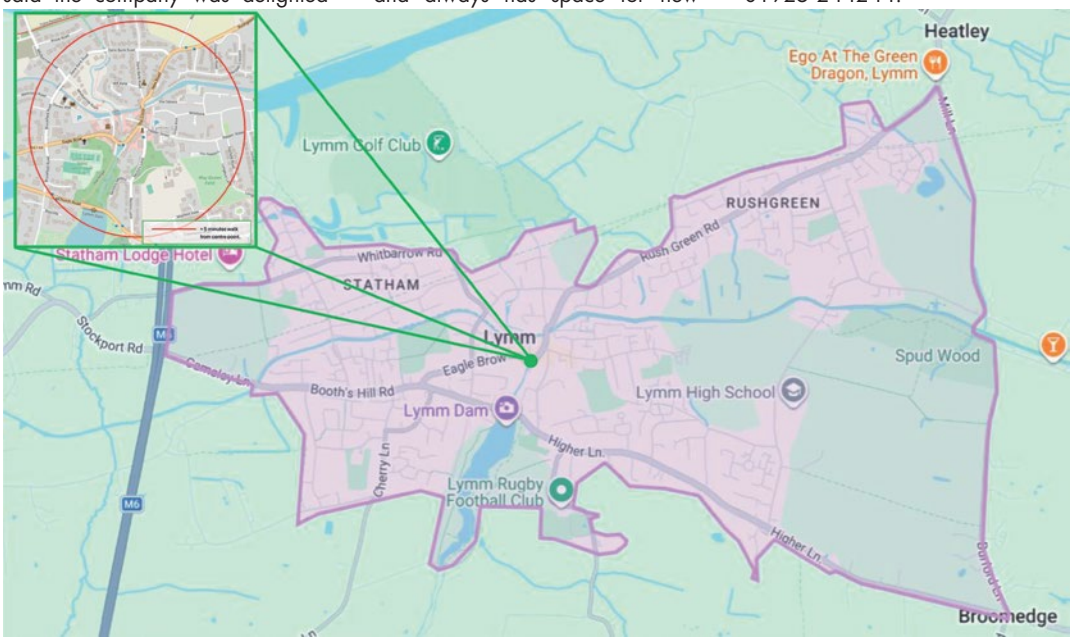
"Having delivered the service for the past four years, we have seen what a vital transport link it provides for many people in the Lymm area.

"The service operates on a Tuesday, Thursday and Friday between 10am and 1.45pm and always has space for new customers.

"Please contact the office on 01925 244244 and see if the service can work for you."

The new three-year agreement provides continuity for an accessible local transport service, with the promotional campaign through Lymm Life and support from Lymm Parish Council aiming to encourage more residents to take advantage of it.

For further information about the Lymm Loop, contact Direct Taxis on 01925 244244.



Route 1

Left onto Grammer School Road	10.05
Onto Longbutt Lane	10.07
Left onto Oughtrington Lane	10.09
Oughtrington Community Centre	10:10
Onto Sandy Lane	10.11
Off Sandy Lane left Richmond Drive	10.12
Right onto Howard Avenue	10.15
Left onto Rushgreen Road	10.13
Sainsburys Rushgreen Road	10.14
Lower Dam	10.18
Lakeside Surgery	10:20
Rectory Lane (Sainsbuys Local)	10.23
Lower Dam	10.25

Route 2

Lower Dam up to Booths's Hill Road	10.26
Right onto Booth's Hill Road	10:27
Left onto Cherry Lane	10:28
Right onto Old Smithy Lane	10:29
Left onto Heyes Drive	10:30
Left onto Lyme Grove	10:31
Right onto Hardy Road	10:31
Right onto Highfield Road	10:32
Across onto Princess Avenue	10:34
Barsbank Lane onto Whitesands	10:38
Left onto Albany Road	10:39
Left onto Northway	10:41
Right onto Whitbarrow Road	10:43
Pick up Minerva Place Wbarrow Rd	10:45
Brookfield/Lakeside Surgery	10.46
Rectory Lane (Sainsbury Local)	10.48
Pepper Street /Cyril Bell	10:50
Lower Dam/Spread Eagle	10.56

Route 3

Lower Dam	10.58
Lakeside Surgery	11:00
Brookfield Surgery	11.02
Rectory Lane (Sainsbury's Local)	11.08
Lower Dam	11.15

Route 4

Lower Dam	11.17
Lakeside Surgery	11:20
Rectory Lane (Sainsbury Local)	11.25
Lower Dam	11:30
Whitbarrow Road	11:40

Route 5

Lower Dam	11.34
Lakeside Surgery	11.36
Brookfield Surgery	11.38
Sainsburys Rushgreen Road	11.42
Right Rushgreen Road	11.44
Right onto Howard Avenue	11.46
Left onto Richmond Avenue	11:48
Left onto Sandy Lane	11:50
Make way back to Lower Dam	

Route 6

Lower Dam	12:05
Lakeside Surgery	12:07
Spread Eagle	12:15
Pepper Street/Grove Rise	12:20
Pepper Street/Cyril Bell	12:22
Lower Dam	12:25
Whitbarrow Road	12:30

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Residents urged to engage as Local Plan review gets underway



A Lymm councillor is urging residents to engage with Warrington's Local Plan Review after analysis of the latest Call for Sites submissions revealed that developers and landowners are promoting sites capable of delivering more than 2,000 additional homes across the wider WA13 area.

Independent Lymm South councillor Graham Gowland said the scale of development being put forward could have a profound impact on the future of the village if significant numbers of sites were eventually selected through the Local Plan process.

While stressing that the Call for Sites exercise is not a planning application process and that no decisions have yet been made, Cllr Gowland said residents should understand the scale of growth being promoted.

"These are not council proposals and they are not planning applications. They are sites submitted by developers and landowners for consideration through the Local Plan Review.

However, when you look at the cumulative numbers being promoted around Lymm and the wider WA13 area, it is clear that residents have a right to be informed and involved."

The largest housing sites put forward include:

- Wet Gate Lane – approximately 750 homes.
- Stage Lane / Mill Lane – approximately 430 homes.
- Oughtrington Lane – approximately 250 homes.
- Cherry Lane – approximately 230 homes.
- Rush Green Road – approximately 150 homes.
- Dam Lane, Hollinfare – approximately 150 homes.
- Mill Lane – approximately 100 homes.

Alongside these are numerous smaller proposals around Pepper Street, Reddish Lane, Rush Green Road, Pool Lane and Cherry Lane.

Lymm currently has an estimated housing stock of around 5,300 homes. The sites now being promoted equate to roughly 40 per cent of the village's existing housing stock, although many of the proposals compete with each other and it is highly unlikely that all would ever be allocated.

Cllr Gowland said he supported the principle of delivering affordable housing for local people but warned that the discussion should focus on whether homes are genuinely affordable and whether infrastructure can support the level of growth being suggested.

"I welcome genuinely affordable homes. Many young people who grew up in Lymm now struggle to buy or rent locally, while older residents often want suitable homes to downsize into.

But affordable housing must actually be affordable. Too often we see developments advertised as including affordable homes which remain out of reach for many local families."

He added: "The debate must be about more than housing numbers.

Residents will rightly want to know what this means for school places, GP appointments, traffic, drainage, flood risk, public transport and the character of the village itself.

Lymm has already seen significant growth through developments such as the 170-home Warrington Road scheme and the 108-home Narrowboat View development. Further growth can only be considered if infrastructure keeps pace."

Cllr Gowland is encouraging residents to engage with the Local Plan Review as it progresses.

"This is the earliest stage of the process. No decisions have been made and no sites have been selected.

Residents who support growth, oppose particular sites, or simply want to ensure infrastructure comes first should take part when consultations open. The choices made through this review will shape Lymm for decades."

Residents can follow the Local Plan Review through Warrington Borough Council and submit comments during future consultation stages when draft options and proposed allocations are published.

Chambers Fletcher Solicitors

Divorce Column

By Peter Wilkinson
Divorce Lawyer at Chambers Fletcher Solicitors

Divorce – Five Questions People Still Ask

The introduction of no-fault divorce brought about significant changes to the divorce process, but many of the questions which people used to ask under the old law are still relevant under the new law. Here are five common questions that people still ask:

Does obtaining a divorce resolve our finances? No. Obtaining a final order of divorce legally ends the marriage but it does not itself resolve financial claims. A separate court order is required for that.

Can we agree finances between ourselves? Yes. In most cases there is no legal reason why people cannot try to agree financial matters between themselves, but for any agreement to be legally binding it needs to be embodied into a court order. This involves asking the court to approve the agreement and for this the court will need to be satisfied that the agreement appears fair in the eyes of the law. The fact that the proposed settlement is agreed is no guarantee of court approval.

Should I finalise the divorce before our finances are resolved? It depends on your circumstances. Finalising the divorce before finances are resolved can in some cases be financially disadvantageous, particularly regarding pensions, but it depends on your circumstances.

What about sorting arrangements for the children? In most cases parents are free to try to agree whatever arrangements they can. As a general rule the court takes the view that it is the parents who are best placed to make decisions about their children. However, where arrangements cannot be agreed then either parent may make an application to the court for the court to decide the arrangements.

What if the other party will not cooperate? This can cause delay and increase costs but there are always steps which can be taken to ensure progress so even the most obstructive opponent is unlikely to be able to prevent the case progressing to an ultimate resolution.

For expert advice and assistance regarding divorce, financial matters or child arrangements, please get in touch. Whatever your family law situation, we can help.

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Lymm Adivas dance their way into the heart of the community

A volunteer-run Morris dancing troupe is encouraging more local people to get involved as it looks to recruit new members and build on more than a decade of bringing people together through dance.

Lymm Adivas, a non-profit-making Morris dancing troupe, has been part of the local community since 2013, offering people of all ages the opportunity to learn new skills, build confidence and make lasting friendships.

The group welcomes dancers ranging from young children to adults, providing a friendly and inclusive environment where members can develop their abilities while enjoying being part of a team.

Throughout the year, its dancers work hard preparing for competitions and performing at community events, representing the troupe and showcasing their skills.

But Lymm Adivas is about much more than dancing. The group believes in the positive impact that local organisations can have by bringing people together, encouraging physical activity and creating opportunities for people of different ages to socialise and learn.

As a non-profit-making organisation run by volunteers, the troupe relies on fundraising and the generosity of the local community to continue its activities and make them accessible to as many people as possible.

Now, Lymm Adivas is keen to raise its profile and encourage more families, children, young people and adults to discover what the group has to offer.

Kate, from Lymm Adivas, said the group was passionate about creating opportunities for people to grow in confidence, develop new skills and feel part of their community.

Alongside her involvement with the troupe, Kate has worked as a primary school teacher for more than 10 years, sharing that commitment to helping children and adults reach their potential.

The group hopes its recruitment drive will encourage more local people to give Morris dancing a try, whether they have previous experience or are completely new to the activity.

With its combination of dance, teamwork, friendship and community spirit, Lymm Adivas is keen to welcome the next generation of members and continue its contribution to village life.

Anyone interested in finding out more about joining the troupe, including details of weekly classes and recruitment opportunities, is encouraged to get in touch with Lymm Adivas via Kate Pritchard at katepritchard83@gmail.com

The group is also keen to hear from anyone who would like to support its work and help ensure it continues to thrive.



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