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Magazine

ISSUE 310 | MAY 2025 DELIVERED FREE TO 5000 HOMES

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# Editor's Comment

WHILE there will be lots of disappointment locally following the approval of new "prison block" retirement apartments on former Green Belt land in the village, it was hardly surprising to see the development allowed on appeal.

The fact the land had been taken out of the Local Plan for development and the fact planning officers were not objecting to the McCarthy & Stone proposal, gave the applicants a very strong argument for approval.

I suppose what is disappointing is that once voting to object to the proposal the Development Management Committee resolved not to provide evidence to defend the reason for refusal of the 45 retirement apartments. Where is the common sense and logic in

While it is always disappointing seeing development on green field

sites, with Lymm almost constantly under pressure, it comes with a growing need.

While there is currently some retirement property available in the village, the growing elderly population will need this kind of accommodation in the not-toodistant future - and it is important that people who have lived in Lymm'all their lives, have property available to them at an affordable

The more property available, the more likelihood it will be affordable.

What I would also say to developers is to try and come up with design schemes more in keeping with the local area – and hopefully the artist impressions of the proposal for Watercress farm will be better than the CGI we can

see on the opposite page.

Looking at the image I can't argue with the comments describing it as a "prison block" and I certainly wouldn't want to spend my retirement years living in a building looking like that!

Finally good luck to everyone involved in the forthcoming Lymm Festival and Lymm Transport Day events – they are the backbone of

our unique community.
This year's Lymm May Queen is currently scheduled for Saturday, July 5th, with selection taking place on May 17.

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# "Prison Block" retirement apartments plan allowed on appeal

CONTROVERSIAL plans for "prison block" retirement apartments on a former Green Belt site at Lymm have been allowed on appeal.

Members of Warrington Borough Council's Development Control committee had voted to reject the application by McCarthy and Stone for the retirement apartments development on land at Watercress Farm, against officer advice.

The scheme was the third the company have put forward for land at Watercress Farm, off Thirlmere

The scheme was the third the company have put forward for land at Watercress Farm, off Thirlmere Drive, Lymm. It proposed 36 one and two-bedroom retirement apartments in a part-three, part-two storey building. Previous proposals were for 45 retirement apartments and were opposed by nearly 60 residents and by Lymm Parish Council.

Amended proposals were for 42 homes and the latest scheme was for

36.
Parking for 26 cars was proposed, along with a terrace to provide an outdoor sitting area and interior communal facilities.
Objectors had described the

Objectors had described the retirement apartments proposal as a "prison block."

A disappointed Cllr Graham Gowland, Lymm South, who objected to the planned development commented; "It's not overly surprising that the government inspector approved the application, as currently the focus is on getting houses built. The developer has successfully argued that they can't

make the profit on a luxury flat development and so can't meet their obligations to provide social housing on site or make a full contribution to provide it elsewhere.

"Homes do need to be built, but given the last development of similar retirement apartments in Lymm are still not full, this is a very regrettable situation.

"We need to ensure the homes people need are built, and not give developers the green light to build for profit"

In making the decision to allow the retirement apartments the appeal Inspector Sarah Manchester stated the planning application had been refused by the Council contrary to the officer recommendation.

After the appeal was made, on 12 December 2024, the Council's

Development Management Committee resolved not to provide any evidence to defend the reason for refusal of the retirement apartments in the appeal.

She went on to say the Council's officer report additionally identified the need for financial contributions towards compensatory Green Belt improvements, open space and sports facilities, in accordance with LP Policy INF5 and the SPD.

However, in view of the agreed viability position, the importance of securing the new health facility and the historic undersupply of affordable housing, the Council's Local Plan Board agree that health care and affordable housing should be prioritised. Moreover, the neighbouring Bellway Site, which comprises the larger part of the allocated site, does contribute to sports facilities and Green Belt compensation.









# What's On in conjunction with Lymm Parish Council

LYMM PARISH COUNCIL
Next meeting Tuesday May 13th, 7:30pm lymm Parish Hall
Check www.lymmparishcouncil.gov.uk for details

### LYMM MAY QUEEN

May/Rose Queen selection May 17th May Queen Festival July 5th

### LYMM THURSDAY EVENING **BRIDGE CLUB**

Lymm Village Hall every Thursday 7pm Details: 07708 172015

### MAPLE LODGE ART GROUP

Meet each Wednesday 9.30am - 11.30pm Oughtrington Community Centre, Lymm Details: 01925 755926

### **ROTARY CLUB OF LYMM**

Meets at Warburtons Parish Rooms on the 2nd and 4th Wednesday each month at 8pm Contact 01925 919053

LOVING HEARTS & HANDS Knittling for charity at lymm Methodist Church, 2nd and 4th Thursday each month, 1.30pm - 3pm. Details: 01925 753298

LUNCH AT THE BROW
Eagle Brow Methodist Church
2nd Friday in the month
Light lunches 12 noon till 1.30pm.
All proceeds to The Y Project Room at The Inn

### GARDENING CLUB

Meet Third Wednesday of the month Lymm Baptist Church, Higher Lane. 7.30pm Visitors welcome. £2 includes tea and cake

### LYMM FLORAL ART GROUP

Lymm Village Hall
Third Monday of the month (except August and December) at 7.30pm). Visitors most welcome. Contact: 07876 176501 lymmfloralart.org.uk

LYMM PHOTOGRAPHIC SOCIETY
Every 2nd and 4th Wednesday LYMM PHOTOGRAPHIC SOCIETY Every 2nd and 4th Wednesday (ex Aug), 7.30pm Spread Eagle pub, Eagle Brow. See our rolling display in Lymm Library Details: www.lymmphotosoc.org.uk

### LYMM WINE AND BEER CIRCLE

3rd Wednesday of the month, 8pm The Spread Eagle Hotel Details: 01925 756444

### LYMM CONCERT BAND

Rehearsals every Thursday evening United Reformed Church, 8pm. Details: 01925 752934

### LYMM WI

Every second Wednesday, 2-4pm at Lymm Youth and Community Centre. Visitors

### LYMM AND DISTRICT MIXED VOICE CHOIR

Every Wednesday 7.30 Lymm Methodist Church. Contact 01925 601664. cath@cstones.co.uk

### PROBUS CLUB OF LYMM

A small, friendly social club for retired people. Meets on second and fourth Tuesdays at Details: www.LymmProbus.club

### LYMM DINGLE PROBUS CLUB

A friendly busy social club for retired men. Meets on alternate Thursday afternoons at Lymm Baptist Church.
Details: www.lymmdingleprobus.club
Club secretary 01925 759995

### FRIENDS OF LYMM LIBRARY CRAFT

Lymm Sanctuary Hub Fridays 1.30-3.00pm Details: 01925 754016

### **HEATLEY WI**

Meets the second Thursday of each month at Oughtrington Junior School, 7pm Visitors welcome. Details: 01925 752014

### LYMM & THELWALL U3A

Speaker meeting 3rd Thursday of the month (excluding August & December) at Thelwall Parish Hall 10.00am. Prospective members

www.u3asites.org.uk/lymm-thelwall/home Contact: enquiries@lymmthelwallu3a.org.uk



LYMM PARISH **COUNCIL** 

Tuesday May 13th, 7:30pm See parish council website for details.

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# Ultra Athlete Jim raises almost £5,000 with Triathlon challenge



Karen Blackwell, head of the helpline at CALM and Lymm Runners Jim Dawson, Chris Pickford, Chris Lees, Jim Allen and Katy O'Connor.

### LYMM Runner and Ultra Athlete Jim Allen has raised almost £5,000 for a charity which helps to prevent suicides.

The Ultra Athlete completed a Triathlon challenge which involved a brutal 268-mile run on the Pennine Way Winter Spine Race, a 5.5 mile swim along Lake Coniston and then a 1,000 mile cycle ride from Land's End to John O'Groats.

He was originally aiming to raise £500 – but such was the support he received that he actually raised £4,871 – 974 per cent of his target – for the charity CALM: Campaign Against Living Miserably.

This included a £1,000 donation from Lymm Runners.

CALM aims to prevent suicide by providing life-saving services, including a helpline web chat and other practical tools to help anyone struggling with their lives. Their mission is to help people "end their misery, not their lives.

Jim said: "I became involved with CALM after the sudden loss

of a fellow member of the Tri Club to suicide. He was the life and soul of the club and was always the first to help others, including as a guide for blind triathletes to help them compete. CALM may have helped prevent this tragedy and my message to anyone going through difficulties is to be aware that there are organisations like CALM who can help.'

Impressed with Jim's passion, Lymm Runners nominated CALM as their Charity of the Year for 2024 and recently donated £1,000 towards his cause.

Anyone who would like to help CALM can do so through the following link:

www.justgiving.com/page/jim-allen-1700908172772

For more information visit www. lymrunners.org.uk





# Council compromise over one hour free car parking at Lymm as charges set to rise

FREE one hour car parking is set to be retained at Lymm with charges set to increase to help plug a budget gap of £30m at Warrington Borough Council.

Following public consultation and feedback from local Cllrs together with a petition signed by more than 4,000 people, the council has agreed to retain elements of free parking on village car parks at Lymm and Stockton Heath, although

charges are set to increase.

With a budget gap of around £30m, the council says it needs to make difficult choices, to balance the budget and ensure vital,

the budget and ensure vital, frontline services are protected.

The council's Medium Term Financial Plan (MTFP) – part of the 2025/26 budget setting 2025/26 budget setting process – will propose a number of savings to help address the council's difficult financial position, including increases to parking charges.

These parking charge proposals include the Forge car park in Stockton Heath and Pepper Street, Davies Way and Henry Street car

Davies Way and Henry Street car parks in Lymm.

Car parks in Lymm and Forge car park in Stockton Heath have benefited from extended periods of free parking since parking charges were introduced. In the case of Lymm the first hour being free and on The Forge car park in Stockton Heath, free parking after 3pm.

After receiving significant feedback from a recent statutory consultation proposing the removal of free parking after 3pm in Stockton Heath and the removal of the first hour free parking in Lymm, a revised proposal was presented to Full Council on 24th February in order to address these concerns. A council spokesperson said:

"We are aware of the significance of the potential impact of increasing times when parking charges apply, therefore we have tried to reduce the impact by retaining some of the free parking periods.

"Lymm car parks will retain free parking for the first hour between Monday to Saturday at all times. Sundays and bank holidays will continue to be free all day. In order for the first hour free parking to remain on all 3 Lymm car parks, a modest uplift to the charges on the original proposal has been introduced.

"The Forge car park in Stockton Heath will retain the 15 minutes free parking between 9 am and 3 pm and 30 minutes free parking will be provided between 3 pm and 10 pm along with the introduction of an evening tariff structure. Sundays and bank holidays will continue to

"Therefore, it is proposed that the charges specified are implemented to assist in reducing the £30m budget gap whilst keeping potential impact to local businesses and car park users to a minimum.

In response Cllr Graham Gowland (Lymm South) who carried out a lot of local consultations with local businesses in 2016 when charging was introduced, and who fought to retain the free hour with the latest changes commented: "It's great the council has understood the vital retention of the free hour in Lymm – this seems like a small issue, but their own figures showed a multi-million pound impact on the local economy if the charge was introduced. What's inequitable though is the council's own parking though is the council's own parking policy is to charge in all the council carparks, and I've been advised the Labour leadership prohibited charging in Labour-controlled wards with district carparks. These areas

have very similar levels of income to Lymm and Stockton Heath, yet for what seems like purely political reasons they have no charges. Seeing the South, non Labour voting part of the borough treated like a cash cow is not acceptable." cash cow is not acceptable.

Borough Warrington and Cabinet for transport, Cllr Hans Mundry, said: "These revised plans aim to respond to concerns raised by local people over our initial proposals, by retaining free parking periods in Lymm and Stockton Heath car parks.

"While we do need to make ficult decisions to balance difficult our budget and protect frontline services, we recognise important it is to residents, visitors and shoppers that parking charges remain affordable – and we've listened to public feedback to our original plans.

original plans.
"I'm grateful to the local ward councillors, as well as the Liberal Democrats group for working with us on this difficult issue to try to find the best way forward.

"We believe these revised plans achieve a balance between supporting the important work we are doing to reducing our £30m budget gap, while keeping the potential impact to local businesses

possibly can.' A statutory consultation period on these revised proposals has now commenced, running until Thursday 17 April 2025. Residents and

and car park users as low as we

businesses are invited to provide their feedback.

Warrington Borough Council has given notice it proposes to make an Order under Sections 1, 2, 4, 32, 35 and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984 and of all other enabling powers.



The effect of the Order will be The Borough of Warrington (Off-Street Parking Places) (Civil Enforcement) Consolidation Order 2024, is hereby further varied or amended as detailed in Schedules 1 and 2 to this notice.

Deposited documents may be viewed on-line at https://www. warrington.gov.uk/permanenttraffic-regulation-orders or Contact Warrington, 1 Time Square, Warrington, WA1 2NT between 9am & 5pm, Monday to Friday.

All representations both support or objecting to the proposals must be in writing either by post or delivered by hand to Legal Services, East Annexe, Town Hall, Sankey Street, Warrington, WA1 1UH or emailed with full contact details to TROrepresentations@warrington. gov.uk by 17th April 2025 and all objections must specify the grounds on which they are made. Please note that all representations received may be considered in public by the Council and that the substance of any representation together with the name and address of the person making it could become available for public inspection.

### Man charged with drug driving and causing death by dangerous driving atter serious collision

A 56-year-old Lymm man has been charged with drug driving and causing death by dangerous driving after a serious collision in the village on March 17.

A Hyundai Tucson was in a collision with a Lexus on Rectory Lane near to the junction with

Rectory Gardens at 3.49pm on Monday 17 March.

The driver of the Hyundai, Brian Robinson, 85, sadly died on Saturday 22 March.

His passenger, an 80-year-old woman, is recovering at home and the family are being supported by

specialist officers at this difficult

The driver of the Lexus, a 56-yearold man from Lymm, was arrested on suspicion of driving whilst over the drug drive limit.

Paul Groarke from Northway, Lymm has now been charged with causing death by dangerous driving, causing serious injury by dangerous driving and drug driving. He appeared at Chester Magistrates on Wednesday 26 March and has been bailed to appear at Chester Crown Court on 23 April.



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# Lady golfers show their knitting skills



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Lady golfers raise £10,147 for charity

A total 96 blankets, 74 jacket, bonnet and bootie sets, 15 hat and bootie sets, 56 hats and 10 sets of bonding squares were produced, showing that the lady golfers' talents

are not confined to the golf course. The knitters got together to hand over the items to Carole Baker from

# Warrington and Halton Hospitals

LADY members of Lymm Golf Club raised £10,147 for lady captain Hayley Millman's chosen charity -Dementia UK.

The money was raised through holding various events throughout the year , including a Ladies golf charity day, bridge drives, open

garden, sponsored Hyrox event, tashion show and bingo night.
Hayley said: "They all demonstrated that Lymm Golf Club offers much more than just golf.
"I am very grateful to each and every member who helped to raise

every member who helped to raise this incredible amount.



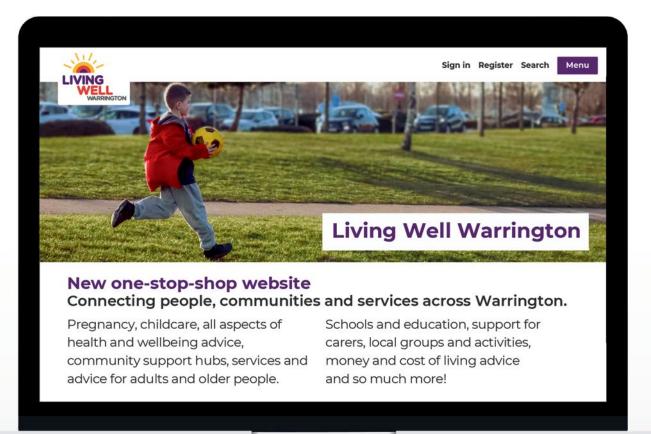




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Health and wellbeing 'one-stop shop' website for Warrington

livingwellwarrington.org

# Former council leader receives honorary Master of Arts

LYMM resident and former leader of Warrington Borough Council John Gartside OBE JP DL – Chair of the Board of Trustees at the Warrington Disability Partnership – has received an honorary Master of Arts in recognition of his contribution to public service in Cheshire.

He received the honour at the University of Chester's graduating class of 2025 at Chester Cathedral.

The class of 2025 was joined by their family, friends and lecturers to mark their success and were congratulated by Presiding Officers Chancellor of the University, Dr Gyles Brandreth, Vice-Chancellor Professor Eunice Simmons and Pro-Chancellor Meredydd David.

Professor Simmons said: fills us with pride to celebrate our graduates' achievements alongside their loved ones as they begin their professional journeys. We commend them for all they have accomplished and extend our best

wishes for their future endeavors."

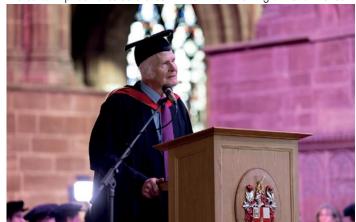
John is the Chair of the Board of Trustees at the Warrington Disability Partnership.

Following a career in university, higher and further education John became a Board member of the Warrington and Runcorn

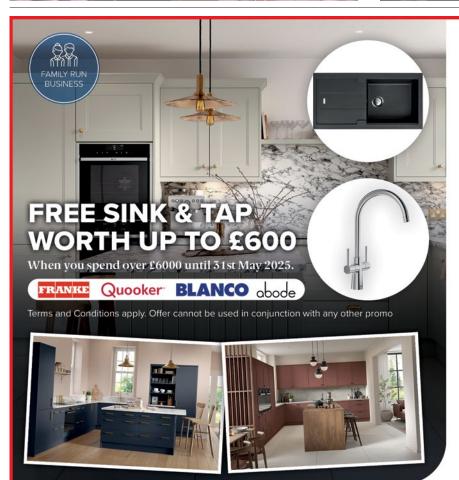
Development Corporation. Since then, he has served as Leader of Warrington Borough Council overseeing the transition to a unitary authority, Chair of Warrington Community Healthcare NHS Trust, Chair of 5 Boroughs Partnership Trust and Chair of NHS Warrington (PCT).

He was also employed as a member of the national Big Lottery Board from 2004-2012. John was also a magistrate (appointed 1979), and was a founder trustee of the Tim Parry Jonathan Ball Foundation for Peace, Warrington Wolves Foundation and a trustee/director of The Spirit Trust 2012 (national Olympic legacy organisation). He was granted the Freedom of Warrington (Freeman) in 2004

Commenting on his honour John said: "I am proud and delighted to be recognised by Chester's outstanding university, which adds value to and enriches the entire county. Cheshire has been part of my identity for many years and in many ways: in this wonderful county my wife and I raised our family; I served as a magistrate, had a long and varied career, and have the honour to be a Deputy Lieutenant







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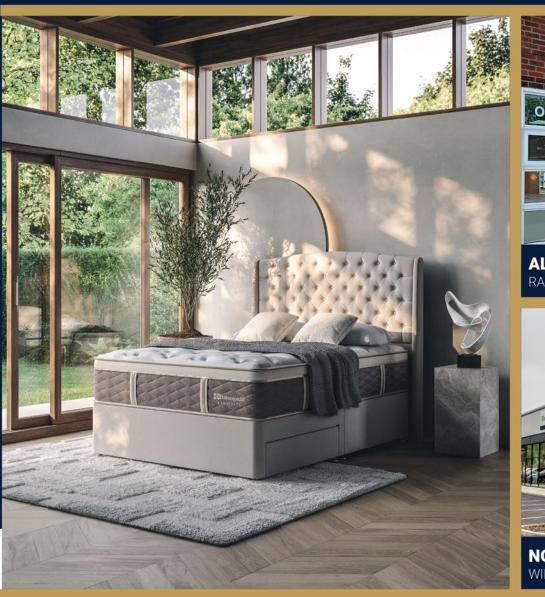
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Photographic society members

visit wildlife exhibitio

MEMBERS of Lymm Photographic Society enjoyed an evening outing to the Wildlife Photographer of the Year exhibition, at

They found the exhibition very inspiring and many discussions were had about how members could improve their own natural history photography. The society meets as a community group fortnightly on the 2nd and 4th Wednesday at 7pm at the Spread Eagle in Lymm.

It is open to everyone in the area with an interest in photography, regardless of whether they use cameras or 'phones to take photographs, All abilities, including beginners and visitors are always welcome. See www. lymmphotosoc.org.uk for details.



### Could you be a pawprints champion

new campaign 'Leave Pawprints is encouraging residents to play their part in helping to tackle dog fouling.

'Leave only pawprints', supported by UKSPF funding, is promoting positive attitudes and actions around dog fouling In

Warrington. The council is looking for 700 arrington residents to help Warrington residents to help promote their campaign and become 'leave only pawprints' champions! If you're willing to positively promote the campaign with your family, friends and neighbours, maybe with parents at the school gate, in the pub or at the game, then sign up to become a champion. To help, you'll receive some branded goodies to help you promote the scheme when you're out walking your dog.
There's a champion pin badge, along with a branded backpack,

reflective arm band, an individual doggy bag dispenser and some extra doggy bags as well as a doggy bandana.

Clir John Kerr-Brown, cabinet member for environment, housing

and public protection said: "Are you fed up of fouling? We all are - and we can all play a part in tackling the issue. Dog mess can be a real blight on our communities and can spoil places we use every day such as sport pitches, green spaces and the pavements we walk

on. "We know responsible dog owners always pick up, but we owners always pick up, but we also know that approximately one third only pick up if they think they'll be spotted! That's why we want responsible dog owners to sign up to our campaign to show how many people believe everyone should always pick up the muck!

"Get involved and show support

"Get involved and show support for our fight against fouling. We'd also love to receive photos of your dog wearing the doggy bandana to use on our social media to further promote the campaign."

Sign up to help make a difference warrington.gov.uk/pawprints email pawprints@warrington.gov. uk or call 01925 442709

You can report incidents of dog fouling or dogs off leads in specified cemeteries, crematoriums and Sites of Specific Scientific Interest (SSSI's) by visiting warrington.gov.uk/dogfouling or via Contact Warrington.

More about the Dog Control PSPO can be found warrington. gov.uk/public-spaces-protectionorders-pspo

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a difference!



Positive attitudes and actions about dog fouling

warrington.gov.uk /pawprints









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– Advertiser's announcement —

# Lymm Hub announces new projects and appeals for site support

It has been some time since we last reported on Lymm Hub, home to Lymm Library and Lymm Sanctuary Hub and Business Centre, but there's plenty of project and site news.

The Hub's regular community projects are thriving with three new projects launched following their last community engagement campaign.

### New projects for 2025

February saw the launch of Vantry, a pop-up community shop and café which runs 2-4pm every Monday (except Bank Holidays) in Lymm Hub.
This collaboration with Warrington

Foodbank aims to reduce food waste and bring affordable shopping to families in Lymm, Thelwall, High Legh and Warburton without the need for referral.

Over households have benefitted from great value grocery supplies and free refreshments (donations accepted). Thanks are extended to the Sainsbury's Neighbourly Scheme, Lymm Ladies

Circle, and private donors for raising over £2,000 towards running costs.

March saw a second project collaboration, this time with ollaboration, this time with Warrington Voluntary Action, called Talking Point. This service provides free, friendly advice about a range of issues including travel, benefits, housing, carer support and local groups. It also signposts to further support agencies e.g. Citizen's Advice. It is run every Thursday, 1012 noon by Lymm Sanctuary Hub volunteers and is held in Lymm Youth and Community Centre – the same time as the fish van, fruit and veg stall and Breakfast Club.

The third new project for 2025 responds to requests for more social groups. Along with several partners in Lymm and Thelwall, the Hub has produced a calendar of regular meet-ups (rather than hobby or interest groups) that offer company, chat and refreshments.

The first version of this timetable is shown on this page to cut out and keep handy, or share with family, friends and neighbours. It will be regularly updated and shared online. For anyone unable to access it online, copies are available in public Journal of the Hub. If you run or attend any other groups, please send details to: admin@lymmsanctuaryhub.co.uk

### Lymm Community Garden

As we step into spring and spend more time outdoors, you may have noticed the new benches in the garden beside the Hub and in front of Lymm Library. This is thanks to local fundraising and the support of Lymm Round Table, Lymm Ladies Circle, Lymm Runners and Lymm Jubilee WI.



The garden project is run by volunteers from the Business Centre, Lymm in Bloom and Lymm Gardening Club. The Lymm Tree continues to be a primary feature.
The team is looking for help with

garden maintenance and fundraising to continue its work, specifically to install pathways to make it practical and safe to open to the public. If you can support with time or a

donation, please email manager@ lymmbusinesscentre.co.uk

**Library Public Consultation** 

Worrying news has reached local residents that budgetary cuts by Warrington Borough Council will

affect library services.

Lymm Library services.

Lymm Library is classed as a community-supported library and has a different operating model to other libraries due to an agreement reached in 2018 that saw Lymm Sanctuary Hub lease the annexe building. This co-occupancy presents complex considerations for the site but patentially more ideas to ensure but potentially more ideas to ensure

its viability

The Hub management team is working closely with the council to suggest ideas to support the best outcome for Lymm Library in terms of opening hours and staffing arrangements. Locals are encouraged to read the information in the public consultation and have their say. There are several ways to share views, including an online survey, and by attending the Lymm open day, 10-12, Saturday 26th April 2025. Changes may be precessary but how these happen and necessary but how these happen and with what consequences is still being decided.

Details can be found at: www. warrington.gov.uk/warringtonlibraries-public-consultation

For further information and contact details relating to the community projects and business services projects and business services offered by Lymm Sanctuary Hub and Business Centre, please visit: www. lymmsanctuaryhub.co.uk 01925 737950.

Cut out & keep handy



### 01925 737950

Lymm Sanctuary Hub Davies Way, Lymm, WA13 0QW



Scan the QR for more details.

Contact us to add groups you know of.



### Food & Friendship

12.15 - 14.30

All Saint's Church, Thelwall

MONDAY

### Vantry Shop & Cafe

14.00 - 16.00

Lymm Sanctuary Hub

### TUESDAY

### **Luncheon Club**

10.00 - 13.30

**Oughtrington Community Centre** 

Community-led social groups

### **Coffee Morning**

10.00 - 12.00.

Lymm Baptist Church



### **Snacks & Social**

8.30 - 12.00

Lymm Youth & Community Association

THURSDAY

### **Luncheon Club**

10.00 - 13.30

**Oughtrington Community Centre** 

### 13.30 - 15.30. 3rd Wed

**Senior Social** 

Lymm Youth & Community Association

WEDNESDAY

### Film Club

13.30 - 15.30, 1st & 4th Wed Lymm Youth & Community Association

### Coffee & Cake Club

14.00 - 16.00, 1st Wed Lymm Baptist Church Lounge



WEEKEND

### **Blend Café**

10.30 - 12.00, 1st Sun Lymm Methodist Church

www.lymmsanctuaryhub.co.uk | admin@lymmsanctuaryhub.co.uk

All Saint's Church Thelwall Contact: Kath

01925 602475

**Lymm Baptist** Church Contact: Richard/Simon 01925 165370

**Lymm Methodist** Church Contact: Juliet 07729 326594

Lymm Youth & **Community Association** Contact: Steve 07837 459156

Oughtrington **Community Centre** Contact: Jain 07760 165370

# Lymm Ladies celebrate promotion to 4th tier of English Hockey



LYMM Ladies first team took on a strong Didsbury Greys team, knowing that a win would seal the title and guarantee promotion to North West Women's Premier and the 4th tier of the English ladies hockey league.

Right from the off, it was clear that this was going to be a tough, tense and nervy affair – but Lymm settled well, which was welcome relief for the large crowd, who in recent weeks had become accustomed to seeing the ladies start slowly.

start slowly.

No such chance this week with so much at stake, as the team took the game to the Greys, with great tempo and aggression. But unfortunately, the goal that their play deserved didn't come and the score was 0-0 at the break.

The second half continued in much the same vein and the clock seemed to be running at double speed – but Lymm were now forcing

the game and winning many penalty corners. And then with only a quarter of the game remining, a really well worked penalty corner routine, yielded the all-important agal.

At this point the clock started to run in reverse and the remaining 18 minutes seemed like an eternity, not least when the Greys forced 2 late penalty corners of their own but Lymm held on, to spark scenes of great joy at the final whistle. This has been a great achievement from a relatively new squad, that have gelled together

This has been a great achievement from a relatively new squad, that have gelled together on and off the pitch – as seen by those celebrations running on well into the night!



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### **Divorce Column**

By Peter Wilkinson
Divorce Lawyer at Chambers Fletcher Solicitors

### **Understanding Coercive Behaviour**

Coercive behaviour in a relationship is a form of domestic abuse. It has a definition and is defined as an act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish, or frighten their victim.

It can be used by one person against another to dominate, manipulate and control the other. It can be used to influence how a person behaves. It can take many forms and be deeply harmful. It is a psychological tactic by the perpetrator and in many cases doesn't involve any physical violence but for the victim it can be just as damaging.

Coercive behaviour can be subtle or overt. It can be used to isolate you by restricting who you may contact or spend time with, friends or family. It can take the form of dictating what you wear, telling you what to eat, what you can or can't do and it can escalate into humiliating and degrading you, putting you down or guilt-tripping and gaslighting.

Coercive behaviour can also take the form of financial control. What may appear as one party looking after the finances may in fact be them controlling the finances. Such control could come as insisting that your income is paid into a joint account, requiring you to share your login details for online banking, restricting or preventing your access to money and making important financial decisions without your consent or involvement.

It could also take the form of constant monitoring. Demanding access to your personal devices, checking messages and tracking movements.

If you recognise any of this in your relationship then you may be the victim of coercive control and in which event you may wish to consider seeking help and support. If you would be looking to leave the coercive situation then you should seek legal advice with respect to exiting the relationship.

For expert advice and assistance regarding separation, divorce or other relationship breakdown and related matters please get in touch - we have considerable experience advising, guiding and supporting clients in these scenarios.

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# New course record and record number of runners at High Legh 10k

THE sun shone for the 16th Robert Moffat Memorial 10K race at High Legh, bringing out a record number of runners – nearly 550 in total – creating a terrific party atmosphere.

Winner John Gilbert of Kent AC, set an astonishing new course record of 30 minutes 16 seconds, coming in over three minutes before second placed Dan Morgan of Lonely Goat RC whose time was 33 minutes and 57 seconds. Amie Bagnall of Cheshire

Dragons was the first woman home in 37 minutes 41 seconds, missing out on the course record by just under a minute.

were other firsts too, There from the 103 entered from Lymm Runners – almost a quarter of the total membership of the club – glass medals and finally the beautiful hedgehog boxes donated as age category prizes, by new sponsor Unearthed Gardens.

The runners were supported, as usual, by a super-efficient organising team, friendly marshals on the course and local High Legh residents, who came out to cheer everyone on.

Everyone enjoyed the event very much with Lymm Runner Phil Rowen summing if all up by saying 'A great event as always, Lovely to see the sun this morning and thanks to all the hard work put in by all the organisation team volunteers and marshalls.

The race, of course, isn't just a

Pictures Brian Tuohey

fun morning out, it also benefits the local community as proceeds go towards High Legh projects and High Legh Primary School (via the PTA) which also served as the Race HQ. This year over £200 was raised for the PTA. Many runners also took advantage of the proportunity to give money to Tees opportunity to give money to Tees for Trees instead of having a T shirt in their goody bag, resulting in a huge donation of over £1,432.00

for the charity.



Nick Gerrard, race team chair said: "Lymm Runners and the High Legh Community Association would like to thank all the volunteers without whom this friendly and popular event would not be

possible.
"We had more sponsors than ever this year and they have been, as ever, very generous. We would like to thank them for their donations of cheques, vouchers or in kind, including water, fruit and other prizes.







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### **Obituary**

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### Regina (Gina) Feay

THE funeral has taken place of Regina Feay, known as Gina to her friends and family, who sadly passed away aged 59 on March 8 at Timperley Care Home

She will be greatly missed as the beloved daughter of Les and Chris, dearly loved sister of Andrea and Stephanie, sister-in-law to Neil and Mike and treasured aunt to Patrick, Matthew and Beatrice.

A celebration of her life was held at Altrincham Crematorium on April 2

with a service by Father David Long. Funeral arrangements by John Burrows and Sons.

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