

Lymm Life

Magazine

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It is hard to believe we are hurtling towards another Christmas, with Lymm Dickensian Day looming on the horizon on Saturday December 14th.

Organisers are this year appealing to traders and local residents to enter into the spirit of the occasion (see page 14) by dressing up in period costume – this is something we hope will be well supported.

Volunteers put a lot of time and effort into organising this annual event with the aim of boosting trade in the village in the run up to Christmas.

It also provides a fantastic opportunity for local community groups to showcase their activities and do some fund-raising.

Prior to that who knows what is on the horizon.

We could be out of Europe and/or heading towards a general election.

Whatever happens life will hopefully go on pretty much as normal for the vast majority of us.

I gave up losing any sleep on Brexit a long time ago as whatever I say or do will have no impact on the final outcome.

All I know is a lot of time and effort has been spent on trying to resolve an issue which has literally split the country almost right down the middle.

My one hope for the future is that once it has all been resolved we can all move forward in a positive way.

There has certainly been far too much negativity in the air for the past three years and it is time to move on.

Finally on a more positive note I would like to congratulate Suzette Pulman and the team at Lymm Osteopathic Practice on their 40th anniversary – a fantastic milestone for a local business.

These small businesses in our village are the lifeblood of our community and we should shop local and support them as often as we can.

Also a big thank you to Suzette for placing her advertising faith in Lymm Life over the years.

**Deadline for the
December issue of
Lymm Life
is October 29**

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Plastic free Lymm campaign is launched

ENVIRONMENTAL enthusiasts aged 3-83 joined forces in Lymm to take part in World Clean Up Day.

It was part of the launch of Lymm's bid to become part of a growing number of communities accredited as "Plastic Free" through the environmental charity Surfers Against Sewage.

Plastic Free Lymm volunteers organised the meet-up in the hope that their action would inspire local people to think about how they can keep Lymm – and the rest of the planet – clean.

Their message was: "The vast majority of litter in the village is from single use plastic items – disposable cutlery, sweet wrappers or cigarette butts.

"While most people might not think that litter inland in a place like Lymm could affect the ocean, every day eight million pieces of plastic pollution end up in the sea.

can achieve, live demonstrations and activities for families took place at the Lymm Youth and Community Centre recently.

Sarah Buglin, who runs local baby classes said: "I've always been interested in environmental issues. I've brought Leo (age 4) along today, it's a really great way to get involved with the community and show that everyone can make a difference".

Gaelle White, local mum and event organiser said: "In Plastic Free Lymm we're really passionate about helping people to make small changes to cut their waste. It doesn't need to be difficult, and you can even save some money along the way – there's no excuse for single use! I'm really excited about our launch event – it's going to be a great day out."



Wildlife

"Litter washes into drains and waterways, and ultimately reaches the oceans threatening wildlife and ending up in our food with 1-3 fish caught for human consumption now found to contain plastic."

Organisers want to help people in Lymm to take steps to reduce the amount of single use plastics they are using in their everyday life.

A launch event with information about plastic waste and the Plastic Free Lymm project, ideas for easy plastic free swaps that everyone

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What's On in conjunction with Lymm Parish Council



November 11
LYMM HISTORY SOCIETY
Salt and subsidence in Northwich
The Village Hall, Pepper Street, Lymm, 8pm
Members £1, Non-members £3
All Welcome

November 12
LYMM PARISH COUNCIL
7.30pm Lymm Village Hall

**LYMM THURSDAY EVENING
BRIDGE CLUB**
Lymm Village Hall every Thursday 7pm

MAPLE LODGE ART GROUP
Meet each Wednesday 9.30am - 12.30pm
Oughtrington Community Centre, Lymm
Details: 01925 755126

ROTARY CLUB OF LYMM
Every Wednesday at Statham Lodge Hotel
7.15pm for 7.30pm
Contact the secretary 01925 650189

LOVING HEARTS & HANDS
Knitting for charity at Lymm Methodist Church,
2nd and 4th Thursday each month.
1.30pm - 3pm. Details: 01925 753298

MARKET LUNCHESES
Eagle Brow Methodist Church
3rd Thursday in the month
Light lunches 12 noon till 2pm. All proceeds to
Youth For Christ and YMCA Room at The Inn

GARDENING CLUB
Meet Third Wednesday of the month
Lymm Baptist Church, Higher Lane. 7.30pm
Visitors welcome. £2 includes tea and cake

LYMM FLORAL ART GROUP
Lymm Village Hall
Third Monday of the month (except August
and December) at 7.30pm. Visitors most
welcome. Contact: 07876 176501
lymmfloralart.org.uk

LYMM PHOTOGRAPHIC SOCIETY
Every 2nd and 4th Wednesday
(ex July & Aug), 7.30pm
Spread Eagle pub, Eagle Brow.
Details: www.lymmphotosoc.org.uk

LYMM WINE AND BEER CIRCLE
3rd Wednesday of the month, 8pm
The Spread Eagle Hotel
Details: 01925 604400

LYMM CONCERT BAND
Rehearsals every Thursday evening
United Reformed Church, 8pm.
Details: 01925 752934

LYMM WI
Every second Wednesday, 2-4pm at Lymm
Youth and Community Centre. Visitors
welcome.

LYMM BOOK CLUB
Second Thursday of the month 7.30pm,
Spread Eagle, Eagle Brow. Details 01925
752371

LOW CARBON LYMM
Every second Monday of the month. 7.30pm,
Spread Eagle. 07786 074741 all welcome

4LYMM VOLUNTARY ORGANISATION
Meet every 2nd Monday at 7.30pm in the
Bridgewater Club, Whitbarrow Road.
All welcome. Tel 01925 756378 for details.

LYMM AND DISTRICT MIXED VOICE CHOIR
Every Wednesday 7.30 Lymm Methodist
Church. Contact 01925 601664.
cath@cstones.co.uk

HEARTSTART LYMM
Tuesday monthly sessions.
Tuesday 17th September, 7pm.
Tour of Safety Central, 7.30pm Heartstart
'Essentials First Aid' course.
Free tickets to be booked on the link www.
tinyurl.com/Heartstartlymm which will be kept
up to date with the ongoing dates.
Open to all, not just Lymm residents!



**LYMM
PARISH
COUNCIL**

**Next meeting
November 12, 7.30pm
at Lymm Village Hall**

Lymm Panto takes on Bavarian monster theme



The Lymm Panto troupe rehearse yodelling.

IN what is billed as a night of 'Lederhosen and Lager', the Lymm Panto troupe is busy rehearsing for their version of Mary Shelley's horror story 'Frankenstein'.

Entitled 'Spank & Stein', Bavarian thigh slapping and yodelling are just two of the features the audience can look forward to at Lymm Rugby Club, for the annual laughter-fest which commences on Thursday 28 November, and will run for eight nights over two weekends.

Producer and writer Simon Plumb is looking forward to the run: 'The Lymm Panto is in its 33rd consecutive year so we have certain traditions to uphold. A night of constant laughter is promised along with loads of audience participation. Communal singing is also compulsory so we are teaching everyone to yodel this year. Drinking lager is optional, but we are in for a superb night of entertainment, yet again, trust me!'

All proceed will go to the Lymm Grass Roots Clubhouse Appeal and for tickets at £20, please visit www.lymmrugby.co.uk, or contact ctcartwright@talktalk.net or call 07789 265447.

Ladies charity golf day raises over £3,300

THE annual Ladies Charity Day open at Lymm Golf Club raised an incredible £3,358 for the Lady Captain's chosen charity – the Children's Adventure Farm Trust (CAFT).

A total of 120 women entered the event, representing golf clubs from all over the North West and prizes were awarded to the first three teams, nearest the pins and longest drives.

There was also the opportunity to do a spot of shopping at the various stalls – home baked cakes and homemade chutneys and jams made by Lymm Golf Club members, plant stall, tombola, raffle, nearly new clothes, pre loved jewellery, crafts and beauty products.

CAFT is a local charity which provides holidays, day trips and Christmas parties to children who, for a variety of reasons, would never be given the opportunities taken for granted by their peers.

Children who are terminally ill, children with severe disabilities and sensory impairments and also their siblings who care for them, children from deprived areas and children who are living with abuse and crime. The money raised will help to give life-changing experiences to children who have sadly known so much pain, fear and sadness.

A great day was enjoyed by all the players and the winners of the competition were the team from Davyhulme - but the real winners were the children, their parents and their carers.

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A BRAND new catering business has launched in Lymm by a new member of the community, Kerry Duffin.

If you recognise the name, Kerry moved to Lymm in 2018 and has been the Clerk (and previously Deputy Clerk) to Lymm Parish Council.

In her free time, Kerry has followed her passion - cooking.

Kerry's Kitchen offers freshly made, home cooked, ready to eat meals, delivered directly to your door. All food is sourced, prepped and cooked from the heart, with care and attention to every detail.

The menus are varied and are chosen according to seasons and availability of ingredients with a combination of classic family favourites, international dishes and

themed twists to make life more interesting. Always with meat, vegetarian and vegan options and with direct experience of severe food allergies, Kerry's Kitchen gives you an option for every dietary requirement.

With locally sourced, seasonal ingredients air miles are reduced and ALL deliveries are made in collectable, reusable packaging. NOTHING from your delivery needs to go into landfill.

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Kerry's Kitchen is currently delivering on Friday evenings, Sunday brunches and catering for



one off events and occasions in the South Warrington area and beyond.

Visit www.kerryskitchen.co.uk or follow KerrysKitchenCatering on Facebook and Instagram for more information on menus and how to book.

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Macmillan coffee morning raises over £800



It was that time of year again when all over the country people opened up their homes for "the world's biggest coffee morning" to raise vital funds for MacMillan Cancer Support.

Lymm was no exception and for the second year in a row Patty Bramwell of Cyril Bell Close welcomed in friends and neighbours as well as colleagues from the Youth & Community Centre, where Patty is a member of the volunteer team.

Patty said: "We didn't get the sunshine this year - but we certainly got the support with local businesses as well as friends providing a fantastic array of gifts for the raffle including flowers and vouchers as well as some delicious cakes. It was a real team effort too with my daughter Katrina plus other friends and neighbours all mucking in to help. Forced inside by heavy rain so many people nevertheless turned up that the event eventually spilled over into neighbour Maureen's apartment downstairs."

Macmillan Coffee Mornings raise over £30 millions every year and the £840 raised by Patty's event will be enough to pay for a Macmillan Social Care Worker for ten days, helping patients, family members and carers manage the social and practical problems of living with cancer.

"It's such an important cause" said Patty "and I am so proud of what we have been able to contribute."

Find out more about how you could run an event at <https://coffee.macmillan.org.uk>

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Lymm Osteopathic Practice celebrating 40 years of keeping Lymm in good health

A RUBY Anniversary is always cause for celebration as 40 years is a complete triumph of love, faith... and sheer hard work in anyone's book.

And that's just as true when it comes to the anniversary of a business.

Lymm Osteopathic Practice is reaching that major milestone in the coming month – and Suzette Pulman (pictured right), its founder and owner is quite rightly extremely

proud.

"When the practice first opened in 1979, it's safe to say that Osteopathy wasn't the mainstream discipline that it is today. Complementary therapies are now well respected and accepted in the medical world, but in the 70's, people tended to think of alternative health as something rather unorthodox and eccentric."

However, despite those early perceptions, Suzette persevered

with her work, promoting and building the practice. Those years of self-belief, tenacity and endeavour have now succeeded in creating a popular and thriving business. It's also true that attitudes have changed considerably.

"Health in this day and age, is seen as more of a treasured commodity than ever. People are more likely to try to take some control themselves – and a sharp focus is now put on well-being and fitness."

The result is the sort of growth that may have seen unimaginable in those early years.

"The practice now has a large patient base which includes people, not only from Lymm but also from more distant parts of the UK. Our patients come from all walks of life, can be in any age group and could suffer from any number of complaints. The one similarity is that they are usually in pain or discomfort - whether physical or mental - and our aim is to offer relief and advice."

Today, Lymm Osteopathic Practice means more than just Osteopathy. Although this is an important element of the treatments offered to patients, it now has a whole team of highly qualified, experienced therapists in a range of disciplines, all working together to offer toe to head healthcare.



These include Podiatry, Acupuncture, Reflexology, Massage and Counselling. All of which can be used in isolation... or combined with each other to minimise pain and optimise health benefits.

Therapies work with, rather than replace orthodox forms of treatment, offering the precious advantage of time. Patients are given more of it as practitioners are more prepared to listen in detail and so reach the root of the problem.

To learn about the full range of therapies at Lymm Osteopathic Practice, find out more information, or for an appointment or assessment you can call on 01925 752264 or take a look at the website on www.lymmosteopathicpractice.co.uk.

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Sarah launches own HR consultancy to assist SMEs

AFTER more than 15 years in senior HR and Operational roles in the UK and the US Sarah Pearson has launched her own HR Consultancy, PersonifyHR.

Sarah now uses her expertise and experience to assist local SMEs with their HR needs.

"SME's and start-up businesses often do not require full time, internal HR resource. Yet irrespective of size, the same, significant Employment Law, Legislation & HR best-practice applies to every business.

Approaching areas such as long-term absence, mental health, performance and redundancy, to name a few, can be extremely daunting.

"The drain on time spent by senior employees trying to navigate through HR matters can

be significant as well as opening employers up to potential, future claims and substantial costs. If businesses do not follow correct processes and ensure that it is acting as a "reasonable" employer it will find itself open to a claim and potentially thousands in costs.

Sarah is particularly passionate about small, entrepreneurial businesses who are going through significant change and growth.

"My experience has always been in this area and I have been involved in growing businesses, both organically and through acquisitions. From small start-ups to 100+ employees, to ultimately being acquired themselves. I understand the profound impact people issues such as underperformance and long-term sickness absence can have on a small business, but all too often little is done due to the fear of falling short of the law. I would urge any business to meet issues head on, with the assistance of a partner such as PersonifyHR and to always seek advice before taking any action. The alternatives; doing nothing or doing it wrong can present untold risks for a business."

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Advertiser's announcement

Lymm Sanctuary Hub and Business Centre open their doors

Lymm Sanctuary Hub and Lymm Business Centre are now in the latter stages of finalising the legal agreements that will see them take over the annexe building of the library. The team has been working tirelessly over the last 18 months to refurbish the space and seek funding to invest in new equipment. They have also worked with numerous community groups and businesses to trial the event space, meeting rooms and co-working space ahead of an official opening.

Cheryl Siddall, People, Performance and Resources Director, said:

"LiveWire is delighted with the progress made by Lymm Sanctuary Hub and Business Centre and with the interest and support shown by the community. There are some

exciting plans on the horizon that will support the future of Lymm Library and provide invaluable and affordable support to local people and businesses.

"Who are Lymm Sanctuary Hub and Lymm Business Centre?"

As part of the plans to keep Lymm Library open, Lymm Sanctuary Hub was set up as a new charity to oversee the delivery of community and business support services to Lymm and local residents. The charity oversees a separate social enterprise called Lymm Business Centre which acts as its trading arm to offer office space, meeting and training rooms, and business support services. All trading profits from the business centre will go directly to the Hub to fund its community work and pay rent to LiveWire CIC who manages the Library site.

Lymm Business Centre pilots its office space

October has seen the completion of the upstairs office refurbishment with a new entry and CCTV system. The centre offers quiet and modern hotdesking facilities, a private meeting room and a breakout social area. A small number of businesses have been trying out the

office and event space in order to provide valuable feedback on the systems and logistics.

Kirsty James, owner of Colony Networking, who manages Lymm Business Centre commented,

"The feedback from our pilot group has been fantastic so far. We've set the bar high in terms of quality and customer service and have every intention of maintaining those standards. We've achieved an immense amount in the last year and an official opening can't come soon enough for us all."

Centre users have reported that they enjoy the calm working environment, modern facilities and accessible location, with some walking or cycling to work and others parking easily beside the building. Rates are affordable in order to cater for small businesses and individuals who may not be in a position to rent private office or event space locally. The centre is also excellent for those who work from home, perhaps experiencing poor connectivity, distractions or isolation. The centre is not just about room hire though. It aims to be a go-to hub for business support and advice. With plans to extend the services, including a document production centre, drop-in support clinics, promotional opportunities

via digital signage, recycling schemes and the development of the external space, it certainly seems clear that the centre has big aspirations to serve its community.

For more information, email officemanager@lymmbusinesscentre.co.uk or call 01925 737950.



Visit and get involved

The public is invited to contact the team to arrange a tour and find out more about Lymm's new community and business centre. Here are a few ways to use and support your hub.

VOLUNTEER – Join the volunteer team. **PARTNER** – Deliver and promote your services. **USERS** – Hire the space. **BUSINESSES** – Co-work in the centre. **IDEAS** – Submit ideas for consideration.



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Join our volunteer team to support us
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MAIL & CALL HANDLING <small>REGISTERED MAIL ADDRESS MAIL HOLDING / FORWARDING LOCAL PHONE NUMBERS CALL ANSWERING</small>	COMMUNITY FOCUS <small>Profits generated by Lymm Business Centre go to our parent organisation and charity, Lymm Sanctuary Hub, to fund their local community programs and support Lymm Library. www.lymmsanctuaryhub.co.uk</small>

A community-led social enterprise located off the M5 / M56 Lymm junction with parking and a bike park beside the centre.

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Handelsbanken celebrates having most satisfied customers for 11th year in a row!

LOCAL relationship bank, Handelsbanken, has retained its position of having the most satisfied customers of all British high street banks for the eleventh year in a row, according to an independent survey of British banking customers run by EPSI Rating*.

Over recent years Handelsbanken has developed into a bigger and broader UK business based on demand for its local decision-making approach, where customers enjoy direct contact with experienced branch staff who have no product or sales targets. It is this unique, customer-centric formula that recently also led to Handelsbanken receiving top recommendations for its services to SME customers in the Competition and Markets Authority's independent service quality survey for business banking, the latest results of which were published in August**.

Mikael Sorensen, Handelsbanken UK CEO, comments: "Customer satisfaction is fundamental to our success here at Handelsbanken. These scores confirm that our teams



in branches across the country continue to provide a world-class service and consistently meet our customers' high expectations."

Local branch manager of Handelsbanken Warrington, James Barron (pictured), commented: "We are incredibly proud of these survey results, which shows the value our customers place on service quality and long term relationships".

* EPSI Rating, October 2019. For more information visit www.epsi-rating.com/ EPSI Rating is an academic research institution which measures customer satisfaction across various countries and industry sectors.

** Competition and Markets Authority, August 2019. For more information visit <https://www.bva-bdrc.com/products/business-banking-service-quality-great-britain/>

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Rotary club working hard to help eradicate polio

THE Rotary Club of Lymm will be organising a special event marking the historic progress towards a polio-free world while urging the community to help end the paralysing disease.

They will be planting crocus bulbs at Lymm Lower dam from 10am-2pm on October 24 which is World Polio Day.

In the past, Lymm Rotary Club has celebrated the event by planting crocus bulbs in Spud Wood but this year will take action to raise awareness, funds, and support to end polio, a vaccine preventable disease that still threatens children in parts of the world.

This year they will be planting Purple Silk crocuses, their symbol for polio plus and seeking

donations to the Appeal Fund.

When Rotary and its partners launched the Global Polio Eradication Initiative more than three decades ago, polio paralysed 1,000 children every day. They've made great progress against the disease since then.

Polio cases have dropped by 99.9%, from 350,000 cases in 1988 in 125 countries to 33 cases of wild poliovirus in 2018 in just two countries: Afghanistan and Pakistan. And they remain committed to the end.

With polio nearly eradicated, Rotary and its partners must sustain this progress and continue to reach every child with the polio vaccine. Without full funding and political commitment,

this paralysing disease could return to polio-free countries, putting children everywhere at risk. Rotary has committed to raising US\$50 million each year to support global polio eradication efforts. The Bill and Melinda Gates Foundation has pledged to match that 2-to-1, for a total yearly contribution of \$150 million.

President Terry Probert of Lymm Rotary Club said: "We are so close to the total eradication of this disease and must not let up on our determination to stamp it out completely."

Rotary has contributed more than \$1.9 billion to ending polio since 1985, including £2,000 donated by the Rotary Club of Lymm.

100k not a walk in the park for United fan!

A 100k walk in memory of his Liverpool fan brother was not a walk in the park for Manchester United fan Simon Plumb.

Local businessman Simon, who runs Lymm based marketing agency SPA and his team, successfully walked 100k in 24 hours recently in the Trailwalker Challenge near Brighton, raising over £2k for Oxfam.

Walking in memory of his brother Nigel, a massive Liverpool fan, 'The You'll Never Walk Alone Team' consisted of Simon, his son Ben, Nigel's son Sam and fitness guru Kasia.

"We plan annual challenges in Nigel's memory, who sadly died aged 48, but this has to be one of the toughest we have ever faced," commented Simon.

"Our support crew of six family members, worked all day and through the night, meeting us at the checkpoints and we could not have done this without their unstinting support.

"I am delighted to say our feet are recovering and the blisters are gradually disappearing! I would also like to thank all our sponsors who had the faith in us to complete this tough, physical and mental challenge."

Left to right: Sam Plumb, Ben Plumb, Kasia Raciborska and Simon Plumb.



Neary takes third place in championship

LYMM motor cyclist Sean Neary secured third place in the Ducati Performance TriOptions Cup after the two final races in the championship at Donington Park. Going into the final two races, the Team SMC rider still had an outside chance of actually winning the championship and began the first 10 lap affair from the head of the second row in fourth place. After completing the first lap in fifth place he passed Josh Wainwright for fourth place and began to close in on the top three riders.

On lap five championship leader Josh Day made a mistake and ran off the track which gifted Neary third place. As the race unfolded Neary was pushing hard and closing up to Rob Guiver who held second place but in turn Neary was being hunted down by Wainwright who had found a second wind and was anxious to take third place. But Neary was not to be denied and crossed the finish line to take third place and his 10th podium finish of the season.

He said: "I am really disappointed with the race. As the season goes, I feel like I rode well but my first lap today was terrible. I was closing in on Josh and Rob and I could see they were having a battle but at the pace they were going, you are closing a few tenths but its not like you are eating into them. With two laps to go I thought, right we are on here. I had gained on Rob but unfortunately I came together with

a back marker and that put an end to my challenge. But a massive thanks to the SMC team, the bike was brilliant."

In the second race, Neary started from a front row grid position and moved up into third place but then dropped to fourth on lap two. He ran wide on lap five and lost ground to sixth position but pushed on to end the race in fifth place. The points accrued were just not quite enough to secure the runner up spot in the championship and he ended the season just three points back in third place.

Cherry Lane closure

PART of Cherry Lane, Lymm will be closed to traffic, when signed on site, for one week from October 28 to allow a new sewer pipe to be installed in the highway.

The stretch of road affected will be from the junction with Booths Lane to the junction with The Avenue.

Alternative routes will be via Cliff Lane, West Lane, High Legh Road and Higher Lane, and vice versa, or via Booth Hill Road, Camsley Lane, Stockport Road, Knutsford Road, Cliff Lane and vice versa.

Safety checks at Lymm Dam

SAFETY checks to ensure the structure of Lymm Dam is sound have been carried out following the incident at Whaley Bridge earlier in the summer when there was a full-scale emergency due to fears that a dam might collapse.

Borough council engineers inspected the bridge which forms part of the A56 Church Road through Lymm as well as checking water levels and valves, which are used to lower the level of the water behind the dam. Responsibility for managing the upkeep of the three interconnected dams falls between Warrington Borough Council and United Utilities.

Cllr Kath Buckley said visual checks were important so that safety is maintained.

She said: "Most people think of Lymm Dam as an area to go for a walk and with a Green Flag award.

It's somewhere that attracts lots of people to the village, but there is a physical structure holding back millions of gallons of water and checking the safety aspects is paramount."

The area around the lower dam is also checked each month and Cllr Buckley was pleased to receive the update.

"Many residents have asked me if there are inspections and I am happy to report the borough council have a plan in place to regularly inspect the structure, trees around the dam and areas where the water can run off."

In addition to regular maintenance checks, an annual inspection takes place to meet the requirements of the Reservoirs Act 1975.



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Traders and villagers urged to dress to impress for Dickensian Day

AS Christmas draws ever nearer volunteers are busy getting ready for the Lymm Dickensian Christmas Festival on Saturday, December 14.

Started over 30 years ago by a number of retail traders, the event has become one of the main focal points in the village calendar. They encouraged all the shops to dress up in mock Victorian costume and to display their goods in an open market sort of fashion.

Peter Powell (pictured) was among the team who had helped on that first occasion. He had decided to dress up as a beadle for that first year. However, the late Monica Spence quickly noticed that the procession was missing something – a Lymm based town crier. For the second year he invested in a costume and now, 30-odd years later is Lymm's dedicated crier. A member of the Ancient and Honourable Guild of Town Criers, Peter regularly takes part in local and national competitions, most recently Liverpool and Otley.

This year the committee are trying to encourage as many people and traders to dress up for the occasion. The daylong festival, with its parades, sideshows and even an illuminated flotilla on the Canal (Very kindly organised and ran by the Lymm Cruising Club.) brings in a hefty number of visitors

and the team like to encourage the traders to make the most of this opportunity.

The Dickensian theme lends itself well to the village, many of the buildings were built during the period and the smoky atmosphere of the chimney pots, cobbled streets and canal all add to the flavour of the day. True, at the time Lymm was intended to be the next industrial town but never quite got there.

Geographically Lymm was in the right spot. The canal to Manchester had cut right through the village square, even cutting the corners off buildings and the village had adequate running water after the damming of the turnpike road. Lord Leverhulme even intended to build his soap factory here. The railways came rather late for Lymm, hampering it in some of its more industrial efforts. Towards the end of the period, the Lymm local board, set up to improve sanitation, became Lymm Urban District Council and a new council office (or town hall) was built.

However, even with the setting up of local water and gas companies, the Urban District Council minutes show poverty was still rife – up to 8 members of a family would occupy single rooms in a terrace on Rushgreen Road. Many local schemes were set up to help relieve this, thanks to local

wealthy philandrists. Some of these schemes still run today and are even beneficiaries of the festival.

Dickensian is an apt theme for the village, however, volunteers are keen to see the festival continue to evolve and adapt. The committee are always looking for new volunteers, as well as new stalls and attractions.

"We constantly look at how we can add to the festival" says committee member Ben Selwood.

"Over the years, we have had Old Time Music Hall, Sword Dancers, traction engines, Model T fords, Concert Bands, Choirs e.t.c. give up their time for the benefit of the festival. We encourage it to be an all-inclusive full day event."

"We have competitions – Best Dressed Male, Female, School and Shop window. We encourage all traders to make the most of the day, by dressing up and getting involved."

What's hot and what's not in Victorian Lymm:

Gentleman

Wear lot's of facial hair, beards are in.

A hat would suffice dependant on class – Top Hats or Bowlers for business.

Long double breasted coats, suits with breaches and long overcoats.

Or pants, a shirt, bow tie and a cap. Poor men may have been able



to afford a second hand overcoat. Grocers may wear a straw boater and overcoat.

Ladies

A large cage crinoline petticoat over a full-length dress, which is placed over a large pannier or bustle and corset. The waist is kept tight and a corset is worn to give a conical back.

Hats should be worn, with the hair tied up. The more showy the more class.

Or a long cotton dress, with a bonnet would suffice. Maybe with a shawl to keep you warm

Working ladies in service would sometimes wear a mob cap and white apron.

Lymm Dickensian Christmas Festival events start 10:30am in Lymm village centre, and there is a park and ride service from Lymm High School on Oughtrington Lane. For more information please visit <http://www.lymmdickensian.org.uk/> or keep ahead on facebook.



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Working Group publishes Housing Needs Assessment for Lymm

THE provision of two and three bedroom homes should be the main focus for new development in Lymm.

This is the conclusion of the Housing Needs Assessment undertaken by planning consultants AECOM on behalf of the Lymm Neighbourhood Plan Working Group.

Homes with four or more bedrooms are excluded from the recommended mix because they are already relatively well supplied.

However, the assessment cautions that to prevent the delivery of such homes altogether would not be practical, or help facilitate a balanced community.

In terms of types of dwellings required, the Assessment advises that the Lymm Neighbourhood Plan should promote the delivery of bungalows or other forms of age appropriate housing, in order to meet the needs of the aging population.

An unmet demand for generally more affordable homes such as terraced houses has been identified and should also be addressed.

AECOM forecasts that the Affordable Housing needs of the community amount to 102 homes over the period to 2037. Its assessment concludes that, as long as 30% of new development is Affordable Housing, the WBC housing target for Lymm of 430 dwellings should be sufficient to

meet local need.

AECOM state that there is a clear need for the relatively limited range of tenures in Lymm to be diversified away from homes for sale and weighted more towards options that are either currently affordable to most households such as Affordable Rent, or other options that may become more affordable when supplied in greater numbers or smaller sizes.

In terms of tenure split of Affordable Housing, the report recommends that provision should focus on dwellings for Social and Affordable Rent, with some provision for Shared Ownership.

"Local residents have concerns regarding affordability. The provision of a greater number of smaller homes for Affordable Rent and Shared Ownership will enable better opportunities and more options for people to access the housing market within Lymm" said Melanie Dwyer, Chair of the Housing sub-group of the Lymm Neighbourhood Plan Working Group.

Jonathan Foreman, Chairman of the Working Group, added: "It is important that the Lymm Neighbourhood Plan is based upon accurate and up to date information. Preparing planning policies which reflect AECOM's recommendations will ensure the Plan addresses local housing priorities."

Planning consultants AECOM, funded by the Ministry of Housing Communities and Local Government, have been commissioned to develop the evidence base for the Lymm Neighbourhood Plan.

The first report to be published was a Heritage and Character Assessment. The assessment reports on how the National Planning Policy Framework should be interpreted in the context of Lymm, helping to ensure future development does not damage Lymm's Heritage and

Character.

The Housing Needs Assessment develops the evidence base further by assessing the mix of types and sizes of dwellings required. It also identifies the Affordable Housing and other market tenures that are appropriate to meet local needs.

Both reports are available to download on the Lymm Neighbourhood Plan website www.lymmplan.org.

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Advertiser's announcement

Beware of Tall Tales; Women, Men and the Cardiac Myth

"Her heart was a secret garden and the walls were very high" – William Goldman, The Princess Bride

THERE are many myths and fairytales in which the heart has featured over the centuries. They are broken, mended, lost, stolen, given away; they've had a rough time on occasion. We understand the meaning and metaphor and we are able to separate fact from fiction, wearing the stories lightly as we go about our digital, information-heavy lives. But some myths remain. And while the following three come with a rather less literary flourish they should nevertheless draw and hold our attention, for they really are 'matters of the heart'.

The first is the belief that heart attacks and coronary conditions are mainly a "man's disease". They are not. Coronary artery disease is the single biggest killer of women worldwide and around 35,000 women in the UK are admitted to hospital with a heart attack every year. That's four every hour.

The second is that the symptoms of a heart attack in women are different from those in men. Not really. There are no 'men specific' symptoms versus 'women specific' symptoms. This misconception has

led to women ignoring warning signs and failing to seek early medical treatment because they believe the "classic" signs of heart attack are experienced only by men.

The third is that men and women are treated equally when presenting with signs and symptoms of cardiac problems. They are not. According to recent research by the British Heart Foundation, women are fifty per cent more likely to receive a wrong initial diagnosis than men when they are suffering a heart attack.

It is estimated that around 8,000 women in England and Wales have died unnecessarily over a ten year period as a result of inequalities in awareness, diagnosis and management of heart problems. Women are also less likely than men to receive prompt potentially life saving treatment and are less likely to be prescribed medications to help prevent a second heart attack.

To be part of a story in which women play a role in saving themselves, not only must we recognise the symptoms of heart attack but we must seek and obtain appropriate and timely medical attention. Too many women are sent away with the wrong



diagnosis, only for the right one to come too late.

Would you like more information? As you wish...

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Lifelong friends team up to offer underfloor heating systems

LIFELONG friends Carl Palmer (Urban Building Projects) and Darrell Graham (Smithfields Stockton Heath) have teamed up to launch Cheshire Underfloor Heating.

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Lymm Adivas now recruiting after more gold success

LYMM Adivas are celebrating again after more gold success at the Elite Championships in North Wales.

The Tots took 1st place, the Dinkies 1st place, troupe of the year, leader of the day and leader of the year.

The Tinies took 1st place, troupe of the year, leader on the day and leader of the year.

Meanwhile the Juniors took 2nd place with leader of the year, while

the Seniors came 4th place.

Organiser Kate Pritchard described it as "an incredible set of results!"

Recruiting

Now after a successful five years, Lymm Adivas are recruiting for the 2020 dancing season.

Kate said, "Dancers of all ages are welcome both experienced and non experienced. Full training will

be provided.

"We have recently returned from championships after achieving incredible results and are now excited to start all new routines for the new season. We participate in fourteen local competitions a year.

"We practice every Wednesday evening in Lymm with sessions split into three groups. The cost is £3.50 per week and the troupe

is completely non profit making. Why not come along and see what it's all about?

"It is a fantastic way to learn the foundations of being part of a team, whilst having fun and keeping fit at the same time. We currently have dancers ages between 3 and over 40 so everyone is welcome."

To join call principal Kate on 07562837079.

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Obituaries

Hazel Warburton



THE funeral has taken place of Hazel Warburton, aged 76, of Birchfield Road, Lymm who died in Warrington Hospital on July 9.

A retired barmaid at the old Farmers Arms, Hazel was a well-known face in Lymm and loved the village very much

She is survived by a son, Steven Warburton, daughter Jude Saitch and grandchildren Tom, Evie, Grace and Emilee.

The funeral service was at Walton Lea Crematorium on July 18 and arrangements were by John Burrows and Sons of Lymm.

Joan Hewitt



THE funeral took place at St Peter's Church, Oughtrington on August 23 of Joan Hewitt, nee Duncalf, aged 81, who died in Warrington Hospital on August 12.

Joan, of Woodland Avenue, Lymm had lived in the village all her married life. She worked as a shorthand-typist in her younger days.

She was married to Ray and was a devoted mother to Carol and Elaine.

Joan loved holidays in Wales and days out in the countryside. She was a keen animal lover and enjoyed watching the wildlife in her garden.

Funeral arrangements were by John Burrows and Sons of Lymm.

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