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magazine

February / March 2019

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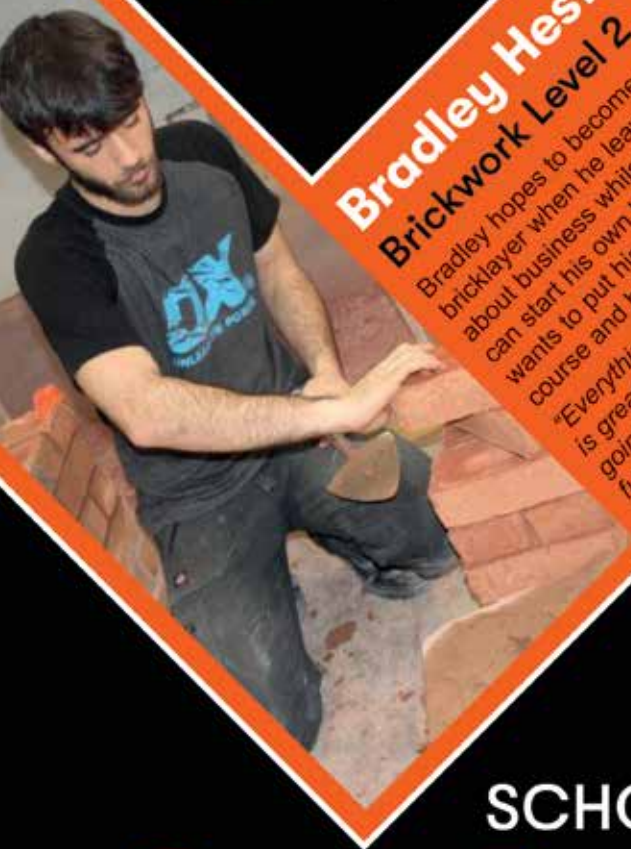
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Bradley Hesford Brickwork Level 2

Bradley hopes to become a self-employed bricklayer when he leaves college. He'd like to learn about business whilst being a bricklayer so that he can start his own bricklaying company, however first he wants to put his heart and soul into learning the trade on the course and build up from there.

"Everything is great about the college, but mainly the teaching is great - if the teachers don't care then the students aren't going to be engaged. Here the teachers care about your future and do everything to make sure you are learning and on the right track."

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Welcome to **lifestyle**



While Brexit continues to dominate the headlines it is more important than ever that we remain positive during these uncertain times.

Uncertainty is damaging to the economy at any time and while it is easy for people to blame Brexit for various issues, the amount of time and energy it is taking up is clearly proving to be a huge distraction.

It is impossible to please all of the people all of the time and Brexit is clearly still dividing opinion.

As a country we need to see the whole issue resolved as soon as possible, whether that be leaving with a deal or even a no deal. We certainly can't let the current situation drag on and on.

Whatever views our politicians hold personally, they must respond to the will of the people and if in the long run that proves damaging to our country, we all then need to pull together and work that bit harder to make things better.

Everyone needs to pull together for the sake of

our country so we can all move forward in a positive way.

Positive energy will deliver positive outcomes – the sooner Brexit is consigned to the history books and we can all move forward together, the better!

Many thanks to Her Majesty the Queen for inspiration!

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Lymm
Life

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Warrington's Community Magazine

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New Garden Spa almost complete

Finishing touches are being put in place to The Garden Spa, the new luxury health and wellness spa being opened at Great Sankey Neighbourhood Hub.

The new spa – due to open in early 2019 - will provide the quality experience and expert treatments guests would expect to find at a high end spa destination, at an affordable price.

The opening of the spa will mean the state-of-the-art Great Sankey hub will combine a tranquil but social day spa experience with exceptional leisure and fitness facilities.

The spa will feature a thermal experience – proven to have positive effects on body and mind - that includes salt and steam aroma rooms, saunas, ice fountain and hydro-therapy. Trained therapists will be on hand to offer a wide range of body treatments including massages and facials, using top quality natural products.

Unlike many spas, The Garden Spa will offer treatments and products suitable for people undergoing cancer treatment, thanks to the provision of 'Jennifer Young Beauty Despite



Lianne Lagna, Spa Manager

Cancer' products and training.

Health and wellness is at the core of the ethos behind the new spa and LiveWire hopes it will give people the opportunity to become healthier and happier and to enjoy the benefits of the spa, whether for respite, relaxation or to escape for a special treat.

LiveWire has also worked with the Natural Spa Factory to develop its own range of

products and home fragrances for use in the spa, which reflect the ethos of the spa and LiveWire brand. This range will be available to purchase so people can continue to use them at home after their treatments at the spa.

Lianne Lagna, Spa Manager, said: "The Garden Spa might feel like a luxury spa destination but we are not about exclusivity. We want to encourage everyone to enjoy our facilities and our friendly helpful team will make sure you have a warm welcome and the best of advice.

"Our thermal experience is something to be enjoyed regularly as part of a healthy lifestyle. Including sauna, salt, steam and hydro-therapy as





well as relaxing heated loungers, our spa facilities will leave you more relaxed, calm and ready for anything.

“Our emphasis is very much on the health and wellbeing of our customers. We believe in healthy ageing, not anti-ageing - Healthy glowing skin can be achieved at any age and the products we will be using will reflect this ethos.

“We have created a range of great-to-use affordable products that work as a personal treat or as a gift and we look forward to welcoming people into our tranquil oasis in Warrington, and helping to make a difference in the mental and physical outlook of our customers.”

Key features of The Garden Spa include:

- Member benefits

As well as offering an on-going 10% discount on treatments for LiveWire members, The Garden Spa will be launching special loyalty promotions to encourage more people to treat themselves and their loved ones to health promoting and pampering spa treatments

- Thermal experience

The Garden Spa thermal experience promotes relaxation, improves breathing and cleanses the body. The thermal experience includes salt and steam aroma rooms, saunas, ice fountain and hydro-therapy, as well as relaxing heated loungers.

- Treatments

The treatment menus have been created with a combination of award-winning professional skin care brands that are built on science, Organic skin care to enhance your well-being naturally to vegan and paraben free skin care. The treatment offering will combine the best of face and body treatments, as well as massage techniques known to reduce stress and improve levels of relaxation.

- Special treatments

Special treatments will be available for pregnancy as well as our recovery experiences to support those affected by cancer. Everyone can benefit from touch therapy to promote the best of health.

- Spa Days

A number of Spa Day packages will be available - to ensure you get the very best out of your visit.

- Skin-care products and gifts

Products used at The Garden Spa, which include The Garden Spa range created by the Natural Spa Factory, Environ and Jennifer Young, have been hand-picked to complement each other. The all-natural Garden Spa range of skin-care and gifts will be available to purchase to enjoy at home.

For more information, visit www.livewirewarrington.co.uk/TheGardenSpa



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Living life to the full after a cancer diagnosis

by **Samantha Lewis, Sam's Diamonds**

Sam's Diamonds was set up, to support young women as they battle a cancer diagnosis. I was diagnosed with breast cancer in 2012 and found a complete lack in the type of support that Sam's Diamonds offers.

During chemotherapy, I was very ill. I found it difficult at the times when I did feel well enough to get up and go because there was a lack in services for these occasions. All of my family and friends were in work during the day and in the evening I wanted to spend my time with my family. I looked for help from local support groups but found that activities were targeted more towards the older woman. I wanted to get out of the house and experience new things, live my life....while I had one.

Most groups offered a cup of tea and a chat in a cancer support centre or a church. So I made it my mission to start a group that remained positive, got out and about and helped ladies to keep moving forward in life by making the most out of every day. I wanted to try new things, I had a zest for life. I did not want to be a victim of cancer, I wanted to be a survivor, a thriver! I wanted to create a positive 'normal' environment for ladies that motivated them as they were going through their darkest times and a support network that helps in the rehabilitation afterwards. The group's mission statement is...

Sam's Diamonds create a united front against cancer, allowing women to feel empowered, moving forward with their lives and making the most out of every day. The group offers support and a shared understanding from women in the same position. The group gives that all important reassurance and peace of mind which allows women to look forward to the future. They provide fun activities, workshops and outings within a therapeutic and supportive environment; helping each other sparkle through Cancer treatment.

The group currently has referrals from Macmillan nurses, oncology specialists and counsellors because of the positive work that we do.

We were launched in December 2014. Initially the community group was set up for Widnes and Runcorn residents but grew quickly.



A registered charity, Sam's Diamonds currently has 144 women who are battling a cancer diagnosis and receiving our support.

Sam's Diamonds private Facebook page brings members together asking questions and searching for reassurance 24hrs a day. We also have a private page for family members to talk to us for advice on how to care for their loved one and a Sam's Diamonds Supporters page for anyone who believes in what we do and wants to get involved.

The group also meet for fitness activities to help them recover their confidence, self esteem and strength. We have weekly coffee mornings, meeting at various coffee shops around Merseyside and Cheshire.

Once a month we all meet for a new activity/workshop or a simple get together, which is always highly attended. These are always motivational meet ups often with guest speakers that support our ladies in moving forwards. A lot of the Diamonds have said they would feel completely lost if the group was not there and that it is priceless having friends who live near, who know exactly what you are going through and how you feel.

Sam's Diamonds started as one small voluntary group supporting one community. Its success has meant that there is a demand in other communities. We now have groups running in Warrington, Widnes, Runcorn, St Helens, Knowsley, Nantwich, Wirral and Liverpool, with plans for groups to cater for even more areas around Merseyside and Cheshire.

We are very excited about what the future holds.

For more information please visit
www.samsdiamonds.org.uk



Record number of runners for 5th anniversary Parkrun

A record number of runners turned out for the 5th anniversary of the popular Warrington Parkrun which is going from strength to strength.

A total of 622 runners of all ages and abilities turned out for the free event at Victoria Park which is run by a dedicated team of volunteers who turn out every Saturday morning to help organise the event.

Parkruns are a national event with similar ones taking place around the country

But with the increasing popularity of the event causing traffic delays on Knutsford Road, organisers warned that all future events will start promptly at 9am – and any latecomers would have to “run faster to catch up!”

Meanwhile Warrington born DJ Chris Evans joined 350 other runners in his home town to take part in the annual Warrington Parkrun Christmas Day event.

As a Parkrun fan he took part in the Warrington event happily posing for “selfies” with fans.

English Half Marathon event organiser Rob Griffiths is now hoping to persuade Evans to take part in his annual event next September.

Rob said: “This is the first time in a few years that I’ve not done the Christmas Day Parkrun but it is great to see so many people getting involved.

“It has become a tradition for many families.

“It was lovely to see Chris taking part in his home town parkrun. We’d love him to come back and take part in his hometown half marathon – so we invite Chris and his family to get involved next September.”

Chris was joined at the parkrun by lots of Santas and Elves, a T-Rex dinosaur and our editor Gary Skentelbery.



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Bid to unlock students' full potential



Students from Warrington have visited some of the world's most successful and innovative businesses to help raise their own ambitions.

Priestley College has teamed up with Bryanston Square and entrepreneur Marcus Orlovsky to give 10 young people the chance to learn from inspiring leaders beyond Warrington's borders as part of the Unlock programme.

They started a whistle-stop tour of London by meeting Dan Ison who helped create the BBC iPlayer and is now media and entertainment lead partner at auditors Deloitte UK.

Next stop was the offices of Lucky Generals marketing agency where they met the team who produced a Superbowl halftime advert for Amazon and who have worked with the likes of Hollywood star Jeff Bridges and singer Mariah Carey.

Harry James, a former Sir Thomas Boteler student said: "What we found out is that the businesses don't want people from any particular background so I can see myself working for one of them,"

"They are looking for a range of skills and backgrounds because they think they can do their job better that way."

Also during the packed day they met a team from Metro Bank, the UK's fastest growing bank.

Award-winning Brigade, a restaurant that trains

and employs homeless people to give them a chance in life, while the final appointment was with Andrew Buisson, a senior partner at the international law firm Norton Rose Fulbright, hosted lunch.

Mark Salmon, a Senior Tutor at Priestley College, said: "I was so impressed with the range and diverse experiences of the hosts.

"Particularly captivating was Dan at Deloitte who talked so candidly about the discipline, skill and motivation that drove him in his childhood to pursue his ambition to become an actor, attributes that he now uses in his current career."

Following the trip the students presented back to senior staff at Priestley College about their experience and also wanted to share their findings with peers so gave two presentations to classmates.

Over the next few months further opportunities are being organised with leaders of organisations from the North West as the students develop their skills, confidence and professional networks further.

Marcus – and the team at Bryanston Square – arranged the London 'Immersion Day' and also gave an inspiring speech to 200 students at Priestley College.

Marcus said: "The Priestley students have been a credit to Warrington and the way their confidence has grown in such a short space of time has been truly inspiring."

Bloomingart - booming at the heart of the community

Four years on from launching Bloomingart, business is booming for founder Gail Stubbings with more than 150 members enjoying various forms of art therapy.

Supported by a team of dedicated tutors Gail now operates from the Warrington Club premises, a beautiful building built in the town's Cultural Quarter in 1876.

Bloomingart offers a wide range of art classes and workshops for both children and adults.

- Art for children in the holidays, full days and half days
- Saturday art camp for Children aged 7 – upwards
- After schools art Monday, Tuesday and Wednesday
- Creative remedies for adults Wed 1 – 3 FREE
- Art in Life, Fri 11 – 1 pm £4
- Accredited Art & Design, Creative Crafts, Photography starting in March and we're hoping to soon be starting a level 3 fully art & design course too. All of these NCFE accredited courses are funded through The Learning Curve Group and housed at Bloomingart & taught by the founder Gail Stubbings and new tutors Kirsty & Estelle. Classes run one day a week on various days.
- Art Adult workshops various Friday evenings throughout the year. These workshops are for ladies who like to mix art with the odd glass of wine and have a relaxing evening making new friends and learning a new creative skills. We have silk & sangria, cocktails and canvas and many other wonderful art social evenings

Gail said: "We try our hardest to use as much differentiation as possible so no previous experience is needed. Whether you have a medical condition or your mental fitness isn't at its best we will make you feel at home.



"I founded Bloomingart 4 years ago and now we have around 150 members from our Warrington community. We are based inside The Warrington Club an 1876 beautiful building right in the heart of our cultural quarter.

Every day except Sundays there is a creativity inside our safe spaces.

"All tutors are extremely qualified but most importantly they have a lot of patience and understanding.

"It's been a lot of hard work and we couldn't of done it without all of the help from some very special people. It is for gifted and talented and mainstream as well as those with health conditions."

For more details email gail@bloomingart.org.uk visit www.bloomingart.org.uk or call 07758124582.




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Peppa Pig celebrates 15 years with new Big S and Muddy Puddle Walk



Screen adventure

Peppa Pig will be celebrating her 15th anniversary in the UK and to mark the occasion there are a host of oink-tastic events for fans including a brand new cinema release, Peppa Pig: Festival of Fun, and the annual Peppa Pig's Muddy Puddle Walk for Save the Children to raise funds that will help children around the world.

To celebrate 15 years of the nation's favourite little piggy, Peppa Pig will be returning to cinemas nationwide this April in an all-new adventure, Peppa Pig: Festival of Fun. Perfectly timed to entertain the little ones ahead of the Easter holidays, the hour-long theatrical release offers 10 brand new and never-before-broadcast episodes featuring a 2-part festival special, complete with new characters and locations. The release continues eOne's successful My First Cinema Experience format which offers young children a gentle introduction to the cinema. Little piggies can look forward to one whole hour of snorts and giggles with songs to sing along to and dances and movements to join in with; making it the perfect cinema outing for pre-schoolers and all the family to enjoy.

Continuing the anniversary celebrations, this Spring will also see the return of the award-winning fundraising event for little ones— Peppa Pig's Muddy Puddle Walk for Save the Children. Last year families and nurseries that took part in the event helped to raise an incredible £225,000 for Save the Children's vital work and since its launch in 2017, Peppa Pig's Muddy Puddle Walk for Save the Children has generated a fundraising total of almost half a million pounds. This year the event is sponsored by The Entertainer (TheToyShop.com) and, to celebrate Save the Children's centenary in 2019, the charity hopes that even more people will sign up, take part and donate.

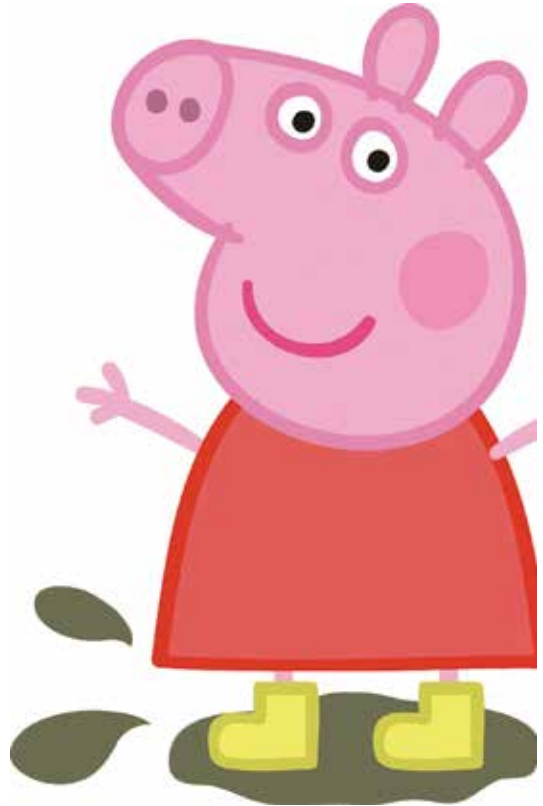
Kicking off on 13th May for a week of super fun fundraising, children (and adults too!) can pull on their wellies and set off to jump in muddy puddles – real or imaginary. Peppa Pig's Muddy Puddle Walk for Save the Children is a brilliant way to have fun together and enjoy 15 years of Peppa Pig whilst raising funds to help make sure that children in the world's toughest places

get food and medicine if they're hungry or sick, are protected from danger and get the chance to learn.

So get excited for a year of celebrations with the release of Peppa Pig: Festival of Fun and snort and giggle just like Peppa and George by jumping in muddy puddles for Peppa Pig's Muddy Puddle Walk for Save the Children with your family and friends this May.

Peppa Pig: Festival of Fun will be released in cinemas nationwide from 5th April 2019

Peppa Pig's Muddy Puddle Walk for Save the Children will be taking place from 13th – 19th May 2019. Sign up your nursery or family now at www.MuddyPuddleWalk.org to receive your free Fundraising Pack



Colour me happy

by Dave Charlton of JD Kitchens

Colour me happy there's a sofa in here for two'. The surprised and delighted exclamation from the classic 90's film *Pretty Woman*, starring Julia Roberts and Richard Gere.

The scene, a lift in a posh hotel. The subject :a sofa in a lift.

Fast forward almost 30 years and she probably wouldn't bat an eyelid. Luxury and plush are at every turn.

The demand for quality over cheap and disposable is prevalent: reusable coffee cups and a campaign to say no to plastic straws are just some examples. Couple this with the incredible speed of technological advances and knowledge, and, if you're in the retail you're ahead of the game.

Dave Charlton Director of JD Kitchens in Padgate, Warrington explains: "Only a few years ago we needed to explain the benefits of boiling water taps (safety, speed and eco-friendliness), and now people are simply walking in and asking for a brand name like Quooker.

"Similarly, we were previously at pains to explain the eco credentials of our kitchens, and why we selected them over other quality brands. These days our customers know more than us, they care about the environment and are looking for something long lasting and robust, but dripping in sophistication.

"As an engineer by trade I wanted to ensure that what we offered not only looked sleek and stylish, used cutting edge technology but had eco credentials to boot. When we came across the Next125 range I knew we'd found the kitchen brand for us."

It is designed and made using recycled materials and sustainable products. The range is constantly evolving, finding alternative ways to be more innovative, environmentally friendly and efficient. Sleek handleless glass doors, splashes of colour and clever use of texture and lighting make the Next 125 range absolutely guaranteed to colour you happy, and impress every single day for years to come.

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Leonardo da Vinci:

A life in drawing

A special exhibition marking the 500th anniversary of the death of Leonardo da Vinci (1452-1519) is taking place at The Walker Art Gallery in Liverpool.

Leonardo da Vinci: A Life in Drawing (1 February to 6 May 2019) will explore the diversity of subjects that inspired Leonardo's creativity across 12 drawings.

The free exhibition which is open daily from 10am-5pm, will be held as part of a nationwide event organised by Royal Collection Trust, in which 144 of the Renaissance master's greatest drawings in the Royal Collection will go on display in 12 simultaneous exhibitions across the nation, giving the widest-ever UK audience the opportunity to see the work of this extraordinary artist.

Leonardo was unique in his range of achievements, and drawing lay at the heart of his work. He drew to prepare his artistic projects, to record the world around him, to pursue his scientific speculations, and to make his imagination visible.

Xanthe Brooke, Curator of European Art, National Museums Liverpool, said: "Leonardo da Vinci is undoubtedly one of the most renowned and influential artists in history, having left a major impact within the disciples of both art and science. We're honoured to be part of this wonderful showcase of drawings, creating a very special moment in the Walker's history."

"Through the exhibition and the lively events programme accompanying it, we look forward to revealing more about the man behind the art and exploring the breadth of subjects that inspired him."

Leonardo was born in the town of Vinci, near Florence, as the illegitimate son of a young lawyer and a teenage peasant girl. He began working as a painter at the age of 20, and would famously go on to paint such masterpieces as The Last Supper and the Mona Lisa. His contemporaries included fellow Renaissance masters Michelangelo and Raphael.

The drawings at the Walker include The Head of Leda, depicting Leda from Leda and the Swan,

a popular story from Greek mythology. Here, Leonardo has devoted his attention to illustrating her elaborate, intricately braided hairstyle. Also on display will be the artist's metalpoint study of a horse, which was used to help him to build a clay model for a large bronze monument commissioned by the ruler of Milan.

The exhibition showcases Leonardo's botanical and anatomical studies, which were often scientific studies in their own right, while other drawings focus on subjects including classical architecture, the solar system and the movement of water.

The 12 drawings will also include a charcoal study for the drapery of Leonardo's Madonna and Child with St Anne, demonstrating his remarkable technical abilities, as well as a river landscape, a stormy apocalyptic scene and a chalk drawing of a masquerader on horseback in an ornate costume. This drawing was probably produced during the artist's time as a court artist in France at the end of his career.

Martin Clayton, Head of Prints and Drawings, Royal Collection Trust, said, "The exhibition at the Walker Art Gallery demonstrates the extraordinarily wide range of Leonardo's work throughout his lifetime, and is a thrilling opportunity for audiences to engage directly with one of the greatest minds in history.

"His drawings were central to his work in every field, both his artistic projects and his scientific investigations; they allowed Leonardo to work out his ideas on paper, and can be viewed as his private laboratory."

The Royal Collection holds the finest surviving group of Leonardo's drawings – more than 550 sheets – that have been together since Leonardo's death. They were originally acquired by King Charles II around 1670.

Visitors to the Walker can find out more about Leonardo's life and career in Rooms 1 and 2, where work by Leonardo's contemporaries, friends and rivals will be on display within the Gallery's own collection of Renaissance art.

To find out more about the exhibition, visit liverpoolmuseums.org.uk/leonardo500



Celebrating 40 years of The Crack!

Ruts DC February / March 2019 tour to feature a performance of the legendary album in full

Released in September of 1979, The Ruts one and only studio album 'The Crack' was an extraordinary statement of intent. As the energy and attitude of punks first wave started to dissipate, here was a band that exploded onto the scene with everything to offer. 'The Crack' had it all. Twelve power-packed songs brimming with invention and energy, it featured an outstanding run of hit singles – 'Babylon's Burning', 'Something That I Said' and 'Jah War' – alongside some of the best adenalized rock music to emerge in that decade's closing. Malcolm Owen's snarling yet soulful vocals, Paul Fox's soaring guitar and the incredible rhythm pairing of bassist John Jennings and drummer Dave Ruffy came together in perfect harmony to create an album that is as relevant and important now as it was then. Henry Rollins isn't alone in his opinion when he frequently refers to The Crack as the "best album ever made".

The Ruts (now Ruts DC) have always been intent on creating fresh music, constantly striving to move forward. When the band returned to the studio in 2008 to record 'Rhythm Collision 2' the follow-up to the 1982 dub-masterpiece, they hit the road and began the daunting task of crafting the first new Ruts DC songs since the early 80s, resulting in the release of 2016's exceptional 'Music Must Destroy' album. It featured ten new songs of prime Ruts energy and song-writing suss, proving just how well the Jennings/Ruffy partnership had endured, alongside new guitarist Leigh Heggarty.

As 2019 marks the 40th anniversary of 'The Crack', however, it's now time to take a well-deserved look back and Ruts DC are proud to announce a special UK tour to celebrate the albums original release, playing it in its entirety for the very first time, alongside the release of a brand new remastered vinyl reissue of the original album on February 8th via Virgin/EMI.

"It's always been important to us to be a current and forward-thinking band, releasing and playing new material whilst being proud of our past,"



"The Crack. I cannot explain to you the impact that this LP had. It is simply one of the best albums of its time. A true treasure that does not age but only impresses the more you play it."

Singer and actor, **Henry Rollins**

**REMASTERED VINYL
REISSUE CONFIRMED TO
BE RELEASED FEBRUARY
8TH VIA VIRGIN/EMI
WWW.THERUTS.CO.UK**

states John 'Segs' Jennings. "A milestone to many, 'The Crack' is an important piece of work to us too. We now feel ready to celebrate where we came from."

"Making 'The Crack' was a real game changer for me," continues Dave Ruffy. "The Ruts were a band that were greater than the sum of their parts and wrote music inspired by everything we had ever heard. It's a piece of work that I am immensely proud to have been a part of. Now forty years on we will be playing the album in its entirety, it's quite a challenge as some of the songs have not been played since 1980! Our legacy is large, and we are and will continue working hard to make this a great show."

Support on all dates will come from post-Sex Pistols legends The Professionals, who feature drummer Paul Cook among their ranks and together with Ruts DC, this tour will serve as a worthy tribute to 'The Crack' and two of its much-missed creators Malcolm Owen and Paul Fox.

For tour dates and tickets visit gigsandtours.com or ticketmaster.co.uk



BACK ON THE TRACKS TOUR - 2019

February

Thursday 28 Belfast Ulster Hall

MARCH

Friday 01 Dublin Olympia
 Tuesday 05 Scunthorpe Baths Hall
 Thursday 07 Aberdeen Beach Ballroom
 Friday 08 Dunfermline Alhambra
 Saturday 09 Glasgow O2 Academy
 Monday 11 Nottingham Rock City
 Tuesday 12 Reading Hexagon

Thursday 14 Newcastle O2 Academy
 Friday 15 Leeds O2 Academy
 Saturday 16 Birmingham O2 Academy
 Tuesday 19 Guildford G Live
 Thursday 21 Southend Cliffs Pavilion
 Friday 22 London O2 Academy Brixton
 Saturday 23 Cambridge Corn Exchange
 Monday 25 Bournemouth O2 Academy
 Tuesday 26 Brighton Dome
 Thursday 28 Bristol O2 Academy
 Saturday 30 Manchester O2 Apollo

“Back on the Tracks”

The Stranglers UK Tour March 2019

The Stranglers’ Back on the Tracks 19-date UK Tour kicks off in Belfast on 28th February culminating in what is bound to be another rousing finale in Manchester on Saturday 30th March.

During a hectic year of touring the Southern Hemisphere, Europe and the UK, The Stranglers have also been busy writing and rehearsing new material so audiences can expect to experience some of these new cuts, alongside classic favourites and lesser performed numbers drawn from their eloquent and extensive catalogue spanning over forty years.

First formed in 1974, the band’s no bullshit attitude was embraced by the punk movement of the late’70s, with their first three albums (Rattus Norvegicus, No More Heroes and Black And White) being released within an astonishing 13 months of each other, scoring hit singles such as Peaches, No More Heroes and Walk On By. Further success was to follow with Always The Sun, Strange Little Girl and the mercurial

Golden Brown, amongst many others, earning the group 24 Top 40 singles and 18 Top 40 albums

Masters of their own highly original sound, that combines a brilliant melodic touch with dark aggression and effortless cool, The Stranglers are now recognised as one of the most credible and influential bands to have emerged from the punk era.

With record-breaking, sell-out shows and festival appearances in the UK and throughout the world, demand to see and hear the band is at an all-time high, testament surely to their considerable musical talent and enduring quality of their songs.

Special Guests on the 2019 dates are Britain’s finest rhythm and blues band, Dr Feelgood.

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email: mils@disabilitypartnership.org.uk

LIVERPOOL SHOWROOM

Tel: 0151 709 0121

email: liverpoolmils@disabilitypartnership.org.uk

Charity moving forward with plans to deliver a National Disability Museum

Warrington Disability Partnership is moving forward with plans to deliver a National Disability Museum in the town.

The charity's founder and chief Executive Dave Thompson says he has been inundated with positive feedback since first mentioning the possibility on social media.

Dave, who helped set up the charity nearly 30 years ago after breaking his neck playing American football, says initial discussions via social media platforms attracted nearly 1,000 very positive comments and discussions all fully supporting the idea of developing a bricks and mortar National Disability Museum.

This was followed by further positive discussions with leading organisations such as the British Health Trades Association, British Red Cross, various disability organisations, disabled people, educational establishments and professionals working in museums.

Dave said: "All support the notion of creating a museum dedicated to preserving the history of disability through exhibits, collections, archives and educational programmes.

"Suggested outcomes include greater awareness and understanding of the lives of disabled people, created through sensory stimulation from exhibitions of equipment and archived materials, storytelling boards and dialogue.

"Current thinking suggests that a purpose built centre of excellence could be developed into a national resource, with a three-strand approach catering for local, national and even international needs."

- Locally, a new facility could replace the current Centre for Independent Living displaying modern day mobility and independent living equipment.

- Nationally, a new facility could include the Disability Museum aimed at preserving history, heritage and culture of disability.

- Internationally, a new facility could include a

Design and Development Hub, providing space for equipment designers to display their latest equipment. Disabled people, carers, health and social care professionals could be invited to try and test the equipment on display, and provide feedback to developers, with the aim of designing mobility and independent living equipment that disabled people want, and not simply need.

Dave added: "It is nationally accepted that Warrington offers excellent links to road, rail and air travellers, with experience of developing a number of focussed/themed museums including RAF Burtonwood Heritage Centre, Cheshire Police Museum and Warrington Museum of Freemasonry.

Warrington Disability Partnership is an internationally recognised user led pan-disability charity with nearly 30 years' experience of developing and delivering a wide range of services focussed on mobility and independent living, and

WDP also runs the world's largest annual voluntary led pan disability event, Disability Awareness Day that was established in 1992.

The charity has a Disability Timeline spanning over 30 metres in the main corridor at their Centre for Independent Living, and together with BAS (NW) they have refurbished a 100 year old wheelchair that they display at local vintage car rallies.

The Board of Trustees at Warrington Disability Partnership have agreed that WDP should lead the debate on this development and a list of possible partners has been drawn up.

Anyone who would like to be involved in the discussion about the possible development of a National Disability Museum, please contact Dave Thompson, Chief Executive at Warrington Disability Partnership

Email davethompson@disabilitypartnership.org.uk or call 01925 240064.



The Victorian era

1816 The first mental hospital is established in the UK.

1818 The Lunacy Act requires asylums to be registered and have a resident physician. Patients lose their legal rights to challenge their detention.

1819 The first mental hospital is established in the UK.

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The Lunacy Act and The County Asylums Act require asylums to be registered and have a resident physician. Patients lose their legal rights to challenge their detention.

allows correlations between types of occupation and ill health and mortality.

1845



1851

1897

The British Medical Journal begins a campaign to improve standards of care for older sick and disabled people in workhouses, resulting in some improvements.

1894

The Workmen's Compensation Act establishes the right to financial support for those injured in workplace accidents.

1893

1890s

The Elementary Education Act transfers responsibility for the education of blind and deaf children to local education authorities.

1881

1876

1876

1918

1919

1803

1843



John Thomas Percival (1803 - 1876), soldier, "lunatic" and formidable campaigner for legal reform of the lunacy laws and better treatment for people with mental illness.



The stereotype of disabled people as pathetic and is pitiable given prominence in the portrayal of the character of Tiny Tim in A Christmas Carol by Charles Dickens, 1843.

1846

The Manchester Institute for the Deaf and Dumb is established, now known as The Manchester School for the Deaf.

The Bath chair, a light carriage with a folding hood, is developed for use by invalids.

Key person Legal North West

Dave Thompson exploring the disability timeline.



Shelly's traditional lemon curd

by Michele Butterworth,
of Shelly's Restaurant, Bold Street, Warrington



Spring is on its way with little shoots of flowers popping out the ground.

To add some zest and make yourself feel all springy make this Lemon Curd!

Ingredients:

100g butter
350g sugar (granulated)
Zest off 3 lemons and the juice
3 egg yolks plus one whole egg

I use my grandma's double boiler - it's a pan with water in and another pan on top but you could use a bowl that fits over a pan.

If you make this just with a pan, you can end up with lemon flavoured scrambled egg!

Place all the ingredients in a bowl, the butter

will melt and then whisk all ingredients together and with a wooden spoon. Keep stirring, it will thicken.

When it coats the spoon it will be thick enough to pour into a clean jar and then lid it.

You can have it on toast or scones or place on pastry base and whisk up the egg white adding sugar and make lemon meringue pie.

Spring is on its way!

Shelly x



Navigating troubled waters?

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Kim Aucott
Consultant Solicitor



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