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Life

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September 2018

Issue: 234



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Picture: Alan Taylor

Resounding success!

Page 8



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Printed by TwentyFourSeven

I am probably in danger of repeating myself - but I think it is worthwhile when reflecting on the annual Historic Transport Day organised by Alan Williams and his team of hard working volunteers.

This month Alan reports on the outcomes from the event which after all the outgoings, which are considerable, has delivered a surplus of £9,000 - an absolutely amazing achievement, which Alan and his team can be rightly proud of.

Any long established business would be proud of this return on investment, let alone an event which is brought together by a dedicated team of volunteers who show great community spirit, not just for this event but community life in general.

As a result it has provided a windfall to ensure the future success of Lymm Heritage Centre - again

another remarkable achievement.

I've said it many times before and I will say it again - we truly are blessed with some wonderful community minded people in our village and we should always try our best to support them when we can.

Once again Alan, well done - you are one of those people who inspire me and I am already looking forward to next year's event as you take on the challenge of delivering something "bigger and better!"

Now that would be an amazing achievement as it is difficult to replicate perfection - especially when relying on the weather, something we have truly been

blessed with this summer.

Keep up the good work and we will do our best to support you and your team on every step of the journey.

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Lymm Life is
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New plan to demolish the Lymm Hotel

A NEW plan to demolish the historic Lymm Hotel and replace it with a care home, retirement apartments and children's nursery has been submitted to Warrington Borough Council.

It replaces an earlier scheme submitted last year which caused a storm of protest from local residents, businesses and even Warrington South MP Faisal Rashid.

In the new proposal, the number of apartments has been reduced from 52 to 45 and the number of care home places from 72 to 66.

But the size of the children's nursery is unclear – although it was originally for 120 places.

Residents are angry that the new scheme has been submitted when many people are away for the summer holidays. They are worried about the lack of clarity over the size of the children's nursery, which was always one of the most contentious parts of the scheme as many people felt there was no need for one at all. The original scheme infuriated residents.

They raised many issues – but the major ones were the impact of several hundred vehicle movement a day, the "woefully inadequate" parking provision of just 74 places and the inadequacy of local bus services.

But there is also the loss of one of Lymm's most historic buildings, where Pele and the Brazil World Cup team stayed in 1966.



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What's On in conjunction with Lymm Parish Council



September 11
LYMM PARISH COUNCIL

LYMM THURSDAY EVENING BRIDGE CLUB

Lymm Village Hall every Thursday 7pm

MAPLE LODGE ART GROUP

Meet each Wednesday 9.30am - 12.30pm
Oughtrington Community Centre, Lymm
Details: 01925 755126

ROTARY CLUB OF LYMM

Every Wednesday at Statham Lodge Hotel
7.15pm for 7.30pm
Contact the secretary 01925 650189

LOVING HEARTS & HANDS

Knitting for charity at Lymm Methodist Church,
2nd and 4th Thursday each month.
1.30pm - 3pm. Details: 01925 753298

MARKET LUNCHES

Eagle Brow Methodist Church
3rd Thursday in the month
Light lunches 12 noon till 2pm. All proceeds to
Youth For Christ and YMCA Room at The Inn

LYMM SCOTTISH COUNTRY DANCE CLUB

St Mary's Church Hall
Second and fourth Fridays (Sept - May)
7.30pm. Details: 753853

GARDENING CLUB

Meet Third Wednesday of the month
Lymm Baptist Church, Higher Lane. 7.30pm
Visitors welcome. £2 includes tea and cake

LYMM FLORAL ART GROUP

Lymm Village Hall
Third Monday of the month (except August)
at 7.30pm

LYMM PHOTOGRAPHIC SOCIETY

Every 2nd and 4th Wednesday
(ex July & Aug), 7.30pm
Spread Eagle pub, Eagle Brow.
Details: www.lymmphotosoc.org.uk

LYMM WINE AND BEER CIRCLE

3rd Wednesday of the month, 8pm
The Spread Eagle Hotel
Details: 01925 604400

LYMM CONCERT BAND

Rehearsals every Thursday evening
United Reformed Church, 8pm.
Details: 01925 752934

LYMM WI

Every second Wednesday, 2-4pm at Lymm
Youth and Community Centre. Visitors
welcome.

LYMM BOOK CLUB

Second Thursday of the month 7.30pm,
Spread Eagle, Eagle Brow. Details 01925
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Trio secure success in Guide Camping Skills

THREE youngsters from the 2nd Lymm Guides are celebrating after passing their Patrol Camp Permit test.

Emma Gamble (age 14), Sophie Smith and Saranne Wright (both age 13) prepared and ran camps for their patrol for a weekend without any adult supervision or help during the test.

Emma and Saranne took their test in June and Sophie in July.

Helen Hunter, Guider of 2nd Lymm Guides, was in fact present at Pettypool just in case of emergencies but she stayed on a different site and was not expected to help at all.

She said: "This is a tremendously difficult challenge. It requires planning the whole camp, the meals, the programme, the transport, ensuring they have the right equipment, being qualified in basic first aid, having a good knowledge of food hygiene, ensuring all their kit remains dry and many other things. We'll certainly have a celebration at our next meeting."

Guider, Mary Clarke, said The Patrol Camp Permit is not a commonly-taken badge within the County because of its difficulty and the style of camping needed to prepare the guides in advance of the test, so to have three Guides wanting to take the test in the same year, was very special.



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CLK Art celebrates opening

A new art gallery in Lymm was keen to show their appreciation to everyone who welcomed and supported them for their official opening.

Lymm based CLK Art supplies contemporary art, including original pieces, signed limited edition prints and assorted sculptures from many leading UK, international and local artists.

When visiting or contacting the gallery, you will be faced with a warm welcome and the gallery endeavours to help you to find the perfect piece(s) of art to meet your individual tastes and requirements, whether you are a first-time buyer or a dedicated collector.

The director of CLK Art, Chloe Killen, invited contemporary wildlife artist, Amy Louise, and the UK's leading cityscape artist, Edward Waite, to assist with the ribbon cutting – thereby marking the gallery open.

During the event, Amy and Edward were present to meet collectors and fans whilst showcasing their newest collection of original works together.

The occasion was all the more special as it marked the artists' debut event appearance as a married artist-duo.




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Heritage Centre unveils Autumn programme

JUST over a year since its opening Lymm Heritage Centre has already established a strong identity at the heart of the village with three exhibitions attracting over 7,000 visitors.

Around 500 people, including many school children, have participated in learning sessions and other outreach activities with its opening Thursday to Sunday every week – 1 till 5.

The Centre is now looking forward to a busy Autumn programme. On September 9th and 16th it is participating in the National Heritage Open Day programme when it will be displaying a fascinating collection of World War One artefacts including some Lymm related material. Experts will be on hand to show and explain the items.

Work is also well underway too on an exhibit that tells the story behind the dinosaur's footprint at the lower dam. This will include a life size model of a chirotherium – the giant lizard that made the footprints. This will "emerge" later in September and will be supported by a fascinating geology trail that will take visitors to many hidden corners of Lymm.

More new exhibits are planned before year end including Gold! which will tell the little known story of how Lymm became the country's leading supplier of gold leaf for famous buildings worldwide.

The heritage centre will of course also be marking the centenary of the Armistice with a window exhibit and inside display that marks this momentous event. In addition the

education team will be leading a number of sessions for local schools using a newly created village trail supported by activities at the Centre.

Evening activities will be a new feature too.

On August 22nd there is a friends and volunteers evening. It's an illustrated talk titled "Little Belgium in Lymm" and features a recently discovered archive of photographs of life at Oughtrington Hall for a group of Belgian refugees during World War One. (Some of these images will also be on display

during the Heritage Open Days)

On September 13th the Centre celebrates its links with the Daniel Adamson Society with the first local showing of a recently made film about the rescue and renovation of the incredible Art Deco tug/Steamship "Daniel Adamson" which operated on the Manchester Ship Canal. There will be the chance to meet some of the restoration team and also win a rare Edgar Hodge print of the Danny.

The Centre is run entirely by volunteers and with so much happening there is always need for more help and expertise. If you would like to get involved or just find out more about any of the above

visit the website www.lymmhc.co.uk or call 01925 754080. It's a great way to make new friends and learn more about the history of the place where you live.

Chair Alan Williams said: "All of the Centre's exhibitions and activities to date have been supported by a Heritage Lottery Fund award but we will also rely heavily on public support to make the whole project sustainable."


"If you support what we are doing please think about making a contribution however small - or large!

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Historic Transport Day delivers another resounding success

LYMM'S Historic Transport Day was once again a resounding success and work has already started on planning next year's event.

The working group met recently to review how the event had gone on what is now, by general agreement, Lymm's biggest day of the year; quite an honour in a village famed for its events, says event director Alan Williams.

"There is always room for improvement and one of the aims next year will be to provide improved disabled facilities and access; not an easy thing to achieve given the current layout of the May Queen field!

Alan added: "The team are also looking forward to next year's event which has already been fixed on Sunday June 23rd 2019!

"There had been some concern beforehand that an England World Cup Match on that day may severely dent numbers but there was certainly no evidence of that as crowds poured in from far and wide in bright sunshine."

Meanwhile the financial figures are now in and the team are delighted to announce a surplus of £9K. The first £3K of that will be donated to the Lymm Heritage Centre Sustainability Fund.

The two organisations share common goals; to celebrate the village's heritage whilst also boosting the visitor economy. Transport Day certainly does that.

A visitor survey carried out by Grappenhall Scouts shows visitors coming from far and wide, many of

whom were visiting Lymm for the first time.

The Scouts received a donation for their efforts, as did Lymm ATC, for their regular help with gate management.

Further donations or contributions of £500 each were made to Lymm Festival, locally based charity Prevent Breast Cancer and to the RAF Benevolent Fund.

The last of these was as a thank you to the RAF in their centenary year for providing spectacular flypasts, free of charge for the second year running.

This still leaves the group in a strong financial position and able to re-invest in creating another great show next year whilst also potentially being able to provide financial help to other local causes.

Many other local organisations also recorded very healthy profits on the day making it an all round "bonanza" for local causes.

The search is now on for the next "big idea" for 2019.

Alan added: "We certainly don't want to get carried away with 'bigger and better'. The general feeling is the event is close to capacity and we don't want to lose that friendly feel where it is easy to get around and enjoy the day.

"But we also think it's important to ring the changes with new attractions each year. If any Lymm Life readers have seen something outstanding at

another event do let us know via the website lymmtransport.org.uk or give us a call on 07540 096282. Better still get involved. There is always room on our management team for positive, energetic new members. Contact as above."

So mark your diaries now – June 23rd for the event itself and January

3rd if you have a vehicle to enter or want to book a stall. Be sure to book good and early.

This year almost every space on the field was booked in the first couple of weeks. Remember the only thing better than going to Lymm Historic Transport Day is being part of it.



© MIKE TAYLOR



© ALAN TAYLOR

A new 'sanctuary' for the community

A NEW community and business space is to open at Lymm after leisure, libraries and lifestyle provider LiveWire gave the scheme its backing.

The Lymm Sanctuary Hub will open in the autumn at Lymm Library. It will cater for community group activities as well as small and start-up businesses.

The hub, which recently received approval from Warrington Borough Council, will provide a range of community services and activities supporting those with special needs including the elderly and vulnerable members of the public.

As part of the initiative, Lymm Business Centre will also be set up which will provide flexible working space and support services affordable to small/micro businesses and home workers. This will enable local businesses to flourish, grow and contribute more to the community.

The new hub comes as a result of a "Redeeming Our Communities" event held at Lymm High School which was attended by 120 members of the community.

The event, attended by the High Sheriff of Cheshire and the Mayor of Warrington, identified a range of groups in the community with needs that are not being catered for sufficiently. It also found that there was no central area in the community where information and support could be accessed for these groups and other community activities.

As a result, the Sanctuary Hub Working Group was formed to

manage the project, conduct a consultation process and develop the business plan. LiveWire has worked and will continue to work with the group consisting of; Sanctuary Café Lymm, Churches Together Lymm, Redeeming Our Communities Lymm, Friends of Lymm Library and the Colony Networking Group.

Cheryl Siddall at LiveWire said: "We're incredibly excited to be working with the Sanctuary Hub Working Group and the council to deliver a brand new community and business space in the Lymm Library building.

"This is testament to the efforts of the local community and businesses, who have come together and addressed a specific need within their local area. We're hoping that giving local groups and businesses a central location to meet and work in Lymm will help encourage an even stronger sense of community in the area.

Richard Pearce of the Lymm Sanctuary Hub Working Group said: "Lymm Sanctuary Hub will not only provide support, resources and activities for a whole range of community services, but also act as a fantastic base for small businesses to prosper. In doing so, the Hub will generate employment, volunteering and work experience opportunities for the community.

"We have secured funding for

the start-up costs of the Hub but are still seeking additional funds for the development of specific services and the associated resources".

Warrington Borough Council's lead member for leisure and community, Cllr Tony Higgins, said: "The Sanctuary Hub will be a wonderful addition to Lymm library and is another fantastic

example of the work we are doing to safeguard and modernise our libraries service.

"I'm looking forward to the hub making a real difference to local people, bringing residents together and serving as a focal point for a range of businesses and community groups."



(Left to right): Eleanor Blackburn, of Warrington Borough Council, Cheryl Siddall, of LiveWire, Richard Pearce of Lymm Sanctuary Hub Working Group, Kirsty James, of Colony Networking Group.



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Rick steps out of the street into the modelling world

FORMER Lymm High School pupil Rick Charnock found fame in the modelling world after being "spotted" in a street in Barcelona.

He was asked if he would take part in a campaign for Italian fashion house Giorgio Armani.

The 28-year-old agreed – and as a result his picture was displayed in Armani stores across the world.

Rick loves travel and is currently still based in Barcelona.

But our picture shows him closer to home – as part of a display in the Armani store in Spinningfields Square, Manchester.



Harold, 78, is back in the swim



HAROLD Dickinson has proved age is no limit when it comes to learning to swim again.

The 78-year-old went to Lymm Leisure Centre's adult swimming lessons with one goal - to be able to swim a length again.

Harold swam regularly as a child growing up. However when the time came to start working he found he had no spare time for swimming as he was working on a farm.

Farm work was very time consuming, leaving little time for hobbies.

After retiring Harold needed two knee replacements and afterwards was told to try swimming again to build up his muscles.

Harold arrived at Lymm Leisure Centre one Tuesday night for the adult swimming lessons and hasn't looked back since. He really appreciates the help he has had from the swimming instructors Jenna and Max over his time at the centre.

Lymm Leisure Centre runs adult swimming lessons on a Tuesday evening 6.30 – 7.15pm each week.

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Rotakids celebrate their first birthday

A YEAR ago, Little Bollington CE Primary School, near Lymm, became the first school in the area to have a Rotakids club – the junior section of the Rotary Club.

Now they have celebrated their first birthday with a party for parents and Rotarians.

Little Bollington Rotakids are affiliated to Lymm Rotary Club and their secretary, Sue Tupman, attends all their meetings.

In May, the Rotakids went to Statham Lodge Hotel to attend a "grown ups" Rotary meeting and gave a presentation of their work over the year.

That work enabled them to fulfil their "international" role by organising the Christmas Shoebox appeal and sending 50 boxes from the school community to the Ukraine.

They planted bulbs in Hannah's Garden – a memorial to former pupil Hannah Scales, who died tragically after suffering from the rare Kabuki syndrome - and gave a bag of sweets to those at the spring community lunch, which was their community role.

They also treated all the pupils in school to a visit by the Welsh Bird of Prey Centre to see a variety of birds and find out more about them

Head teacher Caroline Johnstone said: "They have had a very successful first year and love the responsibility and leadership roles it has given them!"





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Lymm Trail Races 'the best ever'

THE sixth annual Trail Races organised by Lymm Runners were voted one of the best ever.

They began with the children's fun run which had a "superhero" theme with the youngsters, many in fancy dress, chasing the Mystery Woodland Warrior.

The two winners were Callum Bell of Gateshead Harriers and Charlotte Flint of Manchester Harriers.

This was followed by the adult 5k and 10K races through Spud Wood and concluded with a medal, a goody bag and some

refreshing fruit.

Daniel Cliffe of Liverpool Harriers and Michelle Horner, were winners of the 10K Race and Matthew Hughes of Liverpool Harriers and Zoe Gmerek of Chorlton Runners won the 5K.

The prizes were presented by Lymm Runner Debbie Crouch and £400.00 was raised from the raffle and bucket collection for the British Heart Foundation in memory of Debbie's late husband, Paul.



Runner completes gruelling 268 mile race in 131 hours

A MEMBER of Lymm Runners has completed a 268-mile ultra race along the Pennine Way – despite the blistering heat.

Kieran Walshe not only completed the Montane Spine Race – recognised as Britain's most brutal summer race – but achieved joint seventh place.

He had to cope with 13,500 metres of ascent, carry most of his supplies and get by on 2-3 hours sleep each night – and complete the route within a 168-hour time limit.

He braved blistering heat, full sun and daytime temperatures of over 30C.

The race follows the full length of the Pennine Way – starting in Edale in Derbyshire and finishing in Kirk Yetholm in Scotland. It is a single stage foot race – which means runners can carry on day and night as long as they are able to. Participants are told "Expect to be challenged, expect adventure and more importantly expect the race to be fun!"

Kieran, an experienced ultramarathon runner, said: "I'd always wanted to do the Spine

Race – it's one of the toughest races in Britain, and goes across some amazing countryside. This year's race was especially hard because of the heat. I finished in 131 hours 7 minutes, and was joint 7th (alongside Brigitte Daxelhofer

from Switzerland who was the first woman finisher, and Bobby Cullen also from the UK. The support from other runners and from the race organisers and their medical team was great. On this kind of really long race, continuously over several

days, you learn a lot about your own endurance, resilience, and sense of humour."

He was met at the finish by his wife, Catherine and his dog and running companion, Pepper. He is now planning his next challenge.



Kieran is pictured at the finish with Bobby Cullen (left), and Brigitte Daxelhofer (centre).

Advertiser's announcement

Sports therapist offers regular clinic at Lymm Osteopathic Practice

SPORTS therapist Jason Pastel from JP Sports Therapy is now offering regular clinic sessions at Lymm Osteopathic Practice, Grammar School Road in Lymm.

Jason holds a Level 5 Diploma in Advanced Clinical Sports Therapy. He is also a registered practitioner with the Complementary and Natural Healthcare Council and a member of the Sports Therapy Organisation and fully insured.

He splits his time between clinics, currently he is also the sports therapist at the Body Box Gym in Stockport and has a depth of experience covering sports therapy at a variety of sporting events in the

region.

Jason specialises in sports massage and therapy which also includes kinesiology taping. He uses specific techniques designed to reduce injuries, alleviate inflammation and help prepare athletes for peak performance, this is also used to improve the mobility of non-sporting people.

Some of the techniques Jason uses include deep friction massage, soft tissue release, neuromuscular techniques, trigger point therapy, myo-fascial release and joint mobilisations.

The benefits of these techniques include the stripping out tight muscles, treating strained muscles and sprained ligaments, improving recovery between training and competitions, helping to prevent a minor injury developing and becoming worse as well as restoring energy.

Examples of conditions that can be treated using these methods include headaches and migraines, recovery from injuries, frozen shoulder and shoulder pain, muscle strains, postural issues, muscle tensions and spasms and sciatica

symptoms.

Sports massage therapy is perfect for both the sports and non-sporting person alike. Conditions such as shoulder and back pain restricts people's daily life and can significantly limit mobility.

If you are running an endurance

event such as a 5k, 10k or full marathon sports massage therapy can reduce post event and training muscle soreness, lactic acid build-up and help improve your recovery time.

Contact Jason on 07389 132 522 to book your appointment.



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Lymm rider's brace of podium places



Picture: Dave Yeomans

LYMM-based racing motor cyclist Sean Neary rode to a brace of podium finishes in round five of the Ducati Trioptions Cup at Brands Hatch.

The Team Zoek rider claimed a second place in the first race and third the following day.

Neary completed his qualifying in third place and began the first race from a front row grid position. He passed Josh Day on the opening lap and settled into second place behind Rob Guiver. Although he was within 0.2s from his rival in the early stages he was unable to pass him and completed the 12 lap affair in second place.

Starting the second race from the front row once again, this time he didn't make the most of his start and completed the first lap in fourth place.

He was racing ahead of a group of five riders all challenging him for fourth place but he didn't intend to give up his place without a fight. On lap eight he was holding fourth but challenging Day for third place with three riders in close company behind him. On the final lap he finally made his move and snatched third place from Day and

very nearly took second.

Neary said: "Phew that was close! I had a problem in the early laps as I thought I had oil on the foot peg so dropped back a bit, but then I realised it was ok and pulled it together. By then of course it was too late but we gave it a go and we got a couple of podiums so I can't complain."

The championship now takes a break and returns at Cadwell Park in the Lincolnshire Wolds over the weekend of August 17-19.

Cycle shop plans are given the go-ahead

PLANNING chiefs have given the go-ahead for extensive alterations at a long-established cycle shop at Lymm.

Using delegated powers, borough planning officers approved a scheme to partially demolish and then reconstruct Deveraux Cycles in Birch Brook Road, Lymm.

A new upper storey will be constructed while the existing lower, ground floor, will be retained.

*Planners have also retrospectively approved the construction of a timber summer house at the rear of a house in Longcroft Place, Lymm

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