

June 2012

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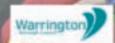
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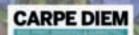
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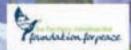
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warrington-worldwide is published monthly by Orbit News Ltd.

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Printed by TwentyFourSeven

ditor's Comment

NEWS that Warrington Council's Chief Executive Diana Terris is moving on after five years in charge at the town hall comes as no great surprise.

While I have not always seen eye to eye with some of the policies and decisions made at the town hall I wish Diana well with her new career at Barnsley Metropolitan Council with a farewell message of congratulations.

Her decision to end the farce and expense of people staying up through the night on polling day was an over whelming success in my opinion – and after more than 30 years of covering elections, I certainly found it much more refreshing to see the count done in an orderly fashion on the

on paying staff over time and probably also cut out any errors caused by tiredness in previous years.

There were no surprises with more Labour gains at the expense of Lib Dem and Tory councillors – but a few surprises were thrown up at Culcheth, where Chris Vobe, son of Warrington North MP Helens Jones, defeated veteran Tory leader Keith Bland by a large majority and at Stockton Heath where Labour made a gain from the Lib Dems for the first time.

Have you got a story? Send your news items and pictures to info@warrington-worldwide.co.uk or phone 01925 623631

There is no doubt the unpopular coalition government helped Labour's cause locally.

As the dust settles and the newly elected councillors find their feet, I hope they can all work together for the good of our town.

One area of concern was the very poor turn out caused by voter apathy

with some inner areas of Warrington recording a mere 17 per cent turn out while even some of the better turn outs were little more than 30 per cent- which says little for local democracy.

Elected councillors must realise they have a responsibility to engage with their electorate and make sure they feel there is some point in voting - and for those of you who didn't bother voting - there is no point complaining how your town hall is run!





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Living in harmony with terminal breast cancer

CHRISTMAS certainly didn't come early for Julie Roberts when she was told she had terminal breast cancer on December 24 2010 – with a prognosis that she had less than 12 months to

"It was like someone taking a baseball bat and beating me up with said 48-year-old Julie, who has battled with her demons and come to terms with 'living with cancer'.

Having already lost her grand mother and mother to the disease, as well as her partner Steve, when aged 56 to kidney cancer, she was well used to dealing with the emotions.

Meeting Julie you wouldn't know that she was ill, let alone terminally ill.

Working as a counsellor and her previous experiences have certainly helped with her positive outlook on life - drawing up a 'bucket list' of 'things I want to do before I die'

Top of her wish list was to write a book - which she has now done with "Don't cancel my newspapers yet!"
set to be published in

June.

"When diagnosed as being terminally ill I searched for information on how to deal with it — a couldn't find anything.

"My book is about my own experiences and things that you need to do and think about, including a bucket list of things to do before you kick it!"

Another item on her list was living long enough to see her son Mike, aged 28, get married and provide her with a grandchild – which has now also been achieved.

"One thing I have realised is that I have to put myself first before anything else," added Julie, from Old Hall, Warrington.

She is still undergoing regular chemotherapy and taking 22 tablets a day but remains positive and continues to keep herself busy running her counselling business and doing voluntary work for the Breakthrough Breast Cancer charity.

"I am doing my bit educating women on the Touch, look, check' campaign raising awareness about

campaign raising awareness about the disease.

"There are many different forms of breast cancer and only a small percentage is hereditary. Although my grandmother and mother both had the disease, the type of breast cancer I developed was totally unrelated – it was just a coincidence.

"Some breast cancers are caused by unhealthy lifestyles and being over by unleading intestigles and being over weight, drinking too much alcohol and being inactive. If you lead an unhealthy lifestyle you are stacking up your potential of developing breast

" I am not fighting my cancer - I am living with it. I know I can't beat it but I want to be happy with my life and co-exist with it — which I am doing in harmony at the moment!"

You can follow Julie's progress on twitter @WITCHCOACH or on facebook at Jules Roberts or via the website www.positivewomen.co.uk

More information on breast cancer can be found awareness www.breakthroughbreastcancerchesh





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pnotes Hello and welcome to my monthly column . . .

by Michael Mahoney

Words are powerful; you only have to read the newspapers or sections of this magazine to understand the power of words. In my work with individuals I show them the power of internal language, and the benefits of changing that internal language or perception.

For example, think of something

you would like so very much to do. It doesn't matter what it is, but you can't do it. Now imagine you were stating that fact to another person, so your language might be. I can't swim! Or, can't ride a bike, or I can't drive. Whatever it is for you just think of that statement.

And then think how it makes you feel. It reinforces the fact that you are limited in your life in some way. It may make you feel down, or you may not even want to talk about. The feelings you feel, are as a direct result of your thoughts and your statement of your inability to do something you want to

But now think of your 'can't' statement, but this time put the word 'yet' on the end of your sentence. So for the examples above it would be, I can't swim, yet, or I can't ride a bike, yet, or I can't drive, yet. The word 'yet', changes not only

the statement by opening it up, but changes the emotions too. Previously the statement "I can't drive" was closed down, it is negative, and it

stops you even trying.

But the word 'yet', those three little letters bring a whole new meaning and feeling to that statement. It opens it up. You might not be able to drive now, or whatever you chose for your personal circumstances, but adding the word yet, brings hope, expectation, positivity, determination, motivation and much more. The word yet shows its power simply, gently, yet very effectively. It invokes positive feelings inside and you feel the benefit of it.

That simple example is just that, a simple example of the power of words and how they can help us. But just as strongly our words can stop us even trying to change. Words affect emotions, and emotions and their descriptions can affect the words we use. It becomes a vicious cycle, a cycle that needs to be broken.

The use of this information, coupled with my skills and experience as a hypnotherapist can help reduce negative thoughts and self-limiting beliefs, bringing a new perspective, more drive and motivation, more

Michael Mahoney is a Clinical Hypnotherapist. He has research and patient experience. He is a He is a member of the Hypnotherapy Association, an associate of the Primary Care Society for Gastroenterology, he is a non NHS service provider and Private Health Service Provider

Tel: 01925-658322 email timelineservices@aol.com www.michaelmahoney hypnotherapist.com

confidence and self-esteem and so much more. So whether you are selfemployed, unemployed, a director or employed within a large or small organisation and you want to feel and be more; perhaps to reach your goals or even to establish some goals then contact me and let's see what we can do to enrich your life.

In these difficult times, it is more important than ever, to be your best, to learn new skills, to be more confident, to be able to manage stress and anxiety effectively. So if you need help, make an appointment, you can't tell me anything I haven't heard before, and I may be able to

Finally, I would like to mention that my practice continues to grow, and I now also have an office based at the Woolston Neighbourhood Hub, Warrington, off Manchester Road, in the practice of Dr Reynolds and partners; it is a modern, professional practice with friendly efficient staff.



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New junior RL club

A NEW junior Rugby League club is being launched in the Padgate area of Warrington. The Oakwood Steelers will

training on Thursday evenings throughout the rest of this year and also hope to play a few friendly matches before entering a league in

March next year.
Secretary Phil James said:
"We currently have three experienced coaches who are all accustomed to training

young children.
"Our aim is to provide "Our aim is to provide competitive junior rugby for children currently in school years 4, 5 and 6 who want to play but, for one reason or other, cannot find a club to play for or who may be intimidated by joining an established club.

"We shall be playing and training on the pitch between Steel Street and Oakwood Avenue, just off Gorsey Lane or Orford Road.

"Ability is not as important to us as enthusiasm and

to us as enthusiasm and dedication."

The club is also seeking local companies interested in offering shirt sponsorship.

Training starts on May 31

at 6pm. Further details are available from Phil on 078059 16040.

Golf club keen to develop

junior talent

WALTON Hall Golf Club is keen to develop junior golf in the Warrington area and in conjunction with the Golf Foundation and Cheshire Golf Partnership, is now offering Golf Tuition with PGA Golf Professionals throughout the year and during school holidays.

Tuition is provided by Paul Hodgson (pictured right), a Class AA PGA Professional with over 12 years

experience within the profession.

He has a wealth of coaching expertise which he has gained from working with a number of top class

This has helped him to develop an expansive teaching knowledge which enables him to deliver simple and effective coaching for all levels of

Expert

Paul's teaching style puts people at ease and makes learning fun whilst imparting expert knowledge that allows pupils to improve quickly and successfully.

Paul is available for individual lessons, group lessons, video lessons and junior coaching.

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Foundation launches new Patrons club

BUSINESSMEN Mark Brocklehurst and David Griffiths are helping to launch the Warrington Wolves Charitable Foundations new Patrons' Club in a bid to swell the number of entrepreneurs committed to supporting one the town's most important charitable organisations.

The directors at Warrington-based Sharples Group, the region's leading print and copier services provider, came up with the idea following a meeting with the Foundation Chairman and leader of Warrington Borough Council Terry O'Neill O'Neill.

At the meeting Cllr O' Neill pointed out that the Foundation needed more support than ever before from the business community

before from the business community if it was to continue with the wide range of charitable work that it carries out across the town.

"We came up with the idea of a Patrons Club made up of businesses who want to support the work of the Foundation but who could also benefit from the networking opportunities that the monthly meetings," explained Mark.

"The idea was met with a unanimous YES when launched to a pilot group of a dozen local businesses at a meeting in April. The target is to raise an impressive £100,000 per year for the foundation and we are looking to

enlist the help of 167 members from the Warrington business community. In fact, interest is growing across the Warrington business community with an anticipated attendance of over 30 at the next meeting.

David added:" In addition to offering the Warrington Wolves Foundation valuable support from the business community, the meetings provide an opportunity for Warrington entrepreneurs to meet each other and discuss the issues of the day.

"Our proposition is an attractive one for businesses. We're not just asking business to come and support a very important local charitable organisation. We are also suggesting that getting involved could be very good for their businesses too.

For further information email: neilkelly@wolvesfoundation.com or call Neil on 01925 248894.



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Why does life have to be so complicated!

Welcome to this month's issue where we will be sharing with you some simple steps which may help make life a little easier for you -both at work and at home.

Establish a set of guiding values and priorities - Relying on them for

direction will make decision making easier and cut down on unnecessary mental gymnastics.

Use a personal planner - Either a computerised or manual system. At first it may seem awkward and cumbersome, but ultimately will help

rid your mind of those "things I have to remember". It's probably best to use one single planner to keep track of all areas of your life.

Make honesty your policy - "Oh what a tangled web we weave...."

Telling the truth is a basic but powerful way to keep your life more simple.

Just do it - The loose ends of unfinished business can often tie us up in knots. Acting immediately, when possible, clears these nagging issues from our consciousness.

Just say no - On the other hand, not everything is worth doing. Just as pruning a tree releases energy for more dramatic growth, ridding yourself of extraneous activity can result in quantum leaps in your overall effectiveness. Consider letting go of the trivial and latching on to the more important

opportunities.

Delegate - Share responsibilities with your co-workers, family and friends. When you're especially bogged down, look at ways to "out source" – consider hiring someone to handle your taxes, sales and marketing or housework etc ... Don't be afraid to ask friends for when you're





For more information contact Antony Grace Tel: 01925 573652 Mob: 07712 558569 antony@alchemy-network.com

overwhelmed.

To find out more about putting these key steps into place, increasing your customers 'and sales from existing customers quickly and at minimum cost, call or e-mail me now. That's how most Alchemy clients start their road to success with our help.

Town's new legal champion

WARRINGTON residents wanting to challenge wills, trusts or inheritance rights now have their own legal champion.

Jennifer McGuinness, an experienced litigation lawyer with solicitors Forshaws Davies Ridgway (FDR) has been admitted to the Association of Contentious Trust and Probate Specialists (ACTAPS), following a part-time three year College of Law course.



three year College of Law course.

This means she is the only solicitor in Warrington with this higher level qualification available to represent clients in trust and probate disputes. She joins FDR partner Stephen Lawson, from the firm's Frodsham office, in providing this specialist service. ACTAPS lists only 500 qualified solicitors working nationally in this field, with fess than a dozen in the North West. Jennifer said: "When people come to us with these sorts of disputes, it can be very upsetting, because normally something has gone wrong. Our job is to help clients iron out problems and where necessary, fight battles on their behalf." Both Jennifer and Stephen work in conjunction with FDR colleagues in the probate department to provide a comprehensive public service on inheritance, wills, trusts and probate.

Pictured: Jennifer McGuinness and Stephen Lawson.





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Changing lives through fostering

A NEW foster carer charter and recruitment campaign was launched in Warrington as part of Foster Care Fortnight (May 14-27), a national campaign that raises awareness of

Warrington's Fostering Service has produced the foster care charter in consultation with foster carers and children in care in Warrington, which is a pledge and commitment by the service to their carers. The charter is just one of the many ways that the service shows their commitment to their foster carers.

The new recruitment campaign focuses on how fostering positively changes lives both for children and foster carers. The campaign also aims to raise awareness that foster carers are all very different, single, working, retired, younger, older, same sex and what matters is a desire to help local children. The service will be hosting a number of recruitment events across the

These include: Thursday May, 24 10 am at Community Square (next to M&S) Golden Square, Warrington; Friday, May 25 10 to 4pm -ASDA May 25 ' 10 to 4pm -ASDA Cockhedge Shopping Centre; Saturday, May 26 9 to 5pm Golden Square Shopping Centre; Thursday May, 31 6pm the Gateway (opposite the Town Hall), Sankey Street, Warrington, WA1 1SR.

For details of all the events visit www.warrington.gov.uk/fostering If you can't make any of them, contact the Fostering team on 01925 444 100 for a free information pack.

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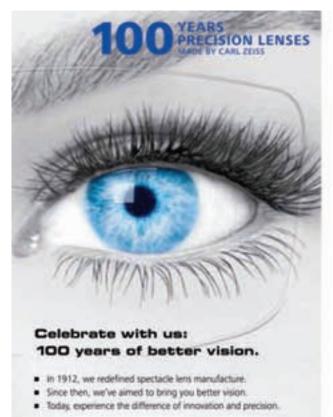
What day is Warrington Walking Day taking place?

- Thursday 28 June
- b) Friday 29 June
- c) Saturday 30 June

Entries can be made by emailing info@warrington-worldwide.co.uk entitled Walking Day dress competition or by post card to Walking Day dress competition, New Media Centre, Old Road, Warrington, WA4 1AT. Please include your name, address and day time telephone number together with the name and age of the child. The winning entry will be drawn randomly. Closing date, Friday 1st June. Full terms and conditions available on request. Editors decision is final

Editors decision is final The Butterfly House Boutique 3 Suez St, Warrington www.butterfly-house.co.uk





Neglected vision

Are you overlooking a chance for better vision?
An international study undertaken by Carl Zeiss in 5 countries with 5046 consumers showed that between 55 and 75% of people in Europe have their vision screened every 3+ years.

Thus, numerous spectacle wearers are wearing spectacles that do not have an up-to-date prescription and some people who really need spectacles are not wearing them at all. For many patients this means that they are neglecting their eyes vision, and they are not using their eyes efficiently. But better vision is possible.

Carl Zeiss has made the motto "Better Vision" its own. Today as in the past. In 1912 Carl Zeiss brought the first ZEISS precision spectacle lens, PUNKTAL®, to the market. The newly founded founded department "Opto" was established on its many years of experience in the optic and opto-electronics industries. Carl Zeiss

itself was founded in 1846. And that's not all: with point-focal imagery ZEISS revolutionised the spectacle lens market. Today we are pleased to be celebrating "100 years of better vision" with ZEISS and we invite you to make an appointment and visit our practice. Take advantage of this opportunity and experience a "better vision" moment for



Better vision is possible. Get the most out of your vision with the right spectacle lenses.

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A knitter's dream come true!

IT was a knitter's dream come true...an Aladdin's Cave of wool, arn and other knitting essentials - all in a garage in Warrington.

It came to light after Annie Cabais sadly died at her home in Great Sankey. Annie was a Warrington girl who married an American and went to live in Hawaii, settling in Honolulu where she ran a successful knitting school for Sears

After her husband died she moved back to Great Sankey.

But her two daughters remained in the United States. One, Maureen, came back to Warrington on Annie's death - and discovered

the huge stash of yarn in the garage.

She got in touch with the Knit and Natter knitting group, who meet at Friars
Green Independent Methodist Church.

They were overwhelmed by the quantity of wool, which virtually filled the

There was so much, even the knitting group would have taken years to use it!

But something had to be done - and eventually it was agreed it should be sold, with the money split between Maureen and the knitting group.

Now a coffee morning has been arranged at Friars Green Church, in Cairo Street on Saturday, June 9 at 10am when the yarn, patterns, needles, etc will be offered for sale and there will be a display of work done by the knitting group.

More details are available from Daphne on 01925 268353 or Sue on 0151

Angling club celebrates 50 years THE Cheshire Cheese Angling Club, which is celebrating its 50th anniversary,

is inviting people to a special social evening.

Tickets are £5 for the event on Friday June 8 at Pierpoint and Bryant Social Club, from 7.30pm. There will be entertainment, a buffet and the chance to share memories of the club.

Further details are available from chairman Eric Seed, telephone 01925

481092

The club was formed in 1962 by a group of Rugby League players who decided, after a hard Saturday game, to have a day out fishing in Wales. This became a regular pastime leading to the formation of the club, based at the famous Cheshire Cheese pub in Knutsford Road, Latchford.

It draws its members from a wide area.





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Late Diner Offer 20% off after 9:30pm

Labour romp to victory

LABOUR gained a historic victory in the Warrington Borough Council elections, strengthening their grip on the council and, in doing so, winning for the first time ever in the Liberal Democrat stronghold of Stockton Heath and also defeating the Conservative leader.

They won 15 seats, with the Lib Dems and Conservatives only picking

up two each.

Probably the most dramatic victory was that of Chris Vobe - son of Warrington North MP Helen Jones -over long-serving Conservative leader Keith Bland at Culcheth, Glazebury and Croft.

A delighted Chris put down his success to a lot of hard work campaigning on local issues.

Former Tory leader Keith described

the result as a "real kick in the teeth" blaming his defeat on the national scene and the fact Labour had the full backing of the local MP and Labour

party bandwagon.
At Westbrook, Lib Dem David Earl
lost his seat to Labour's Judith Guthrie
while at Whittle Hall, Kevin Reynolds
lost out to Labour's Will Hughes

Lib Dem leader lan Marks described the results as "bitterly disappointing" and a reflection of the national scene. He also raised radiordi scelle. The disordiscale concerns at the poor turn outs, which in some inner areas of Warrington were only 17 per cent. The largest turn outs were in Culcheth and Stockton Heath, averaging just over 30 per cent. Leader of the council Terry O'Neill

and his deputy Mike Hannon both held on to their seats at Burtonwood and Winwick and Orford respectively. But there were some indications that with a low turn-out, all sides were polling fewer votes than

they did last year.

At Hatton, Conservative Paul Kennedy, who has now become leader of his group on the council, convincingly held his seat with the liberal Democrats, who had held the ward for years a mine third behind ward for years, coming third, behind

Labour.

But Tory finance spokesman Paul
Campbell lost his seat to Labour at

Penketh and Cuerdley.

At Grappenhall and Thelwall, the popular former Liberal Democrat councillor Ted Finnegan - who lost his seat last year when he was due to become Mayor - showed that a personal following can still win through when he held the seat against strong challenges from both Labour and Conservatives.

Labour's sweeping gains in the Borough Council elections were repeated in the town and parish council elections held on the same

Labour has almost trebled its councillors in parishes across South



Warrington, winning a seat on Lymm Parish Council for the first time in more than 30 years. Penketh Parish Council is now 100 per cent Labour and Great Sankey

Parish Council, which previously had no Labour members, now has Labour in 13 of the 15 seats.

After the shock borough council result at Culcheth, Glazebury and Croft, where Labour's Chris Vobe unseated veteran Conservative leader Keith Bland, he also picked up seats on Culcheth and Glazebury parish council and Croft parish council, meaning he now sits on three

Labour now has seven of the 10 seats at Culcheth and Glazebury - although Cllr Bland held on to his seat despite losing in the borough contest.

There were also Labour gains at Stockton Heath for the first time in many years.

But at the same time there was evidence that at parish level, many voters stuck with familiar names, voting for the people rather than the

political party.

Appleton Parish Council is now entirely Liberal Democrat after the lone Conservative lost his seat.

There were a number of parish wards across the borough where there were no elections because candidates were unopposed.

For the most comprehensive coverage of the local elections check out the warrington-worldwide website for all the results and video interviews with the winners and losers.

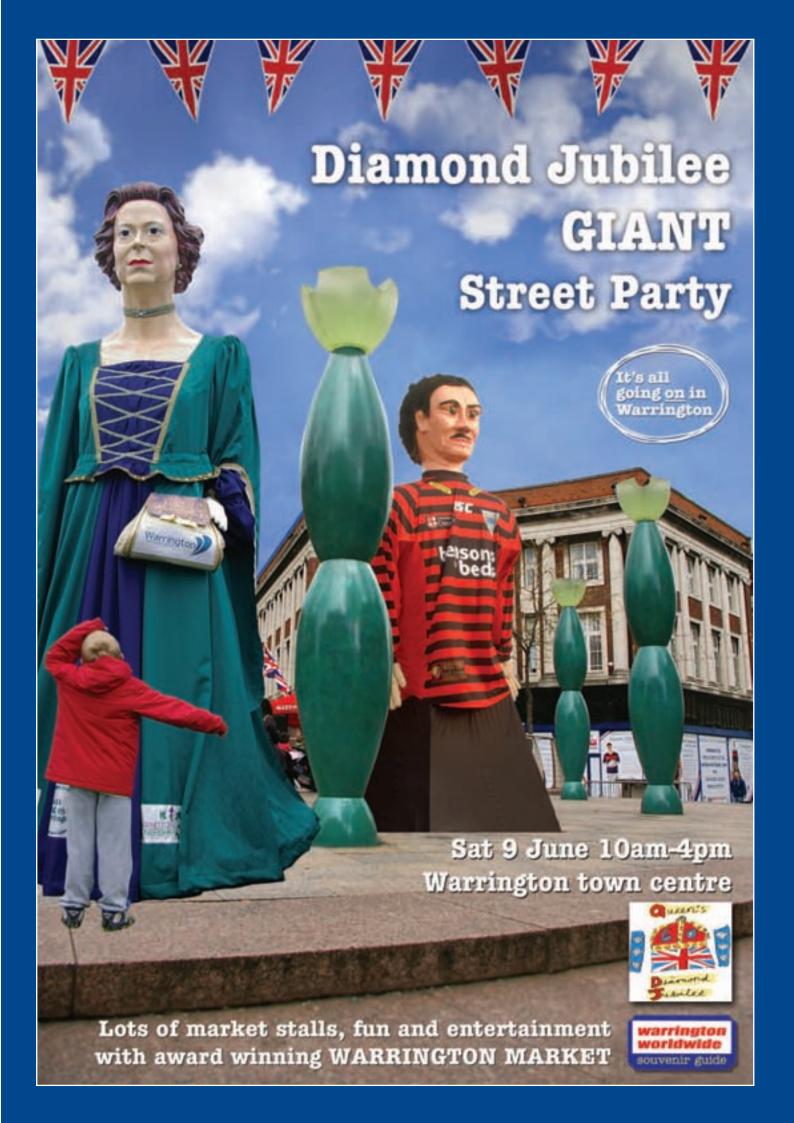
LiveWire libraries online

LIVEWIRE - the new name for Warrington's leisure, library and lifestyle services - offers a round-the-clock online search facility for books, talking books, CDs, DVDs and items in the local studies collection.

Users can search 24 hours a day, seven days a week - and reserve items online. More information is available at www.livewirewarrington.co.uk/libraries



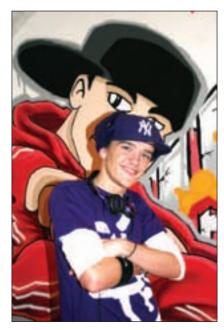
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Dream comes true for George Sampson

WARRINGTON'S dancing TV and film star George Sampson has fulfilled his childhood dream by opening a new dance studio under a railway arch, just a few hundred yards from where he started his dancing career as a youngster street dancing in the town centre, before going on to win Britain's Got Talent.

street dancing in the town centre, before going on to win Britain's Got Talent.
The new dance studio is based under the arches next to Central Station in the town centre, where George, helped by members of his family, provide street dancing lessons.

For an exclusive video interview with George check out the warrington.tv section of the warrington-worldwide.co.uk website.





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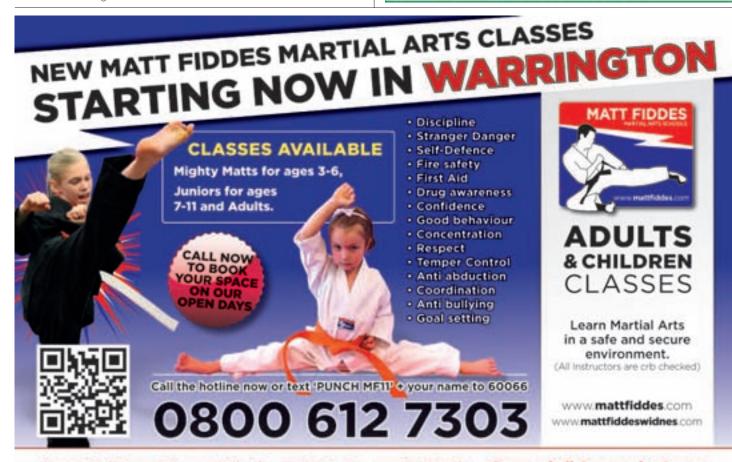
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Padgate Community Centre

Station Road, Padgate, Warrington, WA2 OQS

Grappenhall Community Centre

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Lasting Power of Attorney

Most people are aware of the need to make provision for their loved ones after their death by making a Will but have you ever thought of making provision for your loved ones whilst you are still alive?

Have you considered what will happen to your financial affairs if you suddenly become incapable of managing your own affairs? You may become incapable due to illness or through mental health.

If you were to suffer illness, accident or mental health issues your family could suffer financially as well as emotionally with the after effects. If you are unable to deal with your financial affairs by being able to use your bank accounts pay bills deal with everyday issues then what would be the impact on your family. If you have a sole account the bank will not let anybody deal

with it without a formal Lasting Power of Attorney and even if you have a joint account the bank can freeze the account if they become aware one account of the account holders is incapacitated. It does not matter if you have a spouse and/or children they will not have any rights or powers to deal with things without a Lasting Power of Attorney.

The best solution is to appoint someone as your attorney whilst you are fit and well in a Lasting Power of Attorney. By doing this you give your attorney the power to deal with all your financial affairs on your behalf. You can also obtain a Lasting Power of Attorney to give your attorney the power to deal with your personal welfare once you lose the capacity to communicate your wishes to nursing staff. You can appoint a number of attorneys

depending on your circumstances who may act together or independently.

If you do not make this provision and then become incapable then the Court of Protection will appoint someone to deal with your affairs and the process is expensive very restrictive and very time consuming.

Widdows Mason Solicitors can provide you with the essential advice you need and prepare all the necessary documentation to obtain the Lasting Powers of Attorney. Make an appointment now to discuss your personal circumstances and how a Lasting Power of Attorney will benefit you and your family. First interview will be free so what have you got to lose. Contact Su Wilson on 01925 632267 or email swilson@widdows.co.uk



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Battling baby beats killer bug fwice!

A BATTLING baby who has TWICE bounced back from meningitis has inspired his dad to embark on a charity challenge.

Craig Bennett and his brother Kevin are climbing the three highest peaks in England ,Scotland and Wales over two days in July to help raise awareness and funds for the Meningitis Trust, a charity which helps support families who have been

effected by the potential life threatening disease.

Thankfully, despite being struck down by meningitis twice 10 month old Mason has just been given the all clear on any posible long term brain damage.

Craig aged 41 and his wife Suzanne, thought their son was going to die as he battled meningitis at

Christmas and the couple now want GPs and parents to be more aware of the symptoms.

After three agonizing weeks in hospital Mason was finally allowed home but Craig and Suzanne had to wait for MRI scans to reveal the full extent of brain damage caused by the

devastating illness.

Then again in January Mason was again struck down by the illness but has shown great strength and courage to pull through again. The couple have now been told that scans have revealed no lasting long term brain damage.

Dad Craig, who runs Lowton

in Warrington, "Everybody says to look for a rash but Mason, like many cases of meningitis, had no rash.

"He was very poorly and every time we went to see our GP we were told to give him Calpol and watch his

"Next thing we knew he was struggling to breathe and we rang an ambulance. When we found out it was meningitis it was a terrible shock.

"Mason is very lucky to be alive, particularly after being struck down for a second time and we would not wish any family to go through what we have been through."

The couple have two other children

Jess, 14, and Thomas, five.

As well as the Three Peaks
Challenge they are planning other
fund-raising events for Mason and the Meningitis Trust.

A spokes person for the Meningitis Trust said: "We are constantly reminded how devastating meningitis can be, changing people's lives in an instant. It's a disease that can affect anyone, of any age, at any time, however, babies and children under

recognising the symptoms of meningitis can be difficult, as many are similar to common illnesses, such

"The rash that is commonly associated with meningitis doesn't appear in all cases, so it is vital that



people are aware of the other signs

and symptoms."
Signs and symptoms to look for in babies and toddlers:

- Refusing food or vomitingFretful, dislike being handled
- Drowsy, floppy, unresponsive
 Unusual high-pitched cry, moaning
 Tense, bulging fontanelle (soft spot)
 Neck stiffness, dislike bright lights
 Convulsions/seizures

Signs and symptoms in children and adults:

- Fever
- VomitingDrowsy, difficult to wakeConfusion and irritability
- Severe muscle pain Severe headache
- Neck stiffness
- Dislike bright lights
- Convulsions/seizures

Any one who would like to make a donation to the charity can do so through www.justgiving.com/craig-

Right Royal show at the Museum



An old photo of local celebrations for George V's Silver Jubilee celebrations in 1935.

THE country looks set to turn red, white and blue this summer - in honour of the Queen's Diamond Jubilee and her visit to Warrington to open Orford

To mark the occasion Warrington Museum has put together two exhibitions and an event based on the theme "60 and counting."

Already running is an exhibition to mark the Jubilee, with a rich display of objects, memories, historical events and trivia from the last six decades. It continues until June 16.

Meanwhile "Take us back to the Sixties" runs until June 23 and is a bright and

colourful exhibition of paintings, maps, photographs, interviews and fashion created by a group of young volunteers in association with the Volunteer Centre

in Warrington.
On May 26, "Celebrating Warrington" will be a free event for local history enthusiasts from 10.30am to 3pm - ideal for those wishing to meet a group of like-minded history enthusiasts or for anyone needing assistance with a personal research project. Warrington Library will be joining in the event, together with organisations such as local history groups from Bewsey, Grappenhall, Lymm and Penketh as well as Warrington's family history, archaeological and historical societies and the Cheshire County Record Office.



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Orford Park given Royal seal of approval

THE £30 million Orford Park project in Warrington has been given the Royal Seal of approval after being officially opened by her majesty the Queen, as part of her Diamond Jubilee celebrations.

The new facility has transformed 50 acres of a former landfill site and enhanced the facilities of the existing community park just off Winwick Road.

The project provides the catalyst to provide brand new high quality, accessible and inclusive facilities through the replacement of the aging leisure centre, gym and day centre in the immediate Orford area.

This unique regeneration project is widely regarded as an example of best practice in promoting service delivery, health joint delivery, and wellbeing, sustainable community communities, safetv. lifelong



learning and social and economic regeneration before its construction even began.

This transformational project has been undertaken in partnership with the public, private and voluntary the public, private and voluntar, sectors – over 20 organisations are actively involved in the project including Warrington Borough Council Sport England, NHS actively involved in the project including Warrington Borough Council, Sport England, NHS Warrington, Warrington Wolves, Warrington Town FC and a number of local schools.

Orford Park will provide top-class sport, health, leisure and community facilities including:

sport, reduit, leasted and commonly facilities including:
A community library and ICT suites; community activity and meeting rooms; 14-19 diploma centre; cafe;

swimming pools; health and fitness suite; dance studios; squash courts; sports hall; crèche; three GP practices and a pharmacy.

The outdoor areas will house a

network of walking and cycling paths around the new grass sports pitches; skateboarding and BMX cycle park; upgraded children's play area; floodlit bowling greens and a new

Orford Park is expected to have in excess of two million visitors each

The project is the fundamental element of Warrington council's ambition to establish community hubs with local partners across the local authority area, and is part of a long term strategy that will result in the joining up and transformation of local services. Smaller hubs in and ground the town are planned and the first has already opened in the Woolston area of town. There the 'all under one roof' formula is already a great success less that a year after opening, gym and library memberships have

greatly increased.

The scheme includes a number of features that will establish Orford Park as a unique facility. Health and leisure will be integrated with many other Council services on site, with a major focus on skills development and capacity-building within the community. The planned presence of a commercial retailer on site will also provide significant regeneration and employment opportunities. Earlier this year the council chose Decathlon to fill the retail unit on site and a strong partnership between the council and sports retailer has been formed.

Joe Blott, executive director of neighbourhood and community reignipournood and community services at the council said: "This project is really unique. It is widely regarded as an example of best practice in promoting joint service delivery, health and wellbeing, lifelong learning and second activities." delivery, health and wellbeing, lifelong learning and social and economic regeneration. It has been a long time coming but there is a real buzz around Orford Park now that the countdown to its opening has

begun."

Andy Farrall, executive director of environment and regeneration at the council added: "Ortord Park plays an important part in the council's long term regeneration of the borough; its completion marks the realisation of first phase of our 25 year masterplan to transform the town for residents, businesses and visitors alike.



Motoring

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STARTING at just £19,745 on the road, the all-new Volvo V40 enters the premium hatchback segment with a class-leading set of innovative high-tech features.

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The five door, five seat luxury hatchback is also the only model in its class to fit City Safety as standard and offer Pedestrian Detection, effective at speeds of up to 22mph.

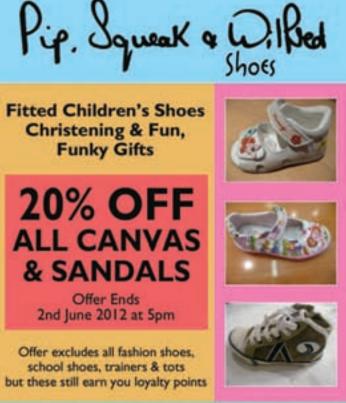
The car will have Bluetooth fitted as standard across the range. Customers are able to place orders now and Volvo expects the first customer cars to be delivered in September.

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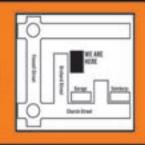






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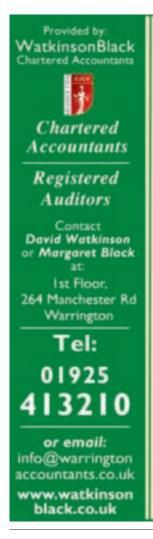












Linancially yours

Increased enquiries into IR35

The tax office have recently stated that they are seeking to increase their enquiries into IR35.

enquiries into IR35.

This is a piece of legislation well known to self employed contractors operating through one-man limited companies, and attempts to identify disguised employment and tax a business accordingly. As part of this new initiative, they have published a twelve point test to determine your risk of being enquired into. The test is to identify enquired into. The test is to identify targets for investigation and not to determine liability under IR35. However, the implications are clear. The tests to be applied and their related scores, are as follows:

 Business premises test - Do you own or rent separate business premises? 10 points if yes)

PII test – Do you need professional indemnity insurance? (2 points if yes)

Efficiency test - In the past two years have you had an opportunity to increase profits with efficiency savings? (10 points if yes)
Assistance test - Do you employ any workers bringing in at least 25% of the yearly turnover? (35 points if yes)
Advertising test - Have you spent

over £1,200 on advertising in the past year, excluding entertainment (2

past year, excluding emendinine (2) points if yes)

• Previous PAYE test - Have you been employed by the same client in the past year under similar working arrangements (Minus 15 points if yes)

• Business plan test - Have you a business plan with a regularly undeted cash flow forecast and a

updated cash flow forecast, and a business bank account separate from your personal account? (1 point if yes to both)

to both)

Repair at own expense test - Would you have to bear the cost of rectifying any mistakes? (4 points if yes)

Client risk test - During the past two years, have you had bad debts of more than 10% of yearly turnover? (10 points if yes)

Billing test - Do you invoice for work carried out before being paid and negotiate payment terms? (2 points if yes)

Right of substitution test - Does the business have the right to send a substitute? (2 points if yes)
Actual substitution test - Has the

business hired anyone in the previous two years to do the work it has taken



David Watkinson and Margaret Black

on? (20 points if yes)

After answering the above questions, if you score 10 or below then the tax office say that you are at a high risk of being investigated. If you score 20 or above then you are a low risk.

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these and other matters, including providing a very cost-effective payroll bureau service. We also offer a very cost effective insurance against the cost of protecting yourself against these tax office fishing trips. If you want to arrange a no-obligation initial meeting on any taxation or accounting matter then please contact us. Please note that these ideas are intended to inform rather than advise and you should always obtain professional advice before taking any action.

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