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Editor's Comment

**WORK is at long last due to get underway on the £1 billion Omega development on the site of the former Burtonwood airbase at Burtonwood.**

While the creation of this business park, over the next 25 to 30 years, will provide a welcome shot in the arm to the local economy, I still have major fears on whether Warrington's road networks will be able to cope under the strain of additional traffic.

We again experienced the traffic chaos which can be caused by bad weather or accidents on the local motorway networks during the recent

high winds. A motorway closure brings Warrington to a complete standstill and the local economy must suffer.

Warrington Borough Transport is working hard to encourage more people to use the buses, with some success, but many of the increased passenger numbers are due to free passes for pensioners.

Major regeneration is planned

over the next 20 years – but if the road networks are not up to it any major company thinking of investing in the town may think twice.

There is nothing worse than sitting in a traffic jam when you are attempting to go about your business and it happens far too often in Warrington!

So lets get the highway strategy in place before it's too late.

'Balanced coverage'

WARRINGTON-WORLDWIDE'S online sister publication, www.warrington-worldwide.co.uk, has been praised for its coverage of recent events in the town arising from alcohol and drug abuse and anti-social behaviour.

The Mayor, Coun Celia Jordan, was speaking at a meeting of the borough council. She referred to the "bad press" Warrington had been receiving from the media generally in the wake of the Garry Newlove murder case and other tragic deaths of young people in the town centre.

Coun Jordan said: "It seems to me it is only *warrington-worldwide* that is giving balanced coverage to the situation."

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Teenage singer bids for top prize

EXCITING young vocalist Lucie Evans could be the next big thing in the music industry after reaching the regional finals of national music competition Live and Unsigned.

Lucie, 14, from Fearnhead, is in with a strong chance of winning the overall competition and claiming the unique chance to record her own album.

Competing in the under 18s category, Lucy has so far beat off bands, other solo artists and group acts to reach the regional final at The Willows in Salford.

Lucie is no stranger to success having taken national contest Festival 4 Stars by storm last year and

scoping first prize.

Rob Evans, Lucie's father said: "She's been singing since the age of seven. In the semi finals she sang a song from the film Dream Girls and managed to get through, although she hasn't quite made her mind up what to sing for the regionals.

"I'm obviously delighted with her and think she can become a star for the future, then I can give up work!"

This recent success has made Lucie somewhat of a local celebrity, as

there is even a video of her performing live on popular broadcasting site YouTube.

Her musical talents aren't just confined to her vocals however, as Lucie is currently studying for her grade three piano exam.

Live and Unsigned is dubbed as the biggest talent competition outside of popular TV show X - Factor.

There are two categories for under 18s and over 18s, with in excess of 10,000 people registering in 2007 for the competition.

In her semi final of 15, Lucie was the youngest competitor there, but her talent and 58 strong group of

supporters, helped her win the judges over.

Lucie said: "I'm really looking forward to the regional finals. I love singing and singing live is great. I would really like to get into the music industry when I finish school."



Actor to become patron of runaways charity

ONE of Britain's best-loved actors is set to become a patron for the Warrington based charity Talk...Don't Walk.

Star of Nil by Mouth, The Firm and more recently, Beowulf, Ray Winstone is lending his support to the campaign run by The Relationship Centre in Warrington.

More than 100,000 young people in England run away from home each year and Talk...Don't Walk helps to reduce the risk of a young person becoming a runaway, or if they have already run away, working towards reducing the risk of repeat running.

Ray agreed to become a patron of the charity after finding out about the work they carry out and the success they have already had.

He commented: "The dedication

and drive shown by the team at Talk...Don't Walk is fantastic. The work they undertake is extremely important, and directly helps to reduce the number of young people running away. I'm proud to be the patron and I'm delighted Blah Blah approached me on behalf of Talk...Don't Walk."

Research carried out found that many young people run away because they are fleeing family conflict, neglect and abuse, with girls aged 14 - 15 being the main group most likely to run away.

Since 2006, a number of charities have campaigned for better support for young runaways.

Currently working within the North West, Talk...Don't Walk will soon be rolling out a toolkit nationally that will allow other areas to work effectively with young runaways and their families through organisations, such as schools and social services across the country.

A spokesperson for Talk...Don't Walk said: "Having a celebrity like Ray Winstone agreeing to become Patron is extremely important to us. It will allow us to promote the work we do across the whole of the UK to organisations and the families of runaways, encouraging young children to understand that it's better to talk about their problems than runaway."

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Hello and welcome to my monthly column...

Hypnotes

by Michael Mahoney

Irritable Bowel Syndrome

MOST people will have come across the initials IBS at some time in their life. These three little letters stand for a big problem named Irritable Bowel Syndrome. So big a problem in fact that it affects up to 1-in-5 of the population at some time in their lives. It is responsible for the massive costs of diagnosis borne by the NHS, as it cannot be self diagnosed and some of its symptoms are similar to more serious conditions.

It can have a huge impact on relationships; it can result in holidays and days out being cancelled. It also reduces the individual's quality of life (QOL) significantly. In addition to the physical symptoms of IBS, which include, but are not limited to, abdominal pain, bloating, constipation, diarrhoea, nausea and urgency to go to the loo, it often brings an emotional aspect which is often ignored or misunderstood.

For many IBS sufferers a simple journey into town can be a nightmare, what happens if the shop doesn't have a toilet, what happens if you're a teacher in front of a class of pupils, a policeman or fireman on call. It is not unusual for confidence and self esteem

to slowly but definitely drain away, sleeping pattern can be affected, memory and concentration are often affected as the constant worry saps away your emotional energies.

IBS does not just affect the sufferer but also family and friends too. No matter how understanding friends and family may be in the beginning, it is often difficult for them to remain supportive and understanding over a period of years. Even though IBS will not kill you, it can significantly affect the sufferer's quality of life and mood.

And yet, there is hope. Because it is well documented that hypnotherapy can help reduce the symptoms of IBS and their frequency. And that isn't just me saying it (although I have for been for many years!) but medical research trials have shown for over 20+ years that hypnosis is a valid treatment option for managing IBS. This has been reinforced by the recently released report of the National Institute of Clinical Evidence (NICE) which states that hypnotherapy should be considered when IBS patients do not respond to drug treatments after 12 months and who develop continuing symptoms. This report affirms that

Michael Mahoney is a Clinical Hypnotherapist. He has research and patient trials experience.



He is a member of the Hypnotherapy Association, an associate of the Primary Care Society for Gastroenterology, he is a non NHS service provider and Private Health Service Provider

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minalineservices@aol.com

progress is being made in the wider acknowledgment of hypnotherapy and its benefits in this area. It has been my experience that hypnotherapy can be considered a first line of treatment in concert with your medical professionals care. By addressing the braingut component of the condition early on, the patient may be able to avoid months and even years of pain and discomfort, and even help to minimise or eliminate the severity and frequency of the symptoms. As April is IBS Awareness month, the IBS Audio Program 100 which is a home use audio program specifically developed for IBS, is discounted until the end of April.

Go to my site www.healthyaudio.com and at the checkout enter the word **hypnotes** to receive a

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Ex Tablers celebrate 40 years

FORMER members of Warrington Roundtable celebrated the 40th anniversary of their ex-tablers organisation with a special dinner at Warrington Golf Club.

Special guest at the event was one of Warrington's 'famous sons' Tim Firth (pictured bottom right), script writer of 'The Preston Front' and 'Calendar Girls'. Tim, who still lives close to Warrington at Helsby, reflected on his memories of his home town and how he prefers living in the country compared to the big city.



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Spotlight on Business

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Donaldson said: "It is a proud moment to win this award, which recognises the hard work and dedication of all the BiG Storage team, and their commitment to providing our customers with high quality storage space, good value, and the best service possible."

"With the support of our team and our growing base of customers, we can hopefully continue to expand rapidly, opening two to three further facilities each year around the North West, particularly targeting the Cheshire and Greater Manchester area."

Within two years, BiG Storage, based on Manchester Road, Warrington, has become one of the 10 largest self-storage and business centre operators in the UK, providing 3000 storage and business space units.

Now in its second year, The High Sheriff's Award for Enterprise recognises outstanding achievement by local private sector companies in Cheshire, Halton and Warrington,

with a turnover of at least £1 million and between 20 and 250 employees.

Professor Des Hickie, Dean of Business and Management at the university said: "BiG Storage is a very well deserved winner. We look forward to welcoming its nominated manager onto our MBA course, where we will help them take the latest management ideas and new thinking back into the business."

The High Sheriff of Cheshire, Nicholas Bromley-Davenport, added: "Following on from the success of last year's award, I was happy to approve and endorse the event for my year in office. I am delighted by the support shown from all of our prestigious sponsors, who exemplify the quality of enterprise and entrepreneurship in our area."

Sponsors of the High Sheriff's Award included The North West Development Agency, Cheshire and Warrington Economic Alliance, and Warrington Borough Council.



Left to right, are university vice-chancellor, Professor Tim Wheeler; BiG Storage partner Andrew Donaldson; the Duke of Westminster, and former High Sheriff of Cheshire and Founder of the Award, David Briggs.

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"What's On"

Ricky Tomlinson

Saturday, 5 April

Lucy Porter's Love-in

Saturday, 26 April

Barbara Dickson

Friday, 2 May

The Comedy Store

Saturday, 3 May

Jools Holland

Thursday, 15 May

Dave Spikey

Saturday, 17 May

John Bishop

Saturday, 24 May

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Pyramid And Parr Hall Spring Into Summer!

Now that summer is just a hop, skip and a jump away, Pyramid and Parr Hall have a selection of fresh, entertaining treats for your delectation. The only difficulty you'll have is in choosing from the rich drama, rib-tickling comedy and mouth-watering music events. To help you out, we've cherry-picked some highlights over the next few months - the rest is up to you!

Saturday 26 April 8pm - Lucy Porter's Love-In

Fresh from the Fringe is the mischievous Miss Lucy Porter with 'Lucy Porter's Love-In', which takes a hilarious look at all the aspects of that crazy little thing called love. This self-confessed love addict is going cold turkey just long enough to try and wrest control of her life back from her misty-eyed impulses and look at the different types of love and romance. £12/£10



Friday 2 May 8pm - Barbara Dickson

Next up is one of the most popular and versatile actresses and singers in British musical theatre, Barbara Dickson. As a multi-million selling recording artist with an equally impressive Olivier award-winning acting career, Barbara Dickson OBE has firmly established herself as one of the most enduring and popular



entertainers in Britain today. £20

Saturday 3 May 7.30pm - The Comedy Store

As ever, this show is a hot favourite and regularly sells-out, so make sure you book soon! £12/£10



Thursday 15 May 8pm - Jools Holland

Master of the ivories Jools Holland and His Rhythm and Blues Band make their annual return to Parr Hall. Ever a formidable live performer, Jools is equally well known for his prolific recording career and hugely popular television programme. This year his guests include Gilson Lavis, Ruby Turner and Louise Marshall. £28.50



Saturday 17 May 8pm - Dave Spikey

Prepare for laughter in the aisles, as Pyramid and Parr Hall favourite, Dave Spikey, brings his 'The Best Medicine Tour' for one night only. In this chortle-inducing show he'll



be tackling the old adage 'Laughter is the Best Medicine' - his dad's favourite saying; which explains why when Dave was six, he nearly died with diphtheria. £17.50/£16

Saturday 24 May 8pm - John Bishop's 'Stick Your Job Up Your A**'**

The show is all about the joys of telling your boss to do something that most people might find impossible. Would you leave a successful career to try and make people laugh for a living? John did. All in the name of 'comedy'. £12/£10



If all that leaves you wanting more, make sure you check the website at www.pyramidparrhall.com, which is regularly updated with last-minute news, events, and entertainment. If you'd prefer Pyramid and Parr Hall to send news directly to your inbox, simply sign-up to the FREE e-newsletter on the welcome page of the website. To book tickets or for further information call 01925 442345.

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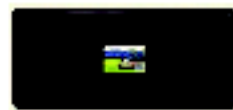
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'High rollers' wanted for casino night

WARRINGTON Disability Partnership is calling on all "high rollers" in the town to be a part of their casino night in May.

This fundraising event will bring a little bit of Las Vegas to the town as well as increasing the partnership's funds.

With a casino, charity auction, hot buffet and disco, it is sure to be a fun event for all.

The casino night takes place on May 16, at the Village Hotel, from 7.30pm and is a black tie event.

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— Advertiser's announcement —

Town centre transformed with new ladies boutique

WARRINGTON town centre has been transformed (yet again!), this time with the arrival of stylish ladies' independent boutique, Pretty Flamingo.

Pretty Flamingo has been launched by the co-founder of Stockton Heath's ultra successful, Ibizaar. Inspired by BIBA the boutique/institution that formed the epicentre of the fashion revolution that rocked the 1960s and 70s, Pretty Flamingo is a fantastical haven of fashion ideas and inspiration for the women of Warrington and beyond!

Tired of feeling alienated from the young and unforgiving teen fashions of the majority of the high street chains, fashion-conscious mother of two, Joanna has decided to take matters into her own hands.

She believes there is a huge group

of discerning women out there, who just like herself have swapped clubbing for schoolruns and pubs for PTA yet still want to look good and are not yet ready for the 'twinsset and pearls.'

Joanna said: "Before Pretty Flamingo, Warrington women like myself were caught in the retail gulf between inappropriate 'flash in the pan' young trends and the depressing and boring clothes designed for the 'more mature lady. After all we want to be classy not brassy!

"Pretty Flamingo firmly believes that sophisticated women whether they be thirty-something, a forever forty or a flirty fifty require an edited wardrobe

that has good quality, well cut and well designed clothes rather than a cluttered closet crammed with easy throwaway looks that wont survive one wash."

That's why Pretty Flamingo have rolled up their sleeves to do the ground work for the women of Warrington. Cherry picking an amazing selection of labels from across Europe including Avoca Anthology, Sandwich, Dhery, Mais il est ou le soleil, Nancy Mac and many more... Pretty Flamingo steers away from the predictability of the high street malls to introduce an eclectic mix of fresh, well thought-out, exciting womenswear

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Model helps business celebrate first anniversary



GRAPPENHALL based lingerie and swimwear shop La Bonita is celebrating its first anniversary on April 19.

To mark the occasion the shop is holding a special 1st birthday event and is now stocking the exclusive range of YEWO (Young Exclusive Women Only) lingerie, modelled by 21-year-old local model Nicola Bayling.

Nicola was involved in a special photoshoot by Warrington based photographer Nick Giles, who has been helping put the town on the map with the model industry.

She will be hoping to follow in the footsteps of supermodel Caprice, who has a range of lingerie in stock at La Bonita.

Meanwhile the first 12 months have flown by at Knutsford Road based La Bonita where proprietor Linda Atkinson (pictured right) has been delighted with the feedback from her many customers over the past year.

The business is already attracting worldwide sales thanks to its website www.labonitaonline.com with clients all over the UK, Poland, Sweden and Singapore.

They stock a variety of exclusive lines which can be bought online and are the only independent outlet in the area stocking the lingerie designed and modelled by international model Caprice.

Linda has been keen to support local charities including Breast Cancer Care by stocking



Charnos Hosiery and she also has collections for the Warrington branch of multiple sclerosis.

During the past 12 months she has doubled her portfolio of brands due to customer demand and offers a free gift wrap service which is particularly popular with the men.

As well as lingerie La Bonita stocks swimwear for men and women catering for all sizes.

Linda said: "Customers have commented on the amount of stock we carry and say it is like walking into a sweetie shop!"

"We carry a full range of products to suit all tastes and pockets," she added.

She has recently returned from the major Harrogate Lingerie and Swimwear exhibition where she met Caprice, who has agreed to provide an exclusive interview in a future edition of *warrington-worldwide* – watch this space!

It is fair to say that Linda's expectations from the past 12 months have been well exceeded.

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Celebrity hairdresser drops in at Johnsons

CELEBRITY hairdresser and star of BBC's 'Celebrity Scissorhands', Lee Stafford, visited Warrington to join the staff at Johnsons Hairdressing for a day.

Firmly aware of the importance of keeping in touch with the country's top hairdressers to ensure his team get the chance to learn from the best – owner Anton Johnson spent a day with Lee, as the celebrity stylist showed the staff all sorts of new techniques and shared his styling tips and expertise.

Previously 'Men's British Hairdresser of the Year' and 'Most Influential Hairdresser of the Year' Lee is one of Britain's most innovative and in-demand hairdressers. He has become an international leader in the industry, not only by doing fantastic hair, but also by creating new cutting techniques and beautiful collections designing state of the art salons and creating award-winning product ranges.

Anton is a third generation hairdresser and after setting up his salons he launched his own national franchise "Juniors@Johnsons" targeting the lucrative youth market.

He said: "Being one of Redken's key accounts in the UK brought us the chance to work with Lee for the day. Although his career is diverse it's his true dedication to constantly adapt and grow creatively which shines through. His day at the salon gave all of us, not least the younger members of staff, inspiration and added motivation to move forward in the hairdressing industry."

"It's hugely important to me to be able to give my team the opportunity to learn from the best stylists in the business, which in turn keeps the salons fresh, exciting and at the cutting edge of the hairdressing industry".



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Intergenerational choir

YOUNGSTERS from Callands County Primary School and residents at the Woodleigh Residential Home have been proving age is no barrier when it comes to music.

Around 50 youngsters from the year six classes at the school have teamed up with residents at the home to form a very unique intergenerational choir.

Weeks of practice for the choir culminated in a special performance at the Pyramid Centre in front of Deputy Mayor Graham Welbourne.

Head Teacher at the school, Kate Hamilton said: "It has been a truly fantastic experience for everyone involved and the children have enjoyed it so much.

"I think it important to get the young ones involved in events of this nature, it lets them interact with people a lot older than them and have fun in the process."

Guests at the Pyramid Centre were also treated to a unique performance of "You are my sunshine" by Woodleigh resident Archie on his harmonica.

Other traditional songs were not part of the performance list for the choir however, as modern hits from Kaiser Chiefs - Ruby and Take That's Shine and Rule The World, featured prominently.

Year six teacher, Lyn Parmenter commented: "There is a saying that says music brings us together and that is true of the choir. There have been lots of special moments and it's been a privilege to be part of it.

"It has been a definite success and I think we will continue the special relationship we have Woodleigh."

Alex Furness, aged 10, said: "I think it's made the old people feel alive again and shown them that young people aren't just thugs and muggers."



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Archaeologist succeeds where Time Team failed



A LOCAL historian believes he has proved 'beyond all doubt' that a quaint Cheshire village was once home to the Roman army after his latest discoveries.

Archaeologist and Presenter James Balme has succeeded with his trusty metal detector where Time Team failed, after uncovering rare silver Roman coins used to pay soldiers.

He has been researching and studying the area around Lymm and Warburton for 10 years and several excavations have taken place during that time to try to locate evidence of

military activity in the area. Eighteen months ago James was joined by Tony Robinson and the Time Team crew, who spent three days excavating a field in the village to finally try and solve the mystery.

But the programme concluded there was no evidence of Roman military activity and that the Roman finds on the field made by James, were the result of muck spreading and tipping from a nearby Roman farmstead.

James from Woolston, Warrington, said: "When Time Team carried out a three day dig they were of the opinion that no military activity had taken place and that a few finds and a bit of wishful thinking was the obvious answer although they agreed that farming on the land had been carried out since Roman times.

At the time he feared Time Team may have been excavating the wrong area.

"Although I was disappointed I was sure that the coinage and other finds were clearly Roman military in their nature. This led to some people doubting my theories, which at the

time was understandable.

"I decided that the mystery had not been solved and after taking a 12 month break I decided to launch phase two of my research to answer the question. I have now located a new area in the village that is producing finds and coinage that is clearly military in nature."

His latest finds include two stunning silver coins known as denarii which he discovered with a metal detector. These coins were brought over to Britain to pay the soldiers. The 1st coin is an issue of 109-108BC. The coin has the head of Roma on the obverse (legend [ROMA]), with Victory in a biga on the reverse (legend L FLAMINI CILO - the moneyer, Lucius Flaminius Chilo).

The second denarius is in poor condition and it seems to show a female with a quadriga on the reverse. This would have been a common combination between the mid-second century BC and the early-first century.

James said: "I'm delighted the area is still producing Roman material, as I was quite certain that there must have been something happening in the vicinity. These new discoveries are helping archaeologists understand more about Roman military activity in this area of the North West."



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Are you in the Market for Business?

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Warrington Market is about to launch a second phase of the 'Market Enterprise Programme' to help make your dreams a reality.

Aerial view of Warrington Market



Following the success of the first programme in 2006, which has helped many budding entrepreneurs to launch and sustain businesses at Warrington Market, the council has decided to run a similar scheme offering even more exciting opportunities to start-up businesses.

The Programme, in partnership with Cheshire and Warrington Business Venture, offers:
*Rental Subsidies • Free Business Training • Free Dedicated Business Mentor
 Free Business Signage • Assistance with Business Planning
 Potential for candidates to attain an NVQ Level 3*

An open day is being held in the rear hall of the Market on the 18 April between 10.30am and 3.30pm. Market bosses and traders will be on hand to answer any questions about the many benefits and rewards of joining the programme and running your own business at the market.

Even if your circumstances mean that you don't qualify for the Enterprise Programme, there's still plenty of other ways you could start your own venture at Warrington Market.

For further information, please contact Paul Blaney at Warrington Retail Market on 01925 632571 or by email on pblaney@warrington.gov.uk.

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Drama group for disabled seeks sponsors

A WARRINGTON-based drama group for people with disabilities is aiming high this year.

Stars Drama, from Orford, is hoping to get a sponsor to help fund the ongoing service it provides.

Last year, the group won a grant of £2,565 from the National Lottery to fund new professional sound equipment. This year, Warrington Arts Council has awarded a grant of £750 to help with the next production - Frankenstein.

Members will be producing all the artwork, scenery and costumes with the help and guidance of volunteers.

They will also be taught how to use light and sound equipment so they can make their productions as realistic as possible.

Face painter Jessica Devon is the latest volunteer to join the group and she spends time helping teach members to do different face designs and make-up in the hope they can gain new skills and confidence to do face painting independently on other members.

Drama group Codys has also helped out with donations of materials, costumes, etc.

Anyone would like to sponsor Stars or just get involved with the group should contact Fiona on 07957198957 after 3pm, Sue on 07799862148 after 4pm or Nina on 07763639014 anytime.

Advertiser's announcement

The science of beauty

CHESHIRE Skin Clinic has introduced new treatments for 2008! As well as featuring in several national news articles, Dr Angie Winnington has been busy over the Christmas and New Year periods introducing sports and muscular injuries to local sports clubs in the Warrington area as well as promoting the newest and most advanced treatments for non-surgical face lifts, vascular removal (i.e. thread veins and rosacea), a wide range of chemical peels and treatments for scars and stretch marks, hair removal, acne and pigmentation. Dr Winnington will now also be offering training courses for several techniques at the clinic (please book in for you and your staff via email to angie@cheshireskinclinic.com) and is looking at taking on a student from a local college to be trained up in anatomy, physiology and a range of advanced treatments.

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Basketball is back in town!

A PROFESSIONAL basketball team is putting the sport back on the map in Warrington by taking part in a borough wide schools initiative.



BiG Storage Cheshire Jets have launched their 'Hoops 4 Health' initiative, which aims to promote the sport as well as giving children a platform for healthy living.

Delivered by professional players from the team, 18 of the town's schools have benefited from the programme, meaning 1,500 children have already experienced the re-birth of the sport across the borough.

Key areas such as healthy eating, not smoking, the importance of alcohol management and the integration of physical activity, all

BiG Storage owner Andrew Donaldson (R) with Chester jets star Andrew Jayson.

Advertiser's announcement

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A quote from Vianna's web site (www.thetahealing.com): 'All the doctors have been unable to explain these changes and they are completely amazed that this terminal disease has simply disappeared. I know the reason and now the rest of the world can share in my knowledge. Vianna is truly a miracle maker. — Sally.'

Anne and Jack Stewart have been to Italy to train as Theta teachers. Vianna runs courses all over the world. But you can learn Theta in Frodsham! One long weekend will enable you to transform your own life and those who may come to you for help.

feature in the Hoops 4 Health scheme. All lessons within the programme have been tailored to the requirements of the National Curriculum and will be delivered by fully qualified community coaches as well as the players. Owner of Warrington based company BiG Storage, Andrew Donaldson, who has backed the basketball team to the tune of £250,000 over the next four years, commented: 'The healthy living messages being delivered through contemporary and accessible role models is so important to the future well being of the youngsters of the community. What better way to present this than through a sport that is fun, popular and something that the children can participate in.'

The company, situated on Manchester Road, are the official sponsors of the Chester based basketball side which has plans to play matches in Warrington at Birchwood.

Partnership Development Manager for Warrington, Paula Pearson, added: 'This is a really positive move for the Warrington schools who are taking part. Hoops 4 Health is an excellent way to help achieve being healthy, one of the main outcomes of the Government Green Paper Every Child Matters. It is suitable for boys and girls to participate together, which in itself is a good thing as it encourages respect between the sexes at an early age and integrates them into a shared activity. We are really looking forward to working with the Jets who are really enthusiastic about the aims of the programme.'

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Financially yours

By David Watkinson

What the Budget means

The budget has now passed and we now know the final position for the tax year beginning in April 2008.

First the good news! The Chancellor announced that his income shifting legislation will be postponed for 12 months to April 2009. This is to allow extra consultation on what has turned out to be one of the more controversial proposals in recent years, even resulting in an 'Early Day Motion' against the proposals being held down in Parliament. Let us hope that pressure is maintained against these measures.

Not such good news unfortunately on the Capital Gains front. It is now confirmed that indexation and taper reliefs will both be abolished and a new flat rate of 18% will be introduced subject to the new Entrepreneurs Relief that we covered previously. This will reduce the Capital Gains Tax payable by property and other speculators, whilst at the same time increasing substantially the tax payable by small businesses as well as re-introducing for the first time in many years the concept of 'Inflation Traps'.

On the personal tax front there has been no major changes from those measures previously announced in the November

statement, except that the Chancellor has increased the increase in the National Insurance upper earnings limit. In November he said that this increase would be £3,900. He has now decided, however, that it is to be £5,200 which means that National Insurance will be payable on earnings up to £40,400.

There has also been no movement on the proposed horrendous tax increases being imposed on pensioners and other people on low income of up to 76%. This has been caused by the abolition of the 10% starting rate of income tax. Although the basic rate has been reduced to 20% these two changes together mean that unless you have income in excess of £16,000 per annum then you will pay more tax, as the following table illustrates.

| Income | 2007/08 | 2008/09 | Increase |
|--------|---------|---------|----------|
| 6000 | 77.5 | 113 | 36% |
| 7000 | 177.5 | 313 | 76% |
| 8000 | 342.9 | 513 | 50% |
| 10000 | 782.9 | 913 | 17% |
| 12000 | 1222.9 | 1313 | 7% |
| 14000 | 1662.9 | 1713 | 3% |
| 15000 | 1882.9 | 1913 | 2% |
| 16000 | 2102.9 | 2113 | 0% |



David Watkinson and Margaret Black

Some cynics might suggest that MPs need to pay for their luxury lifestyles somehow!

On the Corporation Tax front, the Chancellor has again attacked small business. Corporation Tax has increased more than 10% in two years, from 18% in 2006/7 to 20% in 2008/9. However, the small businessman can take some comfort from the knowledge that if he can retain enough post-tax profits to support growth then since he earns profits of more than £1,500,000 then his tax will fall from 30% to 26%. Some comfort!

Please note that these tables are intended to inform rather than advise and you should always obtain professional advice before taking any action.

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