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# Editor's Comment



THE Oughtrington Luncheon Club are back in their home – at the new look Oughtrington Community Centre which is taking shape – and it is testimony to the great team work of a dedicated bunch of volunteers.

## Golf day will support air ambulance

THE Lady Captain's charity golf day at Lymm Golf Club takes place on Wednesday, September 24 and will this year be in aid of the North West Air Ámbulance.

Sheila Sanderson, of Oughtrington, is this year's Lady Captain and hopes to raise at least £2,000 for the charity, which relies entirely on donations to

keep flying. She said: "I decided to choose the air ambulance for my charity because it performs a hugely valuable service

across the region.

"If we did have a medical emergency of some kind on the golf course, it may be that a helicopter would be best able to deal with it. So I

would be best able to deal with it. So I am hoping everyone will support the charity golf day."

The tournament starts at around 8.30am and will last most of the day. Sheila hopes to be able to present a cheque to North West Air Ambulance in the evenina.

Congratulations to all those who have been involved in this ongoing \$250,000 project to breathe new life into the project to breather new life into the old school building.

I am sure it has been a sometimes difficult journey and more work and funds are still required – but the very fact the luncheon club are now back in the building, with new kitchen and dining facilities is a great boost to the

local community.

I know from my own experiences, having dined with the luncheon club at special occasions over the years, what a great community resource the centre and the luncheon club are

-long may it continue. WellI done to all those involved, especially Joyce Penlington and her team of volunteers who help serve up a treat for local pensioners in the area week in and week out all year round.

For some this is a lifeline with the outside world.

### Christmas

Meanwhile there are just two more issues of Lymm Life before Christmas and the Dickensian Festival – where

did the year go?
I would like to make an appeal to local organisations and villagers to show their support for this annual event which provides a major boost for traders in the village, who no doubt have been suffering from the "credit crunch



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WHITE FILLINGS TOOTH WHITENING HYGIENIST IMPLANTS VENEERS

# Second time lucky for the Farm!

After having to cancel their June Open Day, local children's charity The Children's Adventure Farm Trust had their fingers crossed hoping the weather would be kind and they could go ahead with this hugely popular annual event.

...and their prayers were answered sort of! The gales that forced them to cancel the June event stayed away, and despite the rain clouds which hovered overhead they enjoyed a fantastic event with over 800 of their

A staggering £4,500 was raised thanks to the hard work of an army of 80 volunteers! Explorer Scouts from Warrington, staff from Tesco Express and members of Altrincham Rotary were amongst the workers.

The charity provides holidays and daytrips to over 3,000 disabled and disadvantaged children from all over the North West every year, and each year opens its doors to the public for a day of fun for all the family.

The day's attractions were many, and included a dazzling display by



Tombola volunteers from left, Bea Kershaw and Edith Fordham handover a prize to 10 year old Thomas Selby.

the H & M Dog Display Show, routines by Rising Stars Cheerleaders and live music courtesy of West Point Duo. Children's Entertainer, Pastiche, crowds entertained throughout the event.

An 'It's a Knockout' style Mascot race had the visitors in stitches when Manchester United's Fred the Red went head to head with Warrington Wolves' Wolfie, Stockport County's Fide and Animo, and of course the charity's very own Bobby! Fred the Red came out on top, even having time to show off with some stretching exercises whilst the others finished the

Guests were kept well-fed with a delicious BBQ, Fresh Curry and sandwiches donated by Subway. There was also a Bar serving locally brewed ales, plus a tea marquee complete with mouthwest in here. complete with mouth-watering homemade cakes.

Tours of the Adventure Farm proved popular, as did the many side stalls and games - including the traditional Coconut Shy, Hook-a-duck and a Football Penalty Shoot-out! Children were also thrilled with not one but two bouncy castles, face-painting and a special 'Under 5's' corner for the little

Events Fundraiser, Pippa Watton, was thrilled with the outcome: "We were really concerned about this event, after having the cancel the previous Open Day in June. We needn't have worried though, our supporters turned out in their hundreds to support our work – and to have a fabulous day. Even the dark rain clouds could do nothing to dampen their enthusiasm, it was lovely to see

so many happy smiling faces."
For more information about The
Adventure Farm, and any future
events visit their website www.caft.co.uk, or fundraising office on 01565 830 053.



Play-worker Caz Fielding adds the finishing touches to the pirate face painting on Jack Cox aged 6.



Children's Adventure Farm Trust volunteer Diane Halsey hands out balloons to left, Natty Knowles and Lucy Brailey both aged 10.

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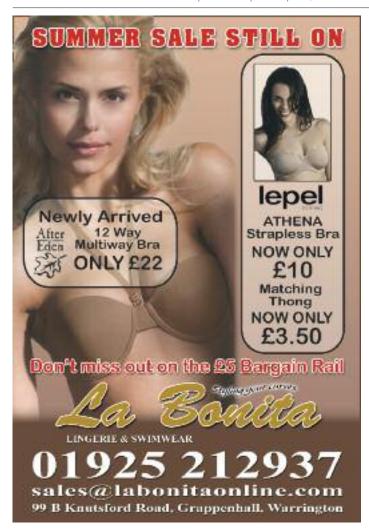


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#### October 13

IYMM & DISTRICT LOCAL HISTORY SOCIETY Paul Cook – The History of Ness Gardens Village Hall, Pepper Street, 8pm Visitors £2 – including tea/coffee & biscuits Further information from the secretary on 753309

#### October 14

LYMM PARISH COUNCIL Lymm Parish Hall, 7.30pm Members of the public welcome

LYMM LIONS GROUP Meet: Bridgewater Club, Lymm 1st and 3rd Tuesdays of the month. 8pm Contact: 0845 833 5729

LYMM THURSDAY EVENING BRIDGE CLUB Lymm Village Hall every Thursday 7pm

MAPLE LODGE ART GROUP Meet each Wednesday 9.30am - 12.30pm Maple Lodge Guide HQ, Pepper St, Lymm Details: 01925 755126

MARKET LUNCHES Eagle Brow Methodist Church 3rd Thursday in the month Light lunches 12 noon till 2pm All proceeds to Opening Doors Charity, Warrington

LYMM SCOTTISH COUNTRY DANCE CLUB St Mary's Church Hall Alternate Saturdays (Sept to May) 7.30pm Details: 753853

LYMM YC Bridgewater Street Monday 7 - 9.30pm Details: 754114

Non-profit making community organisations who would like to feature in the What's On Column

01925 631592

# Mini Olympics fun on the farm

A MINI-Olympics festival was the highlight of an exciting sports week near Lymm which which drew in children from Warrington, Trafford, Vale Royal and the rest of Cheshire.

The event was at the Children's Adventure Farm at Millington.

All the children taking part had some form of physical or mental disability and all participated in the various events throughout the week.

various events throughout the week.

They were also treated to a visit from Patron of the farm Sarah Storey and her husband Barney, who both traveled to Beijing for the Paralympic Games.

Throughout the week the children worked in four teams, GB, France, Spain and Germany, to create their own team flags and t-shirts.

The Olympic festival started as normal with an opening ceremony before the children participated in a packed programme of events to suit their abilities. These included ball throwing and catching, obstacle races and relays.

and relays.

Jenny O'Hare, sports co-ordinator at the Adventure Farm, said: "It was a



fantastic end to an amazing week. The kids had a ball. They all got really into the spirit of the Games, proudly holding aloft their team flags and doing their very best in the events.

"This sort of Festival proves that all children, regardless of physical limitations, developmental problems or social background can work as a team, have fun and shine."

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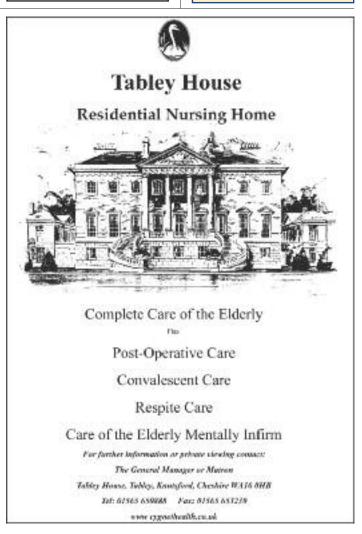
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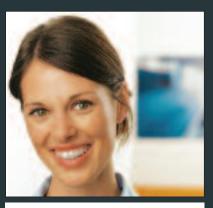
Dr Beatrice Luciola provides the full range of orthodontic treatment including Invisalign, tooth coloured and traditional fixed braces.

After qualifying as a dentist at Manchester University, Beatrice went on to train for a further 3 years in the speciality of Orthodontics at Manchester University. She holds an MSc in Orthodontics and a Membership at the Royal College of Surgeons in Edinburgh (MOrth RCSEd)

There is no waiting time before starting treatment, compared to many people who have been on 2 year waiting lists for NHS orthodontics in the past.

For a limited period, Beatrice is offering free initial consultations to discuss your own needs and give you an idea of what can be achieved in perfecting your smile.

achieved in perfecting your smile. We also offer interest free credit



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facilities for orthodontics which start from just £150 per month, which mean that a perfect smile is easier than ever to achieve.

For further information please ask any of our receptionists about straightening teeth.

## **BDA Good Practice**

FANTASTIC news! We have just been accredited as a British Dental Association Good Practice.

This is the result of over a year's hard work by the team here at Dental Solutions, spearheaded by Nicola Corless, our Practice Manager.

Nicola commented 'I'm delighted that we are the first practice in Lymm to be awarded this honour.

We have met some very strict criteria and guidelines set out by the BDA to provide top quality dental care to our patients.

We also met their targets for professional development and training for the team. It means that we can remain at the forefront of developments in dentistry.'

## **New Web Site**

YES we have had our own makeover – see the difference!

Our new web site includes who to contact in the event of a dental problem, the very latest information on the team and the treatments that are now available at the practice.

We also have a news section, together with the latest special offers at the practice and a 'Smile Gallery' which shows some before and after pictures from some recent patient smile makeovers.

Please visit our web site www.gavin ismydentist.com and save to your favourites folder!





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# Lymm Veterinary Surgery

10 Booths Hill Road, Lymm

Tel: 01925 752721

## Clean teeth for our pets

We all love to take care of our own teeth and are proud of our pearly white smiles but many of our pets' teeth are crying out for a clean up.

The soft pet food that we feed our animals can cause a build up of bacteria rich plaque on the surface of our pets' teeth which leads to inflammation of the gums which can directly affect the attachment between the tooth and the gum. When this attachment becomes weakend by inflammation the affected tooth can become loose and even fall out. Inflammation of the gums also lead to abscess borne infection of the kidneys, heart, lungs and liver.

Classic signs of oral problems in our pets are: bad breath, excessive salivation, bleeding gums, inappetance or chewing on one side of the mouth, pawing at the face and sometimes facial swelling.

There are many forms of preventive dental care available for our pets such as tooth brushes and dental chews but most of the time, animals need to be given a short general anaesthetic and have the tartart removed from their teeth. The tartar removal is



done with an ultrasonic scaler. The teeth are then polished with an electric polisher - like a dental hygienist would use.

Lymm Veterinary Surgery has brand new state of the art dental

facilities on site so if you are concerned about your pets' oral health and would like a dental check up, pop them down to the surgery and we'll take a look and get to the bottom of the problem.



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## WI ladies lose their heads over Henry VIII

MEMBERS of Heatley WI were honoured to have a visit from 'Henry VIII' at their meeting.

President Ann Oakes welcomed the guest, together with members from Lymm Jubilee – who they have a joint meeting with each year. His Royal Highness enjoyed being

in the company of so many women and told them about life during his era when the average age of women was just 30, and for men 50. He said half of all babies died before the age of eight, so children were not named until then. Members heard about his

Members heard about his wheeling and dealing with the Court and Church and tales of his many wives and girlfriends. He told them he always got his own way by 'fair means or foul'.

The King, dressed in magnificent robes, then told women the correct

way to cook a globe artichoke.

He judged the competition for an old fashioned remedy - won by Carol Turner. He is donating his fee to Derrian House, a children's hospice in Lancashire.

Ann Oakes announced forthcoming outings and plans for Christmas. Dorothy Wesby received a plant to mark her Diamond We'dding anniversary.

Volunteers were sought for the

committee next year.

President of Lymm Jubilee WI
Christine Clark thanked those who had helped with Lymm Rushbearing. She announced a visit to The Peace Centre on October 8 and a shopping trip to Chester On November 26.



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# Dental practice ensures healthy diet for ducks!

AS part of the campaign to improve the diet of the ducks that live on the Bridgewater canal outside his practice and with support and advice from the RSPB, the team at Dental Solutions hand all their younger and young at heart patients a cone of specially formulated food discs to feed the ducks at the canal. Explained John Goodier who represents the RSPB in Lymm, 'It's important for

Explained John Goodler Who represents the RSTB in Lymm, it's important for children to appreciate and enjoy the local wildlife of the village. Too much bread isn't good for the health of the ducks, so the practice team have worked on giving the ducks and swans a healthy food alternative which they love.'

Gavin Laidlaw from Dental Solutions added: "Children have another reason to enjoy coming to the practice for their check ups. Feeding the ducks is a great way to finish off their visit to us. Going to the dentist should be a positive varieties of the children." experience for children.

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# Climate change conference

CLIMATE change and ways of taking practical action to combat it will be explored at an event in Lymm.

Organised by Churches Together Lymm and district, the event will be at Lymm High School on Sunday, October 12 at 6.30pm.

Keynote speaker will be the Rev Dr David Pickering, chairman of Operation

Neyhote speaker will be the key Dr David Pickering, chairman or Operation Noah, which campaigns on issues of ecology and the environment. General theme of the evening will be 'God's Creation – who cares?' Operation Noah has organised a number of initiatives to try and combat climate change. These include persuading people to pledge not to fly for 12 months, organising fasting and campaigning to more trees to be planted. The evening will include an exhibition, information, film, drama, music, and

## Holistic festival

A HOLISTIC festival is to be held at Lymm Village Hall, in Pepper Street, in aid of the charity Forest of Dreams.

The event takes place on November 9 and will feature professional therapists giving up their time and energy for the charity, which raised money for the conservation and money for the conservation and reforestation of a Site of Special Scientific Interest in mid-Wales.

Available on the day will be

aromatheraphy massage, shiatsu, reflexology, hand and foot massage, facials, hopi ear candles, crystal healing, colour therapy, Indian head massage, reiki, tarot and spiritual reading, various stalls, teas, cakes and much more.

Further details are available from organiser Elaine Bennet who can be emailed at ebennetuk@yahoo.co.uk





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## Vive Cosmetic Clinic: Top 10 For Men

With increasingly busy lifestyles, outdoor activities, and an emphasis on looking as good as we feel, looking after ourselves has become a high priority. Vive Cosmetic clinic at Spire Cheshire offers a discrete, high quality doctor based service advising how this can be best achieved.

These are the top ten treatments specifically for men:

Skin Care Range. This may sound boring, however a range suited to your skin type is much more effective than generic off the shelf creams or no skin care at all. If a simple approach is what you want the 'skin tech' range will provide the best result. If you can tolerate a more involved skin care programme the newly launched epionce range will give great results.

Sunglasses/SPF/CAP. This 3 step plan has dramatically reduced the effects of outdoor exposure in Australia and rotection factor (SPF) is beneficial, however on bright days sunglasses and a cap provide the best protection. This is essential on hot sunny holidays, skiing and sailing. You have no excuse. You have to get those sunglasses. We only provide the SPF.

Accelafuze microdermabrasion with infusion at Spire Cheshire is the first in the North West. A quick and effective treatment which can be fitted into a busy schedule. This will cleanse your complexion as a single treatment, and provide a more youthful appearance with regular treatments.

Easyphytic skin peels demonstrate the advancement in peels technology. This slow release, self-limiting peel is a convenient skin treatment freshening and softening facial skin with no visible flaking. Due to a different mode of action it works synergistically when alternated with Accelafuze.

Accelafuze/Easyphytic in combination gives great

Botox is becoming increasingly requested by men, particularly for forehead and mid brow lines. These lines frequently add character, however in some men these can become excessive. Our approach is to reduce these whilst maintaining a natural appearance.

**Dermal Fillers** are also increasingly requested, mainly for the forehead and mid brow areas. These areas can also be treated with other procedures, such as Accelafuze, IPL

IPL (Intermittent Pulsed Light) offers specific benefit for weathered and sun damaged skin. It is the ideal treatment for pigment spots, facial veins and red skin areas. It will also tighten and rejuvenate to some degree.

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Few clinics cater for specifically for men. At Vive our discrete, hospital based clinic and knowledge of the differing requirements between clients provide an ideal environment. Call 01925 215 087 to make an appointment with one of our doctors, quoting this article for a free consultation. www.viveaesthetics.co.uk



Mr Mark Halliwell is a Consultant in Oculoplastic Surgery : MBChB FRCOphth FCOphth

Dr Elizabeth lles is a GP Principal with a special interest in non-surgical aesthetics.

MBChB JCPTGP DRCOG

Both are members of the BMA GMC and MDDUS

Vive Cosmetic Clinic is the trading name of Vive Aesthetics Ltd, company number 6449055





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# Charity fashion show



From left, Lisa Quarmby, Pippa Higham and Jill Murray.

HIGH Legh WI and Bethany Hannah Stockton Heath held a Ladies Evening and Fashion Show at High Legh Village Hall in aid of the Genesis Breast Cancer Appeal.





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# New path opened at Dam

VISITORS gathered at Lymm Dam to mark the completion of improvement works funded by a £24,000 Environment Agency grant.

Representatives from Warrington Borough Council, the Environment Agency and Pushy Mothers, a buggy workout group for mums and mums tobe, walked the new path on the western bank of the dam.

The footpath has been re-surfaced and provided with new safety fencing and repairs to steps, making it safer and more accessible to walkers. The improvements were one of the

proposed actions which helped the borough council win Green Flag status for Lymm Dam earlier this year. Work was made possible dué the Environment Agency grant.

Coun Alan Litton, the council's executive member for

environment services, said: works that have taken place at Lymm Dam have made it easier and safer for visitors to enjoy the tranquil surroundings. Warrington has many such gems to enjoy - something that has been recognised by the increasing number of sites in the town that have been awarded Green Flag

"The fact that this work would not have taken place this year without the

help of the Environment Agency shows just how important partnership working is in improving our borough, making it greener, cleaner and safer.

Carol Lea, Environment Agency biodiversity officer, said: "We are delighted that our donation has led to improved recreation facilities at Lymm Dam. We hope it will attract many more visitors now that it also has been awarded a Green Flag."

Advertiser's announcement -

## Creating a lasting impression

In today's hectic world that we live in it is no great surprise that when we decide on home improvements we look for low maintenance as one of the main factors that sway our

It is no surprise then that patternimprinted concrete is becoming so popular; the fact that they also look stunning is somewhat a bonus.
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## Playground decision deferred

PLANNERS have put off a decision on a new children's play area at Lymm because of the bright colour of the proposed play equipment.

borough's Members of the development control committee deferred a decision on the proposal for land off Millington Gardens,

# Spud Wood fun run

Oughtrington Community Centre is once again holding a Children's Fun Run around Spud Wood on Sunday September 21 starting at 11 am.

'Spike' the road safety hedgehog

is starting the run.

After the run there will be various stalls, a BBQ and Fire Engine on the community field.

Heatley Mere to have discussions with applicants Countryside Properties over the design of the equipment.

Coun Sheila Woodyatt expressed

concern about the scale, colour and

type of equipment proposed.

She had no objection to the principle of the play area but believes more rustic play equipment was available that would be more appropriate close to Heatley Flash, which has nature conservation interest.

The committee play area would be ose to the flash, but would be fenced off for safety reasons.

Eight individual letters of objection and a petition signed by 22 people were received by the council.

They raised issues of parking and highway safety, loss of privacy, noise and disturbance and inappropriate design of the equipment in a semi-rural



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# Rushbearing Festival keeps trace







Taking part in the Lymm Rushbearing Procession from left, Neville Woodyatt, Cllr. Sheila Woodyatt, Deputy Mayor of Warrington Cllr Brian Axell and Deputy Mayoress Irene Axell.



First Lymm Brownies left, Zoe Hodi aged 8 and Molly Paterson aged 9 with their Olympics garland.







Lymm Morris Dancers



## dition alive

LYMM Rushbearing Festival proved a big hit with local residents as hundreds turned out to take part in the annual event, keeping alive ancient tradition.

Members of the parish council, Women's Institute, Brownies and Morris dancers took part in the festival and procession through the village centre to St Mary's Parish Church.

The festival, which originates from

medieval times when carts of rushes made their way to the church for use as floor covering, is still proving a huge local attraction. Bullrushes and garlands were paraded through the village as part of the festival. Lymm town crier Peter Powell started the proceedings. Rushbearing symbolised a procedure of changing rushes used



Derek Britch from Lymm Morris



Lymm Town Crier Peter Powell announces the start of the Lymm Rushbearing Procession

on the church floors just before harvest to symbolise a healthy crop

At one time, Rushbearing Day was virtually a Bank Holiday in Lymm, with shops and offices closing.

But in more recent years it has

been held on a Sunday.



Eileen Mundy of the Lymm Local History Society with her Rushbearing Garland.

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-Advertisers Announcement

# Is it heavy

In the April issue of Lymm Life we told you about the excellent mail services offered by Royal Mail; Special Delivery, Recorded Delivery, and 1ST & 2ND class post. Royal Mail also has a sister company called Parcelforce Worldwide.

Parcelforce Worldwide specialises in delivering parcels in the UK and worldwide and offers a swift secure and reliable service. It has a range of services ideal for online auction site users, smaller businesses and private individuals, covering everything up to 30kg (exceptions

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# Scouts come home as 'upgraded models'



## Pupils put through their paces

ASPIRING Olympians from Lymm High School have been put through their paces during a Kids of Steel triathlon event.

Students sprinted, swam and cycled their way to success, with each competitor receiving a special t-shirt, medal and certificate for their efforts.

The event at the high school was

part of a national initiative by Corus, British triathlon's premier sponsor, to promote the event at grassroots level.

A total of 12 events were held

nationally for children aged eight to

Last year's Corus Kids of Steel event saw more than 200 schools take part and it is expected that in excess of 10,000 children will take part in this year's event.

British Triathlon Federation President.



Sarah Springman OBE said: "The Corus Kids of Steel events have added a splendid new dimension to grassroots level triathlon, impacting positively on thousands of youngsters across Great pritain. Introducing children to sporting opportunities is already an important issue in the modern climate, and it is fantastic that Corus and British Triathlon have worked so well together to help address this issue.

"British Triathlon is committed to supporting sporting development for kids through their local triathlon clubs, whilst helping talented teenagers to become world class elite triathletes and we are making great progress too. The continuation of the Corus Kids of Steel is an essential part of this strategy and will allow further branching out into the younger age groups. Who knows, we might see one of this year's participants competing at a future Olympic Games!



LYMM scouts who went on a 12-day trip to Norway back as 'upgraded models' according to their leader.

A group of 20 from the 4th Lymm Scouts completed a range of

activities during their visit.

Scout leader Simon Fathers said: "I said to their parents when we returned, that I had brought back upgraded models.

The ' scouts between them earned 100 Scouting badges from their range of activities, and these will be presented at the group's

annual meeting.

The group lived under canvas by a freshwater fjord and activities included go-karting, archery, sailing, high rope walks and circus

A few years ago the Lymm scouts hosted a visit of the Norwegian scout group 1st Fredrikstad at the Cheshire Chamboree camp. A party of 27 Lymm scouts and 27 Norwegian scouts enjoyed 10 days camping

The Lymm group made a return visit, organised by a group of 20 Norwegian scouts, which was funded by a £15,000 grant from the European Union under its Youth in Action initiative.

During the trip the youngsters studied the environment and the effect of climate change on the local fjords of climate change on the local plans and countryside, enjoyed cultural understanding workshops, dual language films, a canoe hike and home hospitality with local families.

Simon said: "It was a fantastic opportunity and the scouts gained a lat more personal skills laggred new.

lot more personal skills, learned new sports and developed their self confidence. The Norwegian scouts made us very welcome.

Lady Heyes

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By browsing this website, the public, architects and interior designers are able to have an insight into what Cheshire Marble can offer and supply. All tiles are available in many colours and styles of marble, granite and stone. Tiles can be cut into any shape for most uses, marble and granite and stone can be inlaid or cutout for sinks, shower trays and bathdecks. Their computer controlled machinery is very accurate and can

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## Edgar's art updates church magazine

ANCIENT and modern joined forces when a clergyman decided he wanted to update the parish magazine.

Father Michael Burgess, Rector at St Peter's Oughtrington, had been planning to update the cover of the church's magazine for some time.

But he was having problems settling on the right cover, until local artist Graham Edgar - of Lymm's Edgarart studio - stepped in to help.

Fr Michael said: "Despite the many demands of his busy studio, Graham soon produced a new drawing which won the immediate backing of an enthusiastic Parochial Church Council."

The rector has a collection of old magazine covers dating from 1904 when it cost just one "old" penny and had a reminder to readers that "all seats in church are free.

Fr Michael said: "We are so grateful to Graham. He has really depicted the church we recognise with its landmark spire of 140 feet seen for miles around."

The original is on view at Graham's studio at 19b, The Cross Courtyard, Lymm.



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# ESTYLES FILES & SIM

## Thinking of Selling your Business? Then make sure you Maximise the Proceeds!

Many business owners see the value of their business as being either an important part of their 'pension' on retirement or a key source of capital if a new venture is to be pursued.

However, the vast majority of people do not maximise the potential value on a sale.

When you decide to dispose of your business, it is worth spending time ensuring it is in a state which is likely to maximise the proceeds. This is often referred to as 'grooming the business for sale' and can sometimes be performed quickly but, typically takes several months depending on the work involved.

The 'grooming' process might

 Ensuring systems are in place so the business is not reliant on current owners (who will exit on disposal)

 Reviewing profitability – concentrate on profitable areas and eliminate those which provide an inadequate return. Also, streamline costs so the business generates the maximum level of profitability.

• Formalising relationships with key suppliers and customers

Bringing key employees into the management team

Ensuring the business owns all the assets it uses and disposes of those

which are non-essential. i.e. make sure you are selling to new owners what they need but not what they don't want.

• Where possible, conclude outstanding disputes and tax

Professional advice should be taken as soon as you start thinking about the sales process. As well as assisting in any 'grooming' which may be required, help can be provided in the following areas:-

- Valuing your business
- Identifying potential buyersMarketing the business
- Negotiating with purchasers
- Ensuring the sale is operated tax efficiently

It is important that the entire sales process is performed in a way which will maximise the sales proceeds.

If you would like more information on this subject please contact Paul Hilton, Head of Corporate Finance.



Graeme Hindley (Left), Paul Hilton (Right)

Please note that these ideas are intended to inform rather than advise and you should always obtain professional advice before taking any action

If you would like more information on this or any of the previous subjects we have featured, please contact Les Styles or Ian Lloyd on 01925 761600.

The Styles Files are provided by Styles & Co 473 Warrington Road, Culcheth, Warrington WA3 5QU

For further details please telephone 01925 761600 or visit our website at www.stylesandco.co.uk

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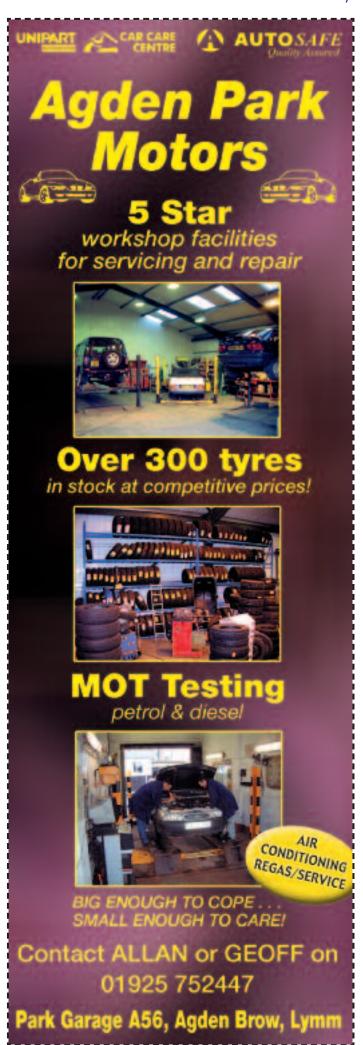
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# Golfers chip in for Grass Roots appeal

Nearly 100 'golfers' took part in a golf tournament at Lymm Golf Club to raise funds for Lymm Rugby Club's Grass Roots Appeal.



Foreground right, Ian Hossack of sponsor HBOS gets ready to tee off watched by from left, Peter Cornelia, president LRFC, Mark Hesketh, Phil Ratcliffe, Alan Dackers, Alan Cummings of LRFC and Gerry McGerty of sponsor Bulls Head Pub, Lymm.

Advertiser's announcement

## Struggling with DIY jobs?

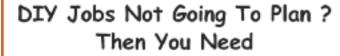
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# Dining Out wit Lig

## at High Legh Park Country Club



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which, on a summer evening, have to be seen to be believed.

Whether you are interested in golf or not, there can be few more pleasing scenes

than well kept greens and fairways!

The restaurant itself manages to be bright, modern and airy while retaining a comfortable atmosphere - and from almost every seat at every table you have that

However, no restaurant should be judged on the views alone and it is pleasing to be able to report the food lives up to its surroundings and offers remarkably good

We started our meal with a delicious soup but there plenty of alternatives including stuffed field mushrooms with red onion marmalade and cheese, grilled black pudding with bacon and poached egg with a wholegrain mustard sauce or crispy sesame fishfingers with a hot and sour sauce.

For our main course, we enjoyed chicken stroganoff with basmati rice, beautifully cooked and presented. Fellow diners waxed lyrical about the pan friend sage pork with apple and redcurrant sauce and there was also fillet and Red Sea bream with rocket and tomato salsa. The vegetarian choice was leek and blue cheese tartlet with red onion marmalade

All in all, an enjoyable evening and one we will be repeating. But if the attendance on the evening we were there is anything to go on, the Mediterranean Restaurant is extremely popular so advance booking is advisable.



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## **Deadline for the** November issue of Lymm Life is October 2

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## **Obituaries**

## **Bernard Ainsworth**

THE funeral has taken place of Bernard Curzon Ainsworth, of Broomedge, Lymm, who died Thelwall Nursing Home on July 24

Mr Ainsworth is survived by son Peter and daughter Anita and will be greatly missed.

He was a much loved father, grandfather, father in law, brother in

law, neighbour and friend. The funeral took place at Altringham Crematorium on July 31. Arrangements were by John Burrows and Sons of Lymm.

## Derek Finegan

THE funeral has taken place of Derek William Finegan, of Moston Grove, Lymm, who died at home on July 28

Mr Finegan was born in Southport

and lived in Germany for 13 years before eventually settling in Lymm. He leaves sons David and Simon

and grandson Jack.

The funeral took place at Dunham Crematorium on August 6 and funeral arrangements were by John Burrows and Sons of Lymm.

## **Hugh Astley**

THE funeral has taken place of Hugh Richard Astley of Fairfield Road, Lymm, who died on July 31 at Warrington Hospital, aged 81.

Mr Astley moved to Lymm from North Wales after meeting his wife Lilian and was a keen gardener until he became ill eight years ago.

He also loved horse racing and is survived a son daughter three

survived a son, daughter, three grandchildren and his wife.

All donations made at the funeral went to the Criccieth Lifeboat. Funeral arrangements were by John Burrows and Sons of Lymm.



## **David Dixon**



THE funeral has taken place of David Marten Dixon of The Limes, Lymm, who died at home on July 20, aged

Mr Dixon lived at The Limes for 56 years after serving in the navy and later working as a company

He was a stalwart of the Arthritis and Rheumatism Council, Lymm Tennis Club and the Royal Naval Association.

Mr Dixon's past-times included stamps, sketching, making jewellery and doing tapestry, as well as being a practising Christian who attended St Mary's Church.

He is survived by daughters Julia and Angie.

Funeral arrangements were made by John Burrows and Sons of Lymm.

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## Reader's Letter

Send your letters to: Lymm Life, New Meadia Centre, Old Road, Warrington WA4 1AT, info@lymmlife.co.uk

## Have you ever seen it before?

Raymond Massey, Lymm

I have lived in Lymm all my life and I have never seen this painting before.

It looks like it is something to do with Lymm Rushbearing Festival?

Judging by the chimney pots at the top of the picture it must be a recent painting.
It was sent to me by Castle Museum

in York after I saw a picture of the Lymm Morris Dancers their 18 years ago. Upon a recent trip back to York, I

contacted the museum to see if they still had it and they didn't.

They sent me this painting of Lymm

Have you ever seen it before? Please contact me if you know the history of it on 01925 755 556



## New member

LYMM Natural Beauty is proud that Jackie Goodwin has now joined the team.

Jackie is a holistic therapist offering a full range of treatments, including aromatherapy massage, reflexology, indian head massage, reiki and hopi

ear candles.
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Please call Lymm Natural beauty for an appointment on 01925 752111.

## Looking to recruit

DUE to increased business being Manchester Evening News pub of the week, the Spread Eagle Hotel in Lymm is now looking to recruit full and part-time bar and waiting staff for lunch times and

evenings.
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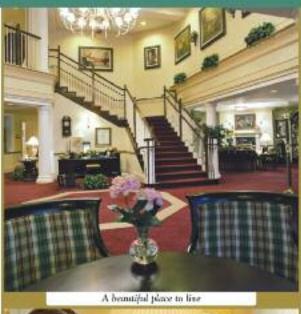
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