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Issue No. 128

June 2010

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**THE elections have been and gone and we now have a new coalition Government nationally with the Tories and Lib Dems in power, while locally Labour made some surprise gains, making them the largest political party at the town hall.**

These are certainly interesting times, especially at the town hall, where I expect some ongoing power struggles over the coming months and years, with the electorate keen to keep all political parties on their toes.

Unfortunately I witnessed some ugly scenes at the electoral count with rival politicians almost coming to blows while arguing over their respective electoral campaigns.

I think it is time for all our local political parties to take a long hard look at themselves. We don't want politics running our local town hall - we want committed individuals serving the local community.

Misleading election campaigns

and name calling do no one any favours as the truth will always come out in the end.

I urge all politicians from all parties at the town hall to put their political differences to one side and work together as one team for the good of our town. We are going through unprecedented times and it needs everyone pulling in the same direction

to ensure our town prospers.

So now the election campaigns are over for another year put away your rosettes and sit down together and make decisions based on common sense - not political beliefs.

Finally I am delighted to see my favourite rock band Status Quo are appearing at the Parr Hall in November - it would appear the ongoing refurbishments are already starting to pay off!

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# Hurdling towards the Olympics

**TWO members of Warrington Athletics Club have been selected for the GB Under 18 team in the European section of the Youth Olympic Trials taking place in Moscow later this month.**

Hurdlers Abi Fitzpatrick and James Gladman (pictured in action), both aged 16, had to achieve top class qualifying times and win through the UKA trials to gain selection.

Success in Moscow would put them in a strong position to go on to the Youth Olympics to be held in Singapore in August.

Abi, from Great Sankey, can't wait to represent Team GB.

She said: "I couldn't believe that I had achieved the standard and I was now in a strong position to represent my country. When I got the call-up it was like all my dreams were beginning to come true. I was thinking that all this hard work was finally worth it."

Proud

"My parents were very proud of my achievement and of course are travelling to Russia to support me along with my brother Elliott and my Nanna Gaynor.

"I want to thank my old coach Neville Jones for keeping me interested in the sport and introducing me to my event, 400m hurdles. I would also like to thank my family for supporting me all the way and also Morris Condon and my dad for being great coaches and making a vast improvement in my fitness and condition."

Abi, a student at Priestley College, formerly played rugby for Warrington Schools and soccer for Liverpool FC.

But she gave up both sports to concentrate on athletics.

She is now looking for sponsorship to help fund her ambition to become

a senior international athlete and to continue to represent Great Britain for many years to come.

Anyone who would like to help can contact her dad, Mark, on 07734878524 or email markfitzy@gmail.com



## Celebrating 75 years of rambling

A 75 km circular walk is being organised in Warrington - to celebrate the 75th anniversary of the Ramblers Association.

Members of the Warrington Group of the Ramblers have divided the walk into five sections - during June and July.

Each walk will be approximately 15 km, or nine miles, covering the outer fringes of the borough. They will be open to both members and non-members. It will be launched by event organiser Roger Lamming, who will present a baton to the leaders during the course of the walks.

Each walk will start at or near to a bus stop to enable people taking part to get to the start point without driving.

Children will be welcome, although they must be accompanied by adults. Dogs must be kept on leads. The first walk will take place on June 5, starting from The Poacher pub at Gorse Covert.

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Hello and welcome to my monthly column . . .

# Hypnotes

by Michael Mahoney

## Perception

Recently I visited a professional photographer to have some new product shots taken for my website. During my visit I decided I was going to keep out of his way and simply watch the professional at work. His attention to detail was exacting. He saw shadows and light reflections, which I never even noticed, and what to me looked really good, was not pleasing to his professional eye.

Being a curious sort of chap I wanted to know what he was looking at, or looking for, to get the right photo. He called me over to look in the camera viewfinder, and it quickly became evident, that it only takes a few millimetres of movement to create different shadows and even different moods and reflections. My watching at a distance, which I thought was reflective of his perceptions were simply nothing like his at the viewfinder.

And this is true not only in the photographer's studio; it is true in many areas of our life too. If two people were looking at the same painting they would effectively be seeing something different than the other, because where they stand will dictate the light on the picture, the angle they see it at and

much more, not to mention their own likes, dislikes, expectations and preferences.

And this can be something to consider when we run images and thoughts in our mind. A fear or phobic response, a dread or a self-limiting belief is seen, felt and experienced by the individual and yet can only be interpreted by others. However that interpretation will often not even be close to the reality of the individual who owns the fear or dread.

And for me, this is important in my work. I often say to people that no problem is too small or trivial if it is serious enough to affect the individual's quality of life. Sometimes a mental picture cannot be changed, but it can be seen through new eyes, and with new understanding.

As a hypnotherapist I was taught to put myself in the client's situation, as closely as possible. Only by getting a real understanding of the presenting problem can we hope to understand and then together find solutions to manage and resolve the problem.

Like the photographer who needs a clear understanding of the importance of lighting, shade, surface quality and so much more, it is only when the

Michael Mahoney is a Clinical Hypnotherapist. He has research, and patient trials experience.



He is a member of the Hypnotherapy Association, an associate of the Primary Care Society for Gastroenterology, he is a non NHS service provider and Private Health Service Provider

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subject is understood clearly that we can gain an acceptable picture of the problem, and then through gentle change and repositioning, of thoughts ideas and expectations can we change the picture, to one which is more pleasing, motivational and positive for our client.

All too often people like to be seen to be managing their life, on the surface at least, only allowing others to see what they want them to see, projecting a false or unsatisfactory image of their reality. But this keeping up of appearances can often come crashing down to the surprise of those around them. It is much better to acknowledge the real picture of one's life circumstances and to take steps to change it, than simply hoping something better will eventually come along. It is only then that we will feel confident in ourselves.

To quote my photographer friend, SMILE!

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# New sponsors plan to stick around

WARRINGTON Town FC will be playing in the 'Evostick League' from next season following the unveiling of new sponsors for the Northern Premier League by world cup legend Sir Geoff Hurst.

The hat-trick hero from England's 1966 world cup winning team was on hand to help launch the new league sponsors during a special event at the national sports centre in Lilleshall.

Evostick have signed up for an annual six figure sum over the next three years, replacing their biggest competitor, Unibond, the longest running sponsor in world football who have backed the league for the past 16 years!

Evostick will become the league sponsor from July 1 and league Chairman Mark Harris says he hopes they "will stick around for years to come!"

Chris Alderson from Bostick UK, the manufacturers of "Evo-stick" said the company had been looking to get into football sponsorship for some



time and the Northern Premier League provided the perfect fit.

Meanwhile Sir Geoff highlighted the importance of non-league football, where he started his career before being scouted by West Ham.

"Non league football is important for the development of young footballers and managers and it is great to see it being backed by international sponsors.

"Non league football has a huge

Sir Geoff at the launch with league Chairman Mark Harris (right) and Chris Alderson from Bostick UK.

responsibility to develop our players of the future."

Warrington Town FC helped produce Sir Geoff's World Cup winning team mate Roger Hunt, who was scouted by Liverpool playing on Cantilever Park!



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# Demand grows for organic veg boxes

**DEMAND for organic veg boxes is soaring with sales quadrupling for Alan McInnes at Riverford Organic.**

Alan has seen demand for his home veg box deliveries soar since starting deliveries to customers across Cheshire and is feeling very buoyant about his business.

"Deliveries have quadrupled since I first launched the business last year," says Alan. "At the same time my turnover has increased significantly and is now heading towards £5,000 per week. I could not have asked for a better start for the business."

Alan has seen an ever-increasing number of new customers sign up to receive weekly deliveries of great tasting, great value, fresh, local vegetables to their doors.

"The past year has been phenomenal," he says. "People are becoming increasingly interested in where their food comes from which is just one of the reasons why there is such a growing demand for our veg boxes which are packed full of great-tasting, organic seasonal veg from Stockley Farm in Cheshire and from a network of other organic farms located across the North West."

Alan continues: "The recent problems caused by the volcanic ash have also made a lot of people stop and question whether we should all be relying so much on air freight to fly in vegetables from all

corners of the world. People are becoming much more interested in eating seasonally and locally and, when they taste the organic veg in our boxes, they realise what a huge difference there is in flavour between crops grown locally and those which have been sitting in cold storage for weeks on end."

A franchise business, Riverford Organic launched in Devon in 1987 and now has five 'sister'

farms across the UK to ensure that customers enjoy as much local produce in their boxes as possible.

Riverford on Stockley Farm is currently recruiting a number of new franchisees as it looks to ensure that all North West consumers have the opportunity to enjoy its veg boxes which all come with between six and eight new recipes every week.

## Training provider expands with new Warrington office

LEADING North West training provider Scientiam has continued its ambitious growth strategy by opening a new office in Warrington.

Scientiam a not-for-profit company has already opened offices in Liverpool city centre and Runcorn over the past eight months and the Warrington office whilst initially focused on adult learning delivering programmes such as Response to Redundancy, has the capacity to run Scientiam's full provision of programmes where demand is evident.

Five members of staff are employed at the Warrington branch, which is based in Dallam Court on Dallam Lane.

Since founding in the Wirral in 2001, Scientiam has rapidly expanded to record a current turnover of £5million and now employs more than 60 staff at its four Merseyside and Cheshire offices. In the last 12 months alone, Scientiam has invested £2million in apprentice delivery across the North West which has benefited around 1,800 learners and 370 employers from April to April. The organisation has also invested in excess of £1 million in the delivery of Train to Gain.

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## BNI Focus, Lymm – a success story in the making

**THE Lymm based BNI Focus Chapter is a real success story in the making generating thousands of £'s worth of business for local members enjoying the benefits of network marketing.**

Wendy Heyes, of Cheshire-based Wills for Life, says, "In February 2010, and after some persuasion by a fellow businessman, I reluctantly attended the BNI Focus chapter based in Lymm.

"Having been in business for 25 years, I was astounded by the energy and enthusiasm within the chapter, so much so that I immediately joined. Last week, I received eight hot leads!"

Every Thursday morning, considerable business is passed around the eighteen members of the Lymm-based BNI Focus chapter, a breakfast networking group which

has moved from strength to strength since its launch as an official BNI chapter on 14th January 2010 (the chapter was a 'pre-launch' core group in the previous year).

In fact, the value of referrals within BNI Focus in just four months represents £57,620 of business (based on a £335 national average) – which is worth getting up with the larks for.

Daniel Dunn, a St James' Place Chartered Financial Planner, has issued £2,632 worth of business since January alone. However, Daniel says: "A more valuable statistic is the business I issued last

year from the people I have been introduced to via BNI, amounting to £18,524."

For many of our members, the amount of business received via BNI compared to other forms of marketing and advertising represents a sizeable chunk. PR specialist Helen Stott says "I joined BNI in Feb 2007 a month after I set up Marketing Doris. To date, forty-eight percent of my business comes from BNI referrals."

Important in its success, BNI Focus has a diverse group of businesses all playing very active roles according to the philosophy of BNI, which is that 'givers will gain'. The more you help other people's businesses, the more you will be helped.

"Since joining BNI Focus in October 2009, not only have I had the opportunity to meet some great like-minded people on a regular basis," says Kim Hayton, of Hayton Consultancy Ltd, "but I've also already covered my first year's fees from the referrals passed to me. The potential for business growth isn't just from the people we see each week. As a copywriter in BNI Focus, I have just been commissioned by a BNI member from another chapter to provide £1000 worth of web copy – the BNI network is indeed extensive.



If you would be interested in getting more business contact  
Ewan Sturman at  
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"At BNI Focus, members know breakfast networking isn't about eating bacon butties and chatting over coffee. We enjoy a good fry-up, but we take business networking seriously, and there is no better time to come along and see if your business can benefit from joining us.

BNI Focus is held every Thursday morning from 6.45 to 8.30am at The Lymm Hotel, and there will be a visitor morning on May 20. Please enquire to book a place on it. See the website: [www.bni-focus.co.uk](http://www.bni-focus.co.uk) or email [enquiries@bni-focus.co.uk](mailto:enquiries@bni-focus.co.uk)

## Wool shop's 25 year success story

CULCHETH'S Black Sheep wool shop is celebrating 25 years in business - with a clutch of craft awards.

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# It's all going on at Pyramid Parr Hall

Get ready for news that will be music to your ears, as **Status Quo** is confirmed for Parr Hall in November and don't miss a whole host of music festival events in the lead up to the re-opening of Parr Hall in the autumn!

## Parr Hall refurb news

With its doors closed to the public and open to the builders, Parr Hall is undergoing an extensive refurb, which includes modern, comfortable seating, a brand new bar, new decoration and flooring – a more comfortable, enjoyable night out for everyone! The hall will re-open in October and in the meantime, you can keep up-to-date with refurb news on our website.

## Warrington Rhythm and Blues Festival

(Sat 29 May, 3pm, £20) brings together the cream of the rhythm and blues crop with this day-long event, which offers three bars, an acoustic stage and featuring The Nimmon Brothers!



## Frank Sidebottom

Next up is the iconic papier-mâché headed comedy legend Frank Sidebottom (Fri 4 June, 7.30pm, £13/£10). Known for his inimitable style, he has achieved cult status, his highlights include headlining the comedy stage at the Reading Music Festival.



## Lau

(Sun 6 June, 7.30pm, £14/£12) were twice named 'Best Group' at the Radio 2 Folk Awards – this is sure to be a unique and explosive performance!



## North Cheshire Wind Orchestra

(Sat 19 Jun, 7.30pm, £8/£7 – pre-concert talk 6.50pm) bring their final programme of the season, which explores contemporary wind band music.

## News Just In – Status Quo

have confirmed they will play Parr Hall in November as part of their 28-day 'Quid Pro Quo' Tour! (Tue 23 Nov, 7pm, £34.50).



## Dates for your diary

Warrington Music Festival is at Old Market Place this year (Sat 17 and Sun 18 July) see the website for more info. Also don't miss Plugged in The Park and the youth Carnival at Queens Gardens (Sun 18 July).

**Tickets & Information: 01925 442345 or book online at [www.pyramidparrhall.com](http://www.pyramidparrhall.com)**

## Disability Awareness Day 2010

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**for further details telephone: 01925 240064 or visit: [www.disabilityawarenessday.org.uk](http://www.disabilityawarenessday.org.uk)**



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# I always knew Wolves would save me!

**Just like many of us, Karen Wallace of Grappenhall, Warrington had struggled with her weight for ten years and, just like us, she'd tried every diet under the sun, having some success but then soon getting fed up, returning to old habits, piling the weight back on, then on, then on, making her feel more miserable, unfit and unhealthy.**

It just wasn't how Karen wanted to feel her families passion for all things sporty showed in their lifelong dedication to following Warrington Wolves, watching them home and away, but the Wolves' triumphs and tribulations seemed to match her on weight loss highs and lows! Her turning point came in April 2008 when she took a tumble after leaving a Warrington vs Wigan match, breaking her ankle, ending up on crutches and in a plaster cast. Her weight, combined with the crutches were a real problem.

Karen says "I felt totally useless, couldn't move much and I began to stay in more and more, missing my beloved rugby matches and cheering myself up with takeaways and chocolate."

As Karen recovered, the crutches did become easier, but due to her increasing weight her biggest fear was now getting stuck in the turnstiles! She vowed to herself that once the plaster came off, the weight would be coming off too. She managed to lose two stone by cutting back on the takeaways but the losses soon ground to a stop. Not wanting to fall back into old ways and still with a long way to go on her weight loss journey, she made a New Years resolution and promised herself that 2009 would be the year she said

goodbye to her excess weight for ever. She'd seen Slimming World magazine in the local shop and couldn't believe it when she saw all the fabulous, filling food she could eat and lose weight - starvation diets were definitely not on the menu! Karen says "In January 2009 I kept my promise, found my local group on the Slimming World website and set off. I was very nervous and apprehensive on my first night walking through the door but there was no need as I was made to feel so welcome by the consultant, that from then on I've never looked back, it wasn't like diets of old- this was proper eating!

By food optimising there was all this wonderful food, lots of it that I could eat in unlimited amounts and with the family enjoying the same tasty, filling meals there was no need for separate meals, we could all eat the same.

There is complete confidentiality, no humiliation and I was even told about their money back guarantee if I didn't lose weight in my 1st month! Since joining Slimming World Karen has lost an amazing four stone 4.5lbs and has just hit her final target, so she now attends free of charge too!

The family love of rugby still continues, the family still watch every

match, her son Will plays for Bank Quay Bulls under 17's and her daughter Hannah is at university studying for a BSc in Sports Therapy and as a qualified Sports Masseur she works with the Rugby League officials doing pre and post match massage.

The most important factor in Karen's successful Slimming World journey is the continuous and dedicated support through image therapy that she has had every week in her group meeting. She adds "Just one hour a week 'me time', I've met lots of lovely, warm, caring people and made wonderful friends that understand how hard losing weight can be, but have shown me how easy it is with Slimming World Extra Easy eating plan - they've kept me going when it got tough and by using Lifelines and celebrated like crazy with me when I passed each of my goals (just like the Wolves fans actually!)"

Karen laughs "Thank goodness I broke my ankle leaving that match, little did I know then that it would be the best thing that could have happened, I always knew rugby would save me!"

Losing weight at Slimming World has changed her life so much, that its now meant that Karen can help you too - she opens her own warm and friendly group on 10th May at Grappenhall Ex Servicemen's Club, where she'll be waiting every Monday night at 7pm, with a warm welcome for you.

Call her on 07545 255535 to find out more!



Karen before her weight loss success



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Your consultants name is Sarah

**Stockton Heath**  
St Thomas' Church Hall  
Ellesmere Road  
Tel: 07960 961518  
Tuesdays at 1:15pm  
Your consultants name is Kerrie

**Fearnhead**  
St Bridgets Church, St Bridgets Close  
Tel: 01925 821562  
Tuesdays at 10am  
Your consultants name is Sarah

**Birchwood**  
Birchwood Community High School  
Community Entrance  
Tel: 07506 711393  
Tuesdays at 5:30pm  
Your consultants name is Tracey

## WEDNESDAY

**Warrington**  
Halliwell Jones Stadium  
Tel: 0151 422 8377  
Wednesdays at 5:15pm & 7pm  
Your consultants name is Debbie

**Hood Manor**  
St James Church, Cannons Road  
Tel: 0151 423 4238  
Wednesdays at 10am, 5:30pm & 7pm  
Your consultants name is Julie

**Croft**  
Croft Memorial Hall, Mustard Lane  
Tel: 01925 573547  
Wednesdays at 9:30am  
Your consultants name is Janet

**Woolston**  
The Mission, Warren Lane  
Tel: 07867 763366  
Wednesdays at 5:30pm  
Your consultants name is Jacqui

**Appleton Thorn**  
County Primary School, Arley Road  
Tel: 07948 375260  
Wednesdays at 6:30pm  
Your consultants name is Sara

## Penketh

St Joseph's Social Club, Meeting Lane  
Tel: 01925 712094 or 07801 540735  
Tuesdays at 10am and 5:30pm and 7pm  
Your consultants name is Serena

## Grappenhall

Bradshaw Primary School  
Bradshaw Lane  
Tel: 07960 961518  
Tuesdays at 5:30pm & 7:30pm  
Your consultants name is Kerrie

## Lymm

Lymm Youth and Community Centre  
Bridgewater Street  
Tel: 07875 391833  
Tuesdays at 10:30am & 5:15pm  
Your consultants name is Debbie

## THURSDAY

**Latchford**  
The Grange Sports and Social Club, Grange Avenue  
Tel: 01925 572926  
Thursdays at 6:30pm  
Your consultants name is Jennie

## Callands

Woodleigh Day Centre, Callands Road  
Tel: 0151 4228377  
Thursdays at 5:30pm  
Your consultants name is Debbie

## Padgate

Padgate C of E Primary School  
Tel: 01925 712094 or 07801 540735  
Thursdays at 5:30pm and 7pm  
Your consultants name is Serena

## SATURDAY

**Latchford**  
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Saturdays at 10am  
Your consultants name is Jennie

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# Tories take Warrington South

**THE Tories clinched the key marginal Warrington South seat as David Mowat narrowly defeated Labour's Nick Bent by just over 1,500 votes in a keenly fought contest.**

Mowat polled 19,641 votes, Bent 18,088 while Lib Dem Jo Crotty came third with 15,094.

But it was a nail biting evening for all three parties as early straw polls indicated a three horse race.

With counting going on through the night it was only in the final hour that the Tories gained a narrow lead.

But the result was tarnished with allegations by the Conservatives and Labour that the Lib Dems had run a dishonest campaign with claims of

election malpractice concerning the placing of orange ballot boxes featuring Jo Crotty's image at polling stations across the borough.

The Tories lodged an official complaint.

Meanwhile there were no surprises in the safe Labour seat of Warrington North where current MP Helen Jones won with a resounding majority.

*David Mowat estimating the size of his victory watched by his beaming agent and local councillor Paul Kennedy.*



## Full General election results:

**Warrington North:** Paul Thomas Campbell, Conservative; (13,364) Dave Eccles, Liberal Democrat;(9,196) Helen Mary Jones, Labour; (20,135) Albert Scott, Independent (1,516).

**Warrington South:** James Ashington, UK Independence Party;(1,624) Nick Bent, Labour; (18,088) Jo Crotty, Liberal Democrat; (15,094) Stephanie Davies, Green Party;(427) David John Mowat, Conservative.(19,641).

## Medal glory for students



SPORTY students from Priestley College came home with medals for running, swimming and football after taking part in a national competition.

The 12 students were representing the north west region at the British Colleges Sport National Finals in Loughborough, along with 2,000 other competitors.

Cross country runners Rachel Jefferson and Sarah Griffiths led from the front landing gold.

Their efforts were matched in the pool where Ros Dunstan and Katie Scutt also won gold for their team. Fellow swimmers Martin Bosson and Vladimir Shulyak won bronze medals.

Charlie McElroy, Daffydd Floyd, Matt Petley, Dan Flinders, James Cox and Tom Dorsett, represented the region on the football field and also came away with bronze medals.

Many of the students are enrolled on the BTEC National Performance and Excellence programme at Priestley, aimed at supporting those in with a real chance of pursuing a career as a professional sportsman or woman.

Curriculum manager, Nige Howells, said: "It was great to witness the effort that the students put into their activities and they were all duly rewarded by scooping a medal for the North West."

"This has been the most successful ever year for us in terms of British Colleges Sport. To get so many students in the North West team was a unique achievement but for them all to medal is simply amazing - I congratulate them all."

## Hospice celebrates 10 caring years

A GLITTERING night of gourmet food and entertainment has been arranged to celebrate the 10th anniversary of Claire House Children's Hospice.

The event will take place at Buckley's - the on-site restaurant at Warrington Collegiate - and will include a gourmet three-course meal prepared by the Collegiate's catering students. Guests will then be able to enjoy live entertainment and an auction, including some exclusive money-can't buy items.

All money raised will go to Claire House Children's Hospice, which provides 24-hour respite, palliative, and terminal care for children aged 0 - 23 years with life threatening or life limiting conditions and their families from Cheshire, Merseyside, North Wales and the Isle of Man.

The event takes place on May 25.



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# Wolves tackle fire fighting

WARRINGTON Wolves First Team squad swapped their rugby kits for firefighter uniforms in a recent teambuilding exercise.

The players visited the Merseyside Fire and Rescue Service to take part in a range of activities run by the staff at the station including training drills and fire rescue scenarios.

Head of Coaching Tony Smith said: "It was a great exercise. There are a lot of parallels with what we do, with decision making under pressure, although our guys don't face life or death situations although it may seem that way for some of our fans sometimes. These guys are making crucial decisions under pressure all the time and we thought that there would be some things we could learn from the fire centre and were grateful for the opportunity.

"It's an alternative way of training as well, there are some physical aspects to it but it was mainly for the change of venue and change of environment in different situations. You get to see people react under pressure and look for leadership and followers as well. The guys had a great time putting the uniforms on, like big kids, every young boy wanted to be a fireman when he was little at some stage, our lads got to do that for a day at least."

Tony McGurik, Chief Fire Officer and Chief Executive, said: "The experiences were around the role of a



Ben Westwood and Paul Wood

firefighter mainly learning about teamwork, focus, attention to detail and developing understanding of how different parts of a team come together to achieve a goal. We tried to use some of the elements of being a firefighter to bring the whole concept together. Clearly they are used to working in a team but we aimed to get them to think of it in a different concept, taking them out of their usual environment and really make them focus on working as a team in an area they are not necessarily comfortable with"

Richie Mather walked out all kitted up from a smoke filled building and said: "It was pretty scary. You couldn't see in front of you and you had to trust each other to guide you round. All credit to the fire service they do a great job."



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### Did you know?

The term 'brunch' was invented in the late 19th century. The meal grew in popularity in the

1930s, particularly in the US, where it was popular at weekend parties and became a feature of hotel menus. Another hybrid that preceded brunch was 'nuncheon', or 'noon drink', which consisted of ale and bread

### What our customers say

Thank you for providing the Hog Roast, Barbeque and Chilli Pan at our recent staff event. A particular thank you for the last minute changes and for accommodating our requests.

You and your staff were very professional throughout the day and we have had positive feedback from our staff and we will definitely consider booking you for future events.

Manchester United Football Club – End Of Season Family Fun Day

A fantastic traditional South African dish, this was originally cooked over an open wood fire and wrapped in banana leaves.

- 4 fresh salmon fillets
- 2 tablespoons dry sherry
- 1 small red chilli, finely chopped
- 1 small green chilli, finely chopped
- chopped bunch of fresh coriander
- 1 teaspoon finely chopped fresh ginger
- 3-4 tablespoons olive oil
- 3-4 tablespoons lime juice
- 1 Red Pepper
- 1 Red Onion
- 4 Sticks Celery
- 1 Leek
- 250 ml white wine
- Salt and black pepper

Mix together sherry, chillies, coriander, ginger, oil and lime juice and season.

Gently rub into fish, and leave for 2 hours in fridge covered in cling film.

Finely slice fresh leeks, celery, red onions, red peppers.

Grease you paper with butter, and add fish fillets, topped with sliced pepper, onion, celery, leeks.

Gently wrap each fish portion up into a parcel adding splash of white wine into each parcel, then wrap again into tin foil to hold the heat and prevent fish burning.

Bake over barbeque for about 5 minutes on each side, 10 minutes maximum.



# Life goes full circle for disability campaigner

**WHEN disability campaigner Dave Thompson met his childhood sweetheart and future wife Pam at infant school little did he know the place they first met would one day be transformed into a pioneering facility helping disabled people across the town.**

Now nearly four decades on from when they attended the old Evelyn Beaufort Street Infant school, the building has been transformed into a new HQ for Warrington Disability Partnership (WDP), the pioneering charity founded by Dave after he broke his neck playing American

football.

"It is an amazing co-incidence that the school I attended with Pam is now the base for Warrington Disability Partnership," said Dave.

"Our life has almost gone full circle!"

Pam is one of the team now based at the Centre for Independent Living (CIL) which is open again following a £1m lottery grant and major refurbishment of the premises and neighbouring caretakers property.

Works carried out included a new roof, widows, lighting, electrics, plumbing, accessible toilets, 2 storey extension to the caretakers house and a lift to the upper floor, a new community café and total redesign of the internal space.

During the refurbishments WDP have identified several opportunities to extend the range of services they could offer from the Centre including:

- \* A new two storey workshop that will provide a base for a mobility equipment recycling, maintenance and training service
- \* An additional meeting room in a conservatory style extension from the new community café
- \* An additional single storey

extension to the caretaker's house will house new computer training facilities

\* An innovative mobility training & test track for users of mobility equipment including electric scooters and wheelchairs

The initial refurbishment project was started after WDP and their partners Warrington Borough Council successfully secured a Community Assets Transfer Grant of £922,055 from the Cabinet Office and £22,000 from WREN. WDP have also raised over £120,000 through a range of fundraising activities, donations from individuals and sponsorship from local companies. Dave said "We still need £90,000 to complete this work".

Dave paid tribute to a great team effort that supported the relocation which saw WDP move their entire offices, equipment showrooms, training department, fleet of wheelchairs and other independent living equipment from their temporary base in Orford back to Beaufort Street. Thorn Cross Young Offenders



Institute staff and young people joined WDP's team of staff, volunteers, family and friends, and two local businesses Relay and TDG provided wagons and staff.

The new facility will help WDP extend the services they offer to over 34,000 disabled people living in Warrington.

If you have any ideas about how WDP can raise the extra funds or for more details please contact the WDP Fundraising team on 01925 240064 or visit [www.disabilitypartnership.org.uk](http://www.disabilitypartnership.org.uk)

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## Brand new look for Wakefield Brothers

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For those tired of their kitchens Wakefield

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# More silverware for Wolves



CHALLENGE Cup holders Warrington Wolves swept all before them at the Cheltenham Rugby Festival to lift the All Golds Cup at a sun baked Prince of Wales Stadium.

A great atmosphere and an occasion rich in entertainment kept the crowd enthralled throughout.

The standard of play was breathtaking with stunning skills, crunching tackles and speed to burn.

Despite a brave stand by Wales Students they were no match for the mighty Wolves in the Final and eventually succumbed by 44 - 10 to the power and pace of their Super League opponents.

From the opening group fixture Warrington moved into top gear and kept Sheffield Eagles scoreless in a 24 - 0 scoreline.

The Wolves were pushed all the way by ambitious Exeter University before recording a victory by 18 - 6 and securing top spot in group C.

After the end of the group games the Festival directors Neal Coupland and Lionel Hurst carried out a public draw for the semi-final spots.

This saw Warrington paired with Yorkshire giants Leeds Rhinos whilst Wales Students clashed with resurgent Oldham.

The Welsh boys triumphed in an epic with a great late conversion to pip their Lancashire foes by 16 - 14.

On their way to the Final Wales Students had claimed some famous scalps in beating the British Army by 24 - 4 and Featherstone Rovers 26 - 14.

The all Super League semi - final produced a 20 - 8 scoreline in Warrington's favour.



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# Family seek war heroes lost years

**THE family of a WWI hero, who wrote critically acclaimed diaries about his five years on the frontline and now lies in an unmarked and neglected grave, are appealing for information about the time he spent in Warrington after the war.**

Diaries written by Private Edward Roe during his time spent fighting in Northern France, Gallipoli and Mesopotamia were discovered and published in 2002 – over 50 years after his death.

Critics believe his first hand

accounts of the battles he saw are some of the best available. His original scripts are now on permanent display in a museum at Preston Army Barracks and have been edited into a book.

But his family in Ireland lost touch with him after the war and know little of his later life, which was spent in Warrington. He died in 1952, aged 66 and was buried in Warrington Cemetery, where his grave (pictured) now lies neglected.

### Remember

Now his great-nephew has picked up the trail and is trying to piece together a picture of Edward's final years. He is appealing for anyone in Warrington who may remember him or have photos to get in touch.

Pat Freeman, of Westheath, Ireland, said: "We were a little disappointed that the army never did anything with his grave after leaving something so great behind him!"

"This is a long shot but I was wondering if any of your readers might remember him."

"We travelled over to Preston to see his diaries on display in Fulwood

Barracks last year. It was so moving. I wanted to take them away with me. It would have been amazing to read them written in his handwriting."

"He was my mother's uncle, my grandfather's brother and I know a bit about his early life but there is a big gap about his time in Warrington. He was a remarkable man and I'd love to hear from anyone who has information about him."

After the war Edward moved to Birchwood to work for the RAF and the family thinks he spent time boarding at 182 Gorsey Lane, but that's where the trail runs cold.

Mr Freeman is keen to find out what happened to Edward Roe during his "lost years" in Warrington.

Edward Roe's diaries were published and called 'The Diary of an Old Contemptible: From Mons to Baghdad 1914-1919', edited by Peter Downham, who discovered them while clearing out old store rooms at Fulwood Barracks almost 10 years ago.

A review of the book by the Queen's Lancashire Regiment reads:

"The diarist was one of the lucky few to survive the five years of conflict, albeit being wounded severely on two occasions."

"Yet, perhaps the most remarkable aspect of all is the fact they are written by a professional private soldier



possessing the most extraordinary natural talent for descriptive writing.

"The fact that Roe remained a fighting man means that his diaries describe the daily life and conditions in the frontline."

Anyone who has any information about Edward Roe should contact Pat Freeman at jackblack1@eircom.net.



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	<b>Small</b>	<b>Large</b>		<b>Small</b>	<b>Large</b>
Chips	£1.30	£1.70	<u>Doner Kebab</u>	£3.70	£4.80
Fish		£3	Doner meat in a hot pitta bread with salad and any sauce of your choice (chilli hot/mild, mayo, tomato sauce or relish)		
Sausage	60p	80p	<u>Doner Barm</u>		£3.40
Peas	60p	80p	Doner meat in a barm cake with salad and any sauce		
Gravy	60p	80p	<u>Doner Meat &amp; Chips</u>	£3.70	£4.40
Curry	60p	80p	Doner meat & chips in a tray with salad and any sauce		
Beans	60p	80p	<u>Lamb Kebab</u>	£3.90	£5.30
Barm Cake		40p	Cubes of fresh lamb meat cooked on the charcoal grill in a pitta bread with salad and any sauce		
Chip Barm		£1.70	<u>Chicken Kebab</u>	£3.80	£5.10
Chip Cone		70p	Marinated fresh chicken cubes with fresh salad		
Fish Cake		90p	<u>Shish Kofte Kebab</u>	£3.80	£5.10
Scallops (Each)		30p	Fresh minced lamb mixed with garlic, white pepper, chilli powder and parsley		
Spring Rolls		£1.30	<u>Mixed Kebab</u>		£6.40
Battered Burger		£1.10	One skewer of Shish Kofte, one skewer of Lamb and Doner Meat		
Pineapple Fritter		90p	<u>Special Grill</u>		£6.90
Spam Fritter		£1.20	One skewer of Chicken Kebab		
Scampi & Chips & Salad		£3.80	one skewer of Lamb Kebab		
Chicken Breast		£2.60	one skewer of Shish Kebab		
Chicken Nuggets & Chips & Salad (6 For)		£2.70	all served on a tray		
Chicken Wings & Chips & Salad (5 For)		£2.60			
Steak and Kidney Pie		£1.40			
Steak and Kidney Pudding		£1.50			
Cheese & Onion Pie		£1.40			
Meat & Potato Pie		£1.40			
Meat & Potato Pastie		£1.40			
Onion Rings (10 For)		£1			

<b>Burger Menu</b>	
<b>100% Burgers with Salad &amp; Relish Cooked in Charcoal Grill</b>	
1/4lb Beefburger	£2.30
1/4lb Cheeseburger	£2.50
1/2lb Beefburger	£3.30
1/2lb Cheeseburger	£3.40
1/4lb Burger & Cheese & Bacon	£2.80
1/2lb Burger & Cheese & Bacon	£3.80
Vegetarian Burger	£2.20
Hawaiian Burger	£2.50
Chicken Burger	£2.40

<b>Rice Menu</b>	
Boiled Rice	£1.80
Rice & Curry	£2.30
Rice & Chips & Curry	£2.80

<b>Drinks</b>	
Cans	60p
Bottles	(1.5ltr) £1.90

<b>Kids Menu</b>	
<b>All in a box with a drink and a toy JUST £2.20</b>	
• Sausage & Chips	
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• Burger & Chips	
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# Ex Town star now youngest Football League boss

**FORMER Warrington Town captain Karl Robinson has become the youngest manager in the Football League at just 29 as Paul Ince's successor at MK Dons**

Robinson, who left Warrington Town in October 2007 to take up a coaching role at the Dons, has been in day-to-day charge of the Coca-Cola League One side since Ince

announced last month that he intended to leave at the end of the season and has impressed, despite a poor run of results.

Chairman Pete Winkelman has

handed the former Blackburn coach a 12-month rolling contract and he will now concentrate on assembling a squad to lead the Dons to promotion next season.

Robinson makes the step up from assistant manager, having acted as number two.

During his career at Warrington he was a popular character who, always gave 110 per cent.

His final game for the Yellows was a goal scoring appearance against Rossendale United on October 16 2007.

Meanwhile seasons tickets for next season are now on sale at the club with a special "Early Bird" introductory offer of just £100 for adults and £20 for Under 16's until the end of June. For more details see advert below.



## Youngsters pitch in at Town



YOUNGSTERS from Warrington Town FC's "Barmy army" teamed up with head grounds man John Barton to start work on improving the pitch for next season.

Motorists driving over the Cantilever Bridge could have been forgiven for thinking the pitch had been invaded by giant moles.

But in reality 20 tonnes of top soil has been spread across the pitch in a bid to improve the playing surface to avoid the infamous Cantilever bounce!

Some members of the "Barmy Army" undertook the work as part of their Duke of Edinburgh award project, while others just gave up their free time to help out.

John works tirelessly on the pitch throughout the season and was voted the club's "unsung hero" at the end of season awards.

Meanwhile Town skipper Mike Tomlinson won the manager's Player of the Year award while top goal scorer Chris Gahgan was the supporters' Player of the Year.

Gahgan also received a special trophy for being the club's top scorer with 33 to his credit while Tom Hardwick was voted Players' Player of the Year.

The club celebrated its most successful season in 15 years, finishing a creditable 9th in the Unibond Division One North.

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## Early bird season ticket offer

SEASON tickets for the 2010/11 season are now on sale with a special early bird offer. Tickets are priced at just £100 for adults and £80 for concessions if purchased before the end of June - a saving of almost 30% on gate prices. This offers excellent value for money at less than £5 per game next season. To help generate additional funding season tickets will not include cup games next season - but still offer excellent value for money

After the end of June tickets will be priced £120 and £100. To encourage young supporters there will still be FREE admission for children aged under 12. Under 16's will also still be able to gain free admission if they are students at Warrington Collegiate or Warrington Borough Transport saver Card holders There will be a new admission price next year of £2 for Under 16's who can get a season ticket for £20. Chief Executive Gary Skentelbery said: "We have just experienced our best league finish for 15 years and we want to push on and be going for promotion next season. "To do this we need to increase our income and hopefully some good cup runs next season will help us continue to move the club in the right direction. "I would like to take this opportunity of thanking every single supporter for their fantastic support throughout the season. "A special thank you to the young members of our Barmy Army who have helped improve the match day atmosphere both home and away. I know your vocal support is greatly appreciated by Joey and the players and everyone connected with the club - Keep up the good work!"

**To obtain a season ticket simply send a cheque for the relevant amount made payable to Warrington Town FC c/o of New Media Centre, Old Road, Warrington, WA4 1AT to take advantage of the early bird offer**

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## A winning salon hair-trick!

WARRINGTON'S very own award winning hair and beauty salon, JAKATA, on Bridge Street, has got through to the 'L'Oreal Professional Colour Trophy 2010 - Young Colourist award' North Western regional finals three years in a row!

They have also won a place in the region's top 20 for the L'Oreal Men's category, as well as two more regional nominations for the Wella Professionals' International Trend Vision Awards 2010.

The L'Oreal Professional Colour Trophy and Wella Trend Vision competition are the benchmarks of British hairdressing inspiration setting the standard of British hairdressing innovation and creativity.

Fast rising JAKATA Stylist, Jimmy Sharpe, said: "It's clear that my image caught the judge's eyes and I'm really happy as I created a long, layered graduating style with a bold emerald green fringe." Winning regional finalist places in both national competitions is an important coup for JAKATA and its three other Stylists - Lisa Ashbrook, Kellie Ready and Laura Hall.

Adam Carter, Style Director of JAKATA said "I take my hat off to our Artistic hair team for getting so many nominations. We couldn't be happier to have secured a hat trick nomination for the Young Colourist award - it really shows off the determination and creativity of our Stylists. This level of award winning work compliments the high standards of hairdressing that we implement on a daily basis for all our clients."

# Labour make surprise gains on council

**LABOUR gained five seats on the council - four from the Liberal Democrats and one from the Conservatives at the local elections.**

While not gaining overall control of the council they are now the largest single party with 27 seats, with the Lib Dems on 24 and the Conservatives on six.

After their election victories jubilant Labour leader Coun Terry O'Neill, who confessed to being a little surprised at the number of Labour gains called for a minority administration to run the town hall.

"We have been given a mandate to serve the people," he said.

Labour were putting forward their proposals for a switch in control at the annual meeting of the council as warrington-worldwide magazine was going to press.

For the latest news log onto www.warrington-worldwide.co.uk where you can also find full coverage of the local and national election, including exclusive video interviews.

Top picture shows Labour leader Terry O'Neill with some of his new councillors.



## Full Results were as follows:

- Appleton:** Jean Carter (Labour) 810; Phil Marshall (Conservative) 2663; \*Judith Walker (Liberal Democrat) 2850; Kenneth Wilson (Green Party) 112.
- Bewsey and Whitecross:** Ann Raymond (Liberal Democrat) 1276; Stephen Taylor (Conservative) 612; \*Pat Wright (Labour) 2132.
- Birchwood:** \*Russ Bowden (Labour) 2314; Christine Oliver (Liberal Democrat) 1265; Judith Wise (Conservative) 1653.
- Culcheth, Glazebury and Croft:** Merrill Cummerson (Liberal Democrat) 1374; \*Les Hoyle (Conservative) 2904; Chris Vobe (Labour) 1808.
- Fairfield and Howley:** Doug Ashbrook (Liberal Democrat) 1149; Sandra Bradshaw (Liberal Democrat) 1190; \*Peter Carey (Labour) 2417; Peter Garner (Conservative) 912; \*Tony Higgins (Labour) 2341; Mike Phillips (BNP) 468.
- Grappenhall and Thelwall:** Sonia Boggan (Conservative) 1884; Helen Dutton (Labour) 998; \*Wendy Johnson (Liberal Democrat) 2946.
- Great Sankey North:** Stephanie Davies (Green Party) 90; Philip Eastham (Conservative) 807; Tony Williams (Labour) 1126; \*Trudi Wood (Liberal Democrat) 1520.
- Great Sankey South (LAB GAIN):** Adam Grant (Conservative) 1367; Hitesh Patel (Labour) 2080; \*Jim Regan (Liberal Democrat) 1908.
- Latchford East:** Roger Cawthorne (Conservative) 472; Eddie Sloane (Liberal Democrat) 880; \*Steve Wright (Labour and Co-operative) 1860.
- Latchford West:** Matthew Harris (Conservative) 625; Maureen McLaughlin (Labour) 1144; \*Graham Welborn, (Liberal Democrat) 1614.
- Lymm:** \*Bob Barr (Liberal Democrat) 2932; Harish Sharma (Conservative) 2660; Su Williams (Labour) 1363.
- Orford:** Edgar Davies (Liberal Democrat), 861; Gareth Rowlinson (Conservative), 759; \*Kelly Simcock, (Labour) 2587.
- Penketh and Cuedley (LAB GAIN):** \*Peter Elton (Conservative) 1604; Veronica Hudson (Liberal Democrat) 1149; David Keane (Labour) 1978; Lyndsay McAteer (Green Party) 152.
- Poplars and Hulme:** Bob Haskew-Jones (Liberal Democrat) 807; \*John Kerr-Brown (Labour) 2297; John Leslie (Conservative) 810.
- Poulton North (LAB GAIN):** Susan Jenkin (Conservative) 1111; Geoff Settle (Labour) 1888; \*Scott Wilson (Liberal Democrat) 1857.
- Poulton South (LAB GAIN):** Andrew Davis (Conservative) 909; \*Dave Eccles (Liberal Democrat) 816; Lottie Ladbury (Labour) 1868.
- Rixton and Woolston:** \*Bill Brinkman (Labour) 2363; Roger Rankin (Conservative) 1517; Ron Stafford (Liberal Democrat) 1068.
- Westbrook (LAB GAIN):** Robert MacLaren (Conservative) 1012; \*Marina Smith (Liberal Democrat) 1123; Natalie Smith (Labour) 1227.
- Whittle Hall:** Steve Bradley (Conservative) 1603; \*Keith Gleave (Liberal Democrat) 2366; Jan Hart (Labour) 1734.

\*Denotes sitting councillor or party holding seat. There were no council elections in three wards this year - Stockton Heath, Burtonwood and Winwick and Hatton, Stretton and Walton.

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# Financially yours

By David Watkinson

## A second budget for 2010

After the recent election we now have a new government and this causes a degree of uncertainty. However, there is one thing certain; we will be having a second 2010 budget in the very near future.

There is already a lot of speculation about what will be contained within this budget, as well as some virtual certainties. One of the main areas of speculation is that the main rate of VAT will increase from 17.5% to 20%. If this is passed on in full then something which currently costs £100 will increase in cost to just over £102, which is an increase in excess of 2%. As the new government is committed to a massive reduction in government debt in the current year then it is fair to assume that this increase will occur very shortly after the budget.

Another area where there is more certainty is in the area of Capital Gains Tax. The coalition agreement clearly states: "We further agree to seek a detailed agreement on taxing non-business capital gains at rates similar or close to those applied to income, with generous exemptions for entrepreneurial business activities." Currently Capital Gains are taxed at 18%, with gains on business assets taxed at a reduced rate of 10%. There can be no clearer indication that this advantageous rate of taxation will very shortly be withdrawn for non-business assets, whilst it is less clear what will happen to gains on business assets.

It would seem to be sensible, therefore, to consider the following as a matter of some urgency:

1. If you are planning any major expenditure, such as a new car or house extension, then you might try to freeze the VAT at the current rate. Money need not change hands. Subject to any anti-avoidance provisions that may be announced the acceptance of an invoice should be sufficient to crystallise the VAT charge at the current rate. However, our advice is always to avoid letting the tax tail wag the dog, and this may be particularly important in this area where you could find yourself liable to pay for unsatisfactory goods or services.
2. If you have substantial unrealised Capital Gains then you should consider realising them before the budget, especially if they are in non-business assets and you are in higher rate tax or would be if the gains were included in your income. It may be possible, for instance, to sell and repurchase shares without falling foul of the substantial anti-avoidance rules. Professional advice is essential before you take any action of this nature.

Finally, one thing that all taxpayers deserve is certainty. One of the more iniquitous pieces of current legislation is "IR35" and our plea to the new government is to scrap this as a matter of priority. The government should be ashamed at creating a situation which results in one taxpayer facing an 8 year battle to achieve the same tax position as a colleague in the same office doing the same work under the same circumstances.

*Please note that these ideas are intended to inform rather than advise and you should always obtain professional advice before taking any action.*





*David Watkinson and Margaret Black*



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