

lifestyle

magazine

February / March 18



ARE YOU CONSIDERING EXTENDING OR RENOVATING?



urban
BUILDING PROJECTS LTD



info@urbanbuildingprojects.co.uk www.urbanbuildingprojects.co.uk

For a **FREE** consultation please call **01925 730888**



NEWLY
REFURBISHED
CLUB

NEW KIT • NEW CLASSES • NEW LOOK
COME AND SEE US TODAY

FREE 1 DAY PASS

CALL **01925 248 408** OR VISIT GYM RECEPTION
VILLAGE HOTEL WARRINGTON
Centre Park | Warrington | Cheshire WA1 1QA
VILLAGGYM.CO.UK

VILLAGGE
GYM

THE DRESS STUDIO

PROM • PARTY • PAGEANT

www.dress-studio.co.uk 01925 766258 The leading prom dress and evening gown superstore in the UK!



Located at The Warehouse Studios, Glaziers Lane, Culcheth, Warrington WA3 4AQ

Opening Times: February

Monday: Closed

Tuesday: 9.30am - 5.30pm

Wednesday: 9.30am - 8.00pm

Thursday: 9.30am - 5.30pm

Friday: 9.30am - 5.30pm

Saturday: 9.30am - 5.30pm

Sunday: 10am - 5pm

- Long dresses start from just £55!
- Hundreds of dresses instock NOW!
- Over THIRTY, deluxe and luxurious fitting rooms
- Exclusivity Dress Register - we will not sell the same dress to anyone else at your event.
- Deposit System: a small deposit secures your dream dress, so no-one else gets it before you
- No appointment needed & free parking outside

Follow us for exclusive offers: @TheDressStudio



Winter Services for Mobility Scooters



disability
trading
company

Services from £50
Includes a free battery & charger test

SERVICE COST

- 4mph & Boot Scooters only £50.00
- 6mph & 8mph Scooters only £60.00

SERVICE INCLUDES

- Inspection of all working parts (Motor, brake, gear box, controller, lights, horn, ignition & indicators)
- Inspection of tyres including pressures
- Lubrication of all moving parts
- Final inspection & polish
- Service record & battery certificates



Collection & delivery service available

Service contracts available, both private and commercial

01925 240 064

disabilitytradingcompany.co.uk

Centre for Independent Living

Evelyn Street, Warrington WA5 1BA



Welcome to lifestyle



Spring is in the air, the nights are getting lighter and the daffodils and snowdrops are starting to appear - I can almost feel an extra spring in my step just typing these words!

I, like many, will certainly be glad to see the back of the dark mornings and early evenings.

If previous recent years are anything to go by Spring has some of the best weather - but lets not get on that topic as the weather is just so unpredictable in this country.

While Spring is in the air it is also a busy time of the year for those planning their weddings or preparing to walk down the aisle - hence our special wedding feature this month courtesy of the Park Royal Hotel,

scene of my own wedding reception 25 years ago this year - a year when my own daughter Hannah will be getting married, following in my footsteps at the neighbouring St Matthew's Church, followed by a wedding breakfast at

the Park Royal - history repeating itself!

It will certainly be an emotional trip down memory lane as she ties the knot on the same day as this year's Royal Wedding which also coincides with the FA Cup Final!!

As a long suffering Liverpool fan, what odds on Liverpool making it all the way to the final this year!

Shelly's

**Start your day off
with Eggs Benedict
at Shelly's**



Fresh Tasty Homecooked Food
8 Bold Street, Warrington | Tel 01925 654000
www.shellysrestaurant.eu

Call us now to give your business a *cost effective* boost

FREEPHONE: 0800 955 5247

E: info@warrington-worldwide.co.uk

Orbit News Ltd
New Media Centre, Old Road, Warrington WA4 1AT

Distributed in:

Lymm • Thelwall • Appleton • Grappenhall • Stockton Heath • Latchford • Birchwood •
Culcheth • Winwick • Warrington Town Centre • Penketh & Great Sankey • Chapelford •
Westbrook • Walton • Daresbury • Frodsham & Helsby

lifestyle is published bi-monthly by Orbit News Ltd.

The contents of this magazine are fully protected by copyright and nothing may be reprinted or reproduced without prior permission of the publishers. The publishers are not liable for any statement made or opinion expressed by third parties in this publication.

Printed by TwentyFourSeven

**warrington
worldwide**

Lymm
Life

VILLAGE
life
Cheshire's Community Magazine

Culcheth
Life

Frodsham
Life

To promote your business with us call **FREEPHONE: 0800 955 5247** or email info@warrington-worldwide.co.uk

Peppa Pig's Muddy Puddle Walk for Save the Children returns this spring for nurseries and families

This Spring will see the return of the UK's muddiest fundraising event for little ones – Peppa Pig's Muddy Puddle Walk for Save the Children. Last year saw 160,000 children across the UK take part, raising an incredible £243,000 for Save the Children's vital work, and this year the charity hopes even more people will sign up, take part and donate.

Between 23 and 29 April 2018, nurseries, early years groups, families and children up and down the country are being encouraged to take part in a Muddy Puddle Walk to raise money for the international children's charity.

Organising a Muddy Puddle Walk is a great way for your little ones to explore the world around them and jump in muddy puddles, like Entertainment One's Peppa Pig, for a worthy cause. Whether you splash in puddles along a trail at the park or get creative and make your own puddles indoors from paper and foil – your Muddy Puddle Walk





will be a fun day to spend together that little ones won't forget. Raise funds in the way that suits you – help walkers get sponsored for their walk, ask for a donation to take part or even bake Muddy Puddle cupcakes to sell on the day! The money you raise will help Save the Children's work to transform the lives of vulnerable children in the UK and around the world.

Sophie Pirouet, Fundraising Campaigns Manager at Save the Children, says: "We hope everyone will get outside this Spring, come rain or shine, and help raise much needed funds for Save the Children. It's so easy to take part and it's the perfect excuse to explore the outdoors with your little ones. By jumping in muddy puddles like Peppa Pig and raising money for Save the Children you can help give children a brighter future."

By taking part in a Muddy Puddle Walk and raising money for Save the Children, you can help vulnerable children around the world have a safe place to play and learn. Sign up now at MuddyPuddleWalk.org for your free Muddy Puddle Walk Fundraising Pack full of fun Peppa Pig inspired activities to help you get started – with tips for great walks indoors and out, fundraising ideas, fun activities to get your walkers ready for the big day and at the end of the walk, there's a free Peppa Pig sticker reward for every child. The fundraising pack will also explain what life is like for children in different countries, helping them see how they are making a difference through supporting Save the Children.



CATALYST CHOICES

MAKING BETTER LIVES FOR OUR WARRINGTON COMMUNITY

Find out more about our Catalyst Way, join our Day Care Community to enjoy social, leisure and educational activities to enhance your skills and experience - we welcome visitors!



LET'S TALK!

🌐 WWW.CATALYSTCHOICES.CO.UK

☎ 01925 430327

✉ CONNECT@CATALYSTCHOICES.ORG.UK



PERSON-CENTRED KNOWLEDGE
EXPERIENCE FRIENDLY
REMINISCENT
WELCOMING



Offering Person Centred Residential, Respite and Day Care for Older People and People with Dementia in the Warrington Community, our flexible services focus care on helping individuals to live an independent and fulfilling life.

CHECK OUR EXCELLENT REVIEWS!



DAY CARE • RESIDENTIAL CARE • RESPITE CARE

**Get your message
across to those that
matter in an advert
this size as little as
£40+VAT
per month**

**Call our friendly and
professional team here at
Lifestyle on**

01925 631592

Hatters Bloom
Floral Design
Flowers for All Occasions
Local and National Delivery Service

Weddings • Bouquets
Plants • Balloons

Valentine's Special Offer
Free Wine & Chocolates
on orders over £35

Quote ref: LS02/18 or
bring this advert to receive a

-10% DISCOUNT

01925 555664 or 07928 001608
hatters.bloom@gmail.com
Find us on Facebook

Unit 3 Hatters Row, Horsemarket Street,
Warrington, Cheshire WA1 1PX
also Golden Square opposite O2 shop



Pip, Squeak & Wilfred

Pip, Squeak & Wilfred, Children's fitted shoes & gifts.
58 Lodge Drive, Culcheth, Warrington. WA3-4ER

Tel - 01925 76 5287

www.pipsqueakandwilfred.co.uk

follow us on Facebook

Your local stockist of Communion wear & accessories for girls.



Worker who escaped o safer working on farm



Farm worker Stephen Wilkinson was lucky to escape death when his tractor caught an 11,000 volt power line.

He lost four toes and a finger in the accident but lived to tell the tale.

With more than 1,000 overhead power lines incidents reported over five years SP Energy Networks has now joined forces with the Energy Networks Association (ENA) to help those working in the agricultural industry understand the dangers of working near power lines in a bid to reduce the number of incidents that take place each year.

Backing the campaign Mr Wilkinson said: “I’ve always been aware of the dangers on the farm involving electricity, often moving my vehicle out of the way before using its functions to avoid colliding with power lines, but at the time of the accident, I just hadn’t realised that I was right underneath a power line.

“I began to see smoke coming out from underneath the tractor and I stepped out of the tractor to check it over, which was of course, my error in this situation. As soon as my foot touched the floor, I was thrown through the air and I honestly thought my time was up. I count myself so lucky to have come away with only the injuries I have – loss of toes to one foot and the loss of a finger on one hand.

“I think the work that SP Energy Networks and the Energy Networks Association are doing with The Look Out Look Up! campaign is absolutely fantastic. Only last week I was on the farm and spotted two farmers in potentially dangerous situations with electricity. The advice we need to know to keep safe on the farm is basic, but so many people in the agricultural industry either aren’t aware of it, or don’t keep it front of mind. Hopefully this campaign will help prevent more injury or even worse, death.”

Despite potentially fatal consequences, over 85% of those surveyed never worry about getting too close to an overhead power line, according to the latest research from ENA.

death backs calls for

S

Data from the Health & Safety Executive reveals that in the last five years there were five deaths associated with power lines in the UK. In addition, there were also 1,140 near-miss incidents – an average of more than four a week - involving machinery and equipment contacting overhead electric power lines where serious injury or death was a possibility.

The risk to farm workers is not only during harvest time but all year round. Annually, approximately 225 reported incidents occur where farm vehicles and machinery make contact with overhead lines – typically these incidents involve equipment such as tipping trailers, lorry mounted cranes, combine harvesters and telehandlers. Not only does each incident have the potential to kill or seriously injure those workers involved, there are also financial costs in terms of damaged and destroyed equipment and lost time.

SP Energy Networks, which owns and maintains the power lines throughout the region, is supporting the launch of a new campaign – Look Out Look Up! – in response to the scale of incidents involving overhead power lines in farms and fields. Look Out Look Up! is encouraging people to plan ahead to avoid contact with overhead power lines and to know what to do if contact is made.

A hard-hitting new film showing the potentially fatal consequences of working near overhead power lines has been created to highlight the risks and can be found at <http://www.energynetworks.org/electricity/she/safety/safety-advice/overhead-power-lines-safety-campaign.html>

Stephen Stewart, Director at SP Energy Networks said: “The dangers surrounding electricity can often to be hidden or be at the back of mind in the agricultural industry, but the statistics shared today help to confirm the fact that they are very much present and should be front of mind.

“SP Energy Networks already does lots of work to raise awareness of working safely near power lines, particularly at agricultural shows across our operating area but the Look Out Look Up!

campaign is a great opportunity to continue this great work and to raise awareness of the dangers to watch out for in Warrington, how to stay safe around electricity and what to do if you do find yourself in an emergency situation.”

- **Risk assess** – know where overhead power lines are and mark them on a map. Find out the height and reach of your equipment and how this compares to the maximum working height under overhead power lines. Share this information with workers and contractors.

- **Control measures** – don't work near an overhead power line if you don't have to. Speak to your electricity network operator for advice. Select suitable machinery and equipment and use it safely.

- **Know what's safe, and what isn't** – certain work should be avoided within 10 metres of overhead power lines, such as stacking bales and potato boxes, operating telehandlers and moving irrigation pipes.

- It is crucial that farmers, farm workers and contractors understand that when overhead power lines are damaged or fall to the ground, they should stay well away and contact their local electricity network operator by telephoning 105, or, if it's in Merseyside, Cheshire, North Wales and North Shropshire we can still be reached directly on 0800 001 5400.

- **Know what to do if you come into contact with an overhead power line** - if contact is made when you're in a vehicle, stay in the cab and try to drive clear. If it is not safe to stay in the vehicle, jump clear of the machine, move away and don't touch it once on the ground.

- **Call 105** – if an incident occurs, contact your network operator by calling the national 24 hour emergency number 105 or the direct numbers above. According to the ENA, over four in five people do not know the number to call in case of an abnormality in electricity supply in their home or workplace.

Millercare

Mobility Specialists



Rise and Recline Chairs



From
£699.95

Call for a
Free
catalogue

- New 3 button power on hand control
- Soft tailored back design
- Two pockets as standard
- 3 year warranty on frame, electronics and mechanism
- Arm covers and antimacassar as standard
- Other fabrics are available



- New 3 button power on hand control
- Waterfall back design
- Pocket sprung seat base
- Scroll arms with wings
- 5 year warranty on frame, electronics and mechanism
- Arm covers and antimacassar as standard
- Other fabrics are available

Free no obligation home assessment



Motability

Stannah

For more information call Millercare
01925 251212 | 1 Kingsway North, Manchester Road,
Warrington, WA1 3NL

01925 651114 | 1 Kerfoot Street, Winwick Road,
Warrington, WA2 8NU

www.millercare.co.uk



Delicate Contouring...

...Your most natural look


Wash & Blow Dry from £15.25 | Cut & Blow Dry from £33.50

Colouring Foils:

5 packets £18.50; 15 pkts £29.99; 20 pkts £39.99;
30 pkts £49.99; 45 pkts £61.50

Semi-permanent colour touch £23

Koleston Perfect Colouring Roots £23

 Follow us on Facebook @micheleandcowarrington

Call into Michele & Co for your FREE Colour Consultation

Michele & Co
4a Bold Street | 01925 630 714

Top 5 Wedding Trends for 2018

Whether you've been planning a while or are newly engaged, 2018 is a great year to get married. From Prince Harry and Meghan Markle, Sophie Turner and Joe Jonas to Kit Harrington and Rose Leslie, you could be joining a star-studded list of people preparing to say 'I do' this year.

Whether you opt for a traditional wedding or something a little more contemporary, The Park Royal, Stretton, Warrington is sure to have the package that will suit your needs.

Take the Splendour package for example, which starts at just £3,000 and has everything you need for your big day, including:

- A glass of Prosecco or a bottle of beer on arrival
- White table linen
- A delicious four-course wedding breakfast made by our AA Rosette chefs
- Chair covers and Carriage lanterns for the evening
- A hog roast buffet
- Use of our splendid gardens for photographs
- Sweet cart
- A complimentary stay for the Bride and Groom on the evening of the wedding

So you've picked the date and you've picked your package. But how do you decide on the smaller details that will make your special day even more personal? Well, The Park Royal's wedding team have compiled a list of their top 5 upcoming trends for 2018 to help you decide

With 146 beautiful bedrooms on site, fantastic spa and leisure facilities and a venue which can transform to fit weddings of all sizes and styles, whatever decisions you make along the way, you and your guests are guaranteed to have an unforgettable day at The Park Royal.

If you'd like more information on wedding availability or prices, call us on 01925 730706 or email parkroyalevents@qhotels.co.uk

1. It's all about dessert



And quite rightly so. Who doesn't love pudding? Whether it's a show stopping dessert table or a tasty late-night treat, 2018 is all about being creative with your sweets.

2. Personalise your table plan



You've carefully considered who's sitting where, but how are you going to display your plan? We're moving away from boring boards and thinking of new, inventive ways to show your guests to their seats.

3. Colour of the year goes to...



Ultra violet. Having officially been named as Pantone's colour of the year, you can bet this will carry into 2018 wedding trends. From flowers to bridesmaid's dresses – we expect to see plenty of purple inspiration.

4. Something old is something new



2017 saw us obsess over the old and this vintage trend is going nowhere. Why not turn your hand to up cycling some old items to create unforgettable embellishments for your venue?

5. No capes. Capes



It's official - capes are back and are the top trend for 2018 bridal fashion. A stylish addition, capes and capelets come in all shapes and sizes and are perfect for a spring wedding. We're embracing this flawless way to add a touch of glamour to your gown.



CREATE YOUR OWN JOURNEY

Are you hoping to get fit or lose weight in 2018? Thinking of quitting smoking? Or are you looking to expand your knowledge, learn a new skill or start a new hobby?

LiveWire has everything you need to create your own personal health and wellbeing journey – and we will support you every step of the way!



@yourLiveWire

Working in partnership with
WARRINGTON
Borough Council





With a variety of membership options to suit all - our members have access to 11 libraries, 6 leisure facilities and a range of lifestyle services across Warrington.

Visit our website
[www.livewirewarrington.co.uk/
createyourownjourney](http://www.livewirewarrington.co.uk/createyourownjourney)
and start your journey today!
#yourlivewirejourney



RE 2018



LiveWire 

livewirewarrington.co.uk



the stranglers

The Definitive Tour

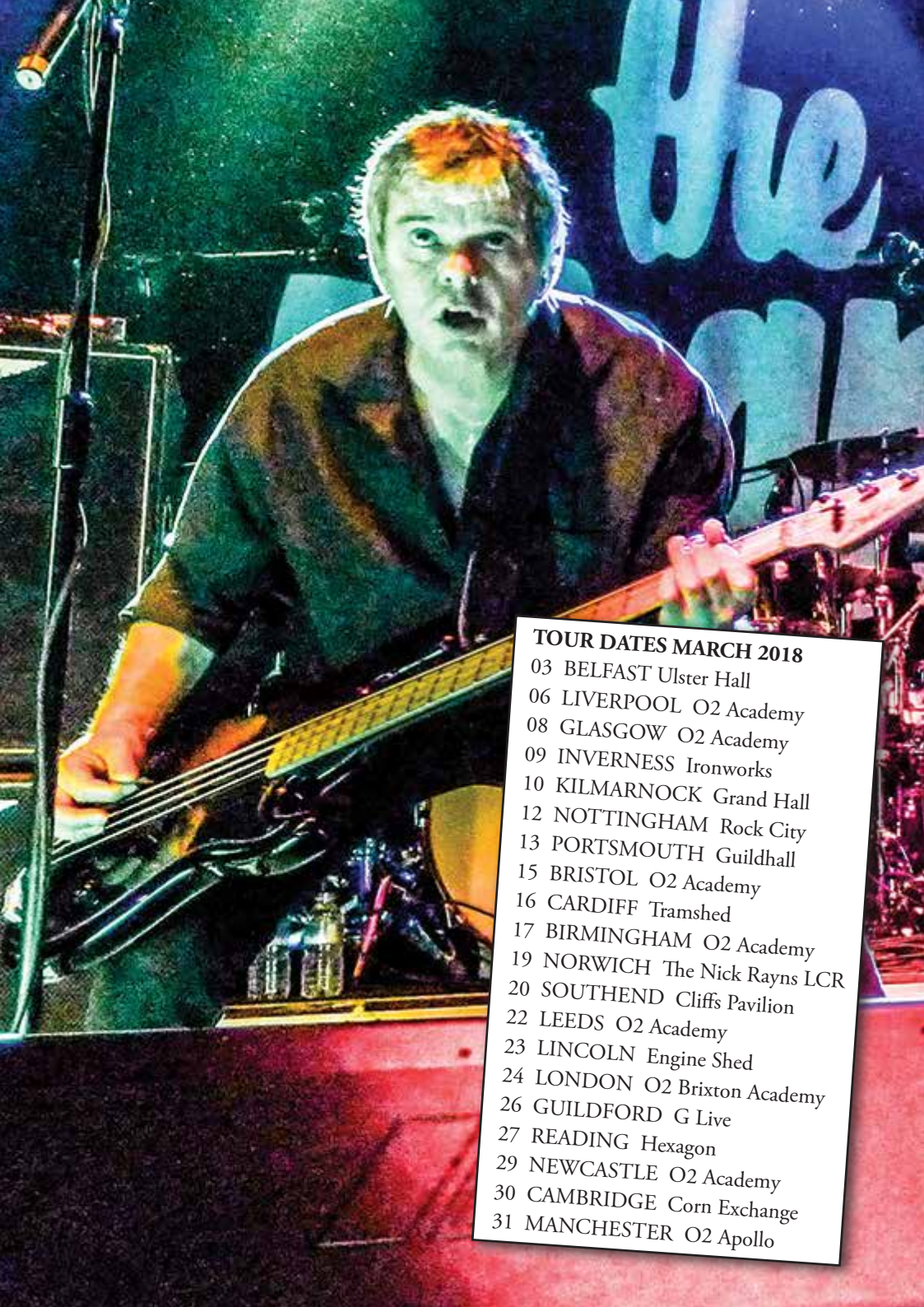
With the vast catalogue of material that the Stranglers have in their recorded arsenal, it is never easy to decide exactly which songs to bring together on record or perform live on tour but, in March 2018, the band will present their “Definitive” collection. The Definitive Tour is set to coincide with the planned re-release of their first seven albums (six studio and one live) originally issued on the UA and EMI/Liberty labels.

As always, audiences can expect to be swept up high on the wave of the Stranglers’ powerful sound during what is always an exhilarating live experience; pounding rhythms, soaring melodies, quirky humour and thrillingly daring musicianship will come together again this March.

One of the UK’s most exciting, credible and influential British groups, the Stranglers are riding high on the crest of a resurgent wave of popularity. They continue to thrive on the live

circuit and their existing large and loyal fan base has swelled in recent years as new converts join the ranks. With record-breaking, sell-out shows and festival appearances throughout the UK and the rest of the world, public demand to hear and see the group has never been so high; true testament to their considerable musical talent and the enduring quality of their songs.

For the 2018 UK tour, the Stranglers are also pleased to announce that Therapy? will be their special guests. One of the most uncompromising, creative and individualistic bands of their generation, Therapy? made a spectacular breakthrough in 1994 with their multi hit-spawning album, *Troublegum*, which clocked up a cool million sales worldwide. The group are expecting to release their 15th album in early 2018 and have spent much of the past year performing a series of critically-acclaimed acoustic dates. Tickets on sale and available from www.gigsandtours.com / 0844 811 0051



TOUR DATES MARCH 2018

- 03 BELFAST Ulster Hall
- 06 LIVERPOOL O2 Academy
- 08 GLASGOW O2 Academy
- 09 INVERNESS Ironworks
- 10 KILMARNOCK Grand Hall
- 12 NOTTINGHAM Rock City
- 13 PORTSMOUTH Guildhall
- 15 BRISTOL O2 Academy
- 16 CARDIFF Tramshed
- 17 BIRMINGHAM O2 Academy
- 19 NORWICH The Nick Rayns LCR
- 20 SOUTHEND Cliffs Pavilion
- 22 LEEDS O2 Academy
- 23 LINCOLN Engine Shed
- 24 LONDON O2 Brixton Academy
- 26 GUILDFORD G Live
- 27 READING Hexagon
- 29 NEWCASTLE O2 Academy
- 30 CAMBRIDGE Corn Exchange
- 31 MANCHESTER O2 Apollo

JD Kitchens



Sophisticated. Luxurious. Attainable.

01925 636997

Gorsey Lane, Warrington WA1 3PU

www.jdkitchens.co.uk | sales@jdkitchens.co.uk



THE HOME
SPECIALISTS
ASSOCIATION



DANTE DANTE GROUP

INTEGRITY • RELIABILITY • TRUST

Fire Detection Systems • CCTV Systems

Access Control Systems • Security Systems • Fixed Gas

Extinguishing • Commercial Gas

A/C and Project Delivery for Facilities Management Companies
and End Users in M&E and Fabric Installation.

*Dante Group can fulfil all of your installation and maintenance
requirements in all of the above disciplines.*

www.dantegroup.net

Tel: 01925 820575 **Fax:** 01925 283286



Reflecting on your marriage and don't know what to do?

Slater Heelis has provided expert advice to families for over 240 years.

Our team of Resolution family specialists are here to support you with first-class legal advice to provide the direction you need during separation. The team has expertise in divorce, separation, civil partnerships, finances and children arrangements. When it's appropriate for you, we are also able to offer collaborative law and mediation services.

Our family team all live in the South Manchester and Cheshire area. Living within the same community provides us with unique insight into what affects your daily lives. You are just a ride away from one of our offices in Sale, Timperley or Manchester. We have additional meeting facilities in Warrington.



"Having moved away for university, I always felt a natural desire to return to the area where I grew up. With its variety of local restaurants, shops and events, Lymm has a vibrant and strong community atmosphere which gives me everything I need on my doorstep."

Camilla Burton-Baddeley | Family Solicitor

Get in touch with our family team

✉ family@slaterheelis.co.uk

☎ 0161 672 1247

🌐 www.slaterheelis.co.uk

🐦 @SlaterHeelisLaw 📘 /slaterheelis

slaterheelis ^{LLP}
SOLICITORS

resolution
First for family law

Jay is now fit to tackle!

Rugby fan Jay Rowe has lost an incredible 5 stone 6 lbs thanks to the Fit to Tackle programme being run jointly by Warrington Wolves and LiveWire.

Thanks to rugby themed sports activities and nutritional advice Jay was one of those on the



programme put through their paces with up-to three sessions a week of intense training at both the Halliwell Jones Stadium and Orford Jubilee Neighbourhood Hub

Jay said: "I decided to start my health improvement journey on January 1st last year and looking back now it was the best new year's resolution I have ever set myself.

"I knew I needed to sort my life out after being diagnosed with depression in 2016 and being massively overweight.

"I was unhappy, unhealthy and needed to change for the sake of my family and work. One night I noticed one of my friends, David Birch, had been on the Fit To Tackle course.

"He had lost a lot of weight and was running 5 and 10k's and was looking good.

"Early in January I was looking at the social media pages and the Fit To Tackle registration page came up and I decided to sign up to the course and honestly it is the best thing I have ever done.

Jay added: "The free 12 week course I participated in was filled with 30 other men from the local area whom most I had never met before. I started the new year weighing 18st 5lb, and on the 8th February 2017 when the sessions started I was weighing in around 18st.

"Turning up at the first session I was nervous but also excited as I had seen the results from past groups that had taken part. After being on the course for only a week I had made new friends and felt excited to get up in the morning and concentrate on making myself fitter, healthier and happier. That was all down to the great team and mentors that are behind Fit To Tackle.

After just six weeks of the course I had lost 1st 5lb and my confidence had began to grow back. Around this time we had a group chat with the 'State Of Mind' guys, Danny Sculthorpe and Ian

Knott, two athletes I had watched playing rugby by league since being a child.

"Listening to their stories about battling mental health issues, along with the stories of my teammates was inspiring. I decided I felt confident enough to wean myself off my anti-depressants.

"It was amazing that this course had helped me in so many ways in such little time.

After the 12 weeks of training three times a week consisting of circuit training, touch rugby and the infamous 'steps', along with inspirational guest speakers that were invited down to talk to us, I finished weighing in at 15st 4lb, losing 4 inches off my waist.

"Since I started, I have changed my diet and the way I plan my meals. Fit To Tackle gave me the mindset and encouragement to not only do it for the duration of the programme but changed the way I live my life."

This was only the start for Jay. As of 1/12/17 he had hit his target weight of 12st 13lb, losing a total of 5st 6lb to date.

Jay concluded: "I would like to thank everyone at Fit To Tackle for giving me the knowledge, encouragement and inspiration to change my life."

Paul Corless one of the fit to tackle coaches, said "Jay has worked very hard this last year and made long term lifestyle changes to improve his health, mentally and physically!

"All the coaching team are very proud of Jay and what he has achieved!! He is a great advocate to what we are all about at fit to tackle...well done Jay!"



World renowned jewellery comes to t

A world-renowned jewellery company has just arrived in the UK. Jewellery Sparkles Ltd, has been chosen as the UK franchise of Park Lane Jewellery, a 62-year-old fashion jewellery company that is based in the U.S and sells throughout the world.

Park Lane Jewellery is family owned and run, and sells its beautiful products through home parties, events, personal styling and online. Plus, all the jewellery is offered with an unconditional lifetime guarantee. Styles range from boho chic to full on glam and from dainty to chunky, with prices starting at £18 and make ideal gifts.

The franchise is co-owned and operated by Julie Johnson who lives in the Greater Manchester area and business partner Sarah Heron, who is based in Darlington. Sarah is a former teacher, while Julie has recently returned to the UK after gaining valuable experience selling Park Lane Jewellery in Canada. The pair joined forces to approach the Chicago-based company about operating the franchise this side of the Atlantic.

Sarah, aged 54, said: "Park Lane Jewellery is a long-established, family-owned business set up in 1955 by Shirley LeVin. The company has a proven track record, and this heritage and family focus is important to us. Shirley wanted to give women the opportunity to earn extra cash and gain financial freedom while working around



their families. She was a visionary for the time! We want to offer the same opportunities that Shirley provided way back in the 1950s."

By getting a few friends together and hosting a jewellery 'party' Hostesses can earn lots of free jewellery of their choice - £20 for every order their guests place! This doubles to £40 per order if ten or more orders are placed – meaning £400+ of FREE jewellery!

Jewellery Sparkles is also looking to add to its team and is actively recruiting Fashion Directors who start at 30% commission with no targets and no pressure and are offered the opportunity



the UK



to work flexibly when they want or can, based around other family commitments.

For further information on the positions available or to host a party please contact: Julie Johnson 07516 900712/Sarah Heron 07545145765

Facebook: Jewellery Sparkles Ltd – bringing Park Lane Jewellery to the UKmail: jewellerysparklesltd@gmail.com

Jewellery Sparkles at
park*lane[®]
JEWELRY | SINCE 1955

Great Hostess Offers

Get upto

50% off
items

Become a fashion Director
Smile • Sparkle • Shine

Contact Julie Johnson 07516 900 712
or Sarah Heron 07545 145 765

Lifetime Guarantee on all jewellery



www.parklanejewellery.co.uk/rep/juliejohnson | www.parklanejewellery.co.uk/rep/sarahheron

Aspire Computers Home Support



Local Warrington Based IT Company for all
your Support Requirements

Fixed Price Home PC Support First PC Diagnostic Check **FREE**

When you choose the annual home support option with us



☎ 01925 251143

✉ sales@aspire-computers.com

🖱 www.aspire-computers.com

Here's a great way to make more storage space...

Install a loft ladder and make more use of your loft!



Loft ladder, Light & Switch plus 50 sqft of flooring from as little as £287+VAT which includes **FREE** fitting in less than a day.

Over 1500 people have chosen us to fit their loft ladder, this is because we offer:

- A **FREE** home visit
- A **FREE** written quotation
- Fully guaranteed
- A large selection of ladders

Call us now on: 0800 03 59 880 or 01925 388 462
www.morethanloftladders.co.uk



ASK ABOUT OUR
FREE
LIGHTING UPGRADES

more
loft than
ladders
"most effective space"

Look up!

... and get more space at home for just £287 + VAT

We'd all like more room at home. But not everyone can afford to move or extend. So what if there was a way to get extra space for just a few hundred pounds, ready to use in less than a day? In truth, that space is already there. It's just not being used to its full potential.

For most, the loft is a dark and dingy place visited on rare occasions; a precarious scramble across

dusty beams with torch in hand, grabbing what's needed then clambering back past boxes filled with long-forgotten belongings. But that dark and dingy place is worth thousands. In fact, it takes up a third of the floorspace in an average home.

Storage space that can be quickly and easily accessed can be really valuable to homeowners who now need the spare bedroom for a new arrival, or who find getting the Christmas tree down each year just a little bit harder. So shouldn't we be making the most of that space over our heads?

And that's where More Than Loft Ladders (MTLL) comes in. Founded in Bolton six years ago, MTLL specialises in generating space by making our lofts easily accessible. The latest MTLL franchise to open covers the Warrington area and is run by skilled local, Paul Langley, who says the company's no-frills approach is what most people are looking for.

"We're not selling £15,000 loft conversions," says Paul. "This is a low-cost and simple solution that's affordable to most, and certainly more cost effective than locking your possessions away in a remote warehouse. For just £287+VAT you can get a ladder that slides easily up and down, as well as a proper light and some boarding to make the space safe and secure. We can also fit a draft-proof loft hatch if required from only £55."

The price customers are quoted is the price they will pay, with no additional call out charges. Paul provides a free guarantee on all parts and labour and the quality of the work is monitored independently by the Guild of Master Craftsmen. Already a trusted name in the North West, over 2500 homeowners have enjoyed the benefits we offer, with more having the work carried out every day.

There are a range of packages available to suit all pockets – so whether you just want a ladder installing or you want ladder, boarding and light, call More Than Loft Ladders now for a free survey and quotation with no obligation.

Call 0800 03 59 880 or visit the website at www.morethanloftladders.co.uk



Chococo's NEW Luxury Easter Eggs

Award-winning, artisan chocolatier Chococo presents two new handmade luxury Easter Eggs. They are a Madagascar single origin 65% MegaMilk and an 85% MegaDark.

Carefully developed by the team, led by founders Claire and Andy Burnet, all the collection is freshly handmade in Purbeck, Dorset, from fine origin chocolate from Madagascar (milk chocolate 65% cocoa, dark chocolate 67% cocoa and 85% cocoa), Venezuela (milk chocolate 43% cocoa) and Colombia (white chocolate). Chococo has always been a firm believer in working with chocolate high in cocoa solids and low in sugar, and is delighted to be launching its new "MegaMilk" egg - a truly revolutionary milk chocolate with the flavours of fine dark chocolate, the creaminess of milk chocolate but with less sugar than even 80% dark chocolate.

Both eggs are available online on its website www.chococo.co.uk and from Chococo's three Chocolate Houses in Swanage, Dorset; Winchester, Hampshire; and Exeter, Devon. Alternatively you can call 01929 421777 to order some Easter goodies.

The Easter Eggs: These new boxed Easter eggs are all handmade in the new unique Chococo faceted Easter egg mould. It creates a beautiful egg with diamond shapes on its exterior that mirror the diamond logo of Chococo.

Luxury, new and a first, Madagascar 65% MegaMilk Egg (£18.95/175g) - This is a Chococo first - an Easter egg made with a single origin milk chocolate from Madagascar that contains 65% cocoa solids. This uniquely "darkmilk" chocolate has only been available in the UK since January of this year and Chococo is one of very few chocolatiers creating Easter eggs from it. Containing nearly as much cocoa solids as 70% dark chocolate but less sugar than even an 80% dark chocolate, this is milk chocolate as



you have never tasted before. In fact, there is only 8% added sugar in this chocolate as it contains 27% milk. The red berry fruit notes of the cocoa solids are mellowed by creamy caramel flavours from the milk, making it both delicious and a totally new chocolate taste experience – a truly MegaMilk egg!

The chocolate used in this egg is Raisetrade chocolate in that it is produced from tree to bar in Madagascar, thus helping to support the local economy by producing a finished product versus exporting a raw commodity. It is made with freshly dried grand cru de Sambirano beans from the Sambirano region of North West Madagascar and is made into chocolate at the Chocolaterie Robert factory in Antananarivo, the capital. Chococo co-founder Claire Burnet visited the team there in 2016 and was one of the first chocolatiers to taste this new MegaMilk chocolate.

Luxury new Madagascar 85% MegaDark Egg (£18.95/175g) - This is the high cocoa solids dark chocolate Easter egg to sit alongside the MegaMilk Egg. Made from single origin grand cru de sambirano beans from Madagascar, this Raisetrade 85% cocoa solids dark chocolate has deep rich berry flavor notes with hints of honey and a long finish. A delicious egg for those who like exceptional, high quality, low sugar, dark chocolate. This egg is naturally dairy-free so is suitable for vegans.

www.chococo.co.uk

Shelly's Lemon Meringue Pie

by Michele Butterworth,
of Shellys Restaurant, Bold Street, Warrington

This is a super easy recipe to make a popular favourite treat - Lemon Meringue Pie.

Recipe

Pastry Base

- 10oz SR Flour
- 5 oz Margarine (it is lighter than butter)
- Tablespoon granulated sugar
- 5 egg yolks

Filling

- Jar Lemon Curd
- 1 lemon zest and juice mixed in bowl with the jar of Curd (if can make own Curd even better)

Meringue topping

- 5 white
- 4 oz granulated sugar

Method

Crumb together dry pastry ingredients until resembles bread crumbs

Add yolks one at time to bind. If eggs are large may not need all yolks (add a little water if necessary)

Place ball pastry on a lightly greased flan dish 10 inch and press till the base and sides are covered, place in fridge for ten min - *saves time rolling out it's easy this way*

If you have baking beans to bake blind with some grease proof paper, that's brilliant - If not don't worry it won't effect flavour

Pre heat oven to 200C/180C fan Gas 6

Place flan dish in oven to bake pastry for about 12/15 min checking to see colour

The pastry will start smelling good by now



On top of the pastry add the bowl of curd mixture that's had zest juice incorporated in it

Whisk up egg white to stiff peak - *DO try tipping bowl on head as a dare !!!*

Add the sugar

Quickly dollop meringue on top of curd in dish

Bake in oven for ten min then lower the temp down for a further 15 min

It should look a great colour

Take out and leave to cool

Slice and eat

Share it's yummy - Shelly

Tooth decay in children at an all time high

Article supplied by DenTek

Tooth decay is on the rise in the UK, leading to more children having teeth removed and even being hospitalised as a result of excess sugar intake.

The DenTek range is available from Boots and Boots.com

Sugary drinks will be banned from hospital shops within 2018 unless action is taken to cut their sales, NHS England has announced. Cans and bottles of sugary drinks will be targeted, as well as fruit juices with extra sugar. The Government is introducing a sugar tax from April on those who produce and import soft drinks with added sugar. Also seeking a ban are medical experts charity Action on Sugar, as well as TV chef and food campaigner Jamie Oliver. NHS England chief executive Simon Stevens states that spoonfuls of added sugar day-in, day-out mean serious health problems. Tooth extraction as a result of tooth decay is the most common cause for hospitalisation of children under five – putting unnecessary pressure on stretched NHS services. Regular visits to the dentist as well as brushing twice a day is essential!

DenTek is an innovative oral health brand on a mission to educate people that adopting a complete oral care routine is a vital part of maintaining healthy teeth and gums. Children's brushing should be supervised until the age of seven and children should begin to floss as soon as two teeth start to touch.

DenTek specialises in creating affordable and effective interdental brushes, floss picks and tongue cleaners to remove plaque and prevent bad breath!

To promote your business with us call **FREEPHONE: 0800 955 5247** or email info@warrington-worldwide.co.uk



“The more acidic a drink is, the worse it will be for your teeth and enamel. That, coupled with the high sugar content in [fizzy] drinks can be disastrous to your teeth. Drinking through a straw helps. Parents should limit how many times a day children eat foods containing any sugar, preferably only giving them to their children at mealtimes.”

Dr Mihir Shah,
Head Dentist at Battersea Park Dental
batterseaparkdental.co.uk

Courtyard Carpets

Opening Times:

Monday to Friday 9:30am - 4:30pm

Saturday 10am - 3:30pm



Call in store to find your perfect flooring solution.

Carpets, Vinyls, Karndean, Laminates, Screeding, Rugs

1st for Service

1st for Quality

1st for Choice

The Old Telephone Exchange, Common Lane, Culcheth, WA3 4HA

01925 555 820 | sales@courtyardcarpets.com

www.courtyardcarpets.co.uk

THE PARK ROYAL

SPLENDOUR WEDDING PACKAGE £3000 FOR 2018

**PACKAGE BASED ON 40 DAYTIME GUESTS
AND 80 EVENING GUESTS**



INCLUDED IN YOUR SPLENDOUR PACKAGE

- Dedicated wedding co-ordinator and a senior member of our banqueting team as toastmaster
 - A complimentary menu tasting for two
 - White table linen, white stretch chair covers, personalised menu cards
- Cake stand & knife, carriage lanterns for the evening reception, red carpet for your arrival
 - Use of our splendid grounds for photographs, glass of champagne on arrival for the bride and groom
 - Glass of prosecco on arrival, four course set wedding breakfast
 - Evening - hog roast, sweet cart
 - Complimentary stay for the happy couple

**CONTACT THE EVENTS OFFICE
ON CONTACT NUMBER 01925 730706
OR EMAIL PARKROYALEVENTS@QHOTELS.CO.UK**